NEW YORK POST

Page Six®

TUESDAY, JULY 21, 2026 / Showers & t-storm, 78° / Weather: P. 39 ★ ★ LATE CITY FINAL nypost.c $2.00

Queens Borough President Donovan Richards (left) took a shot at Mayor Mamdani when he commented on how many members of the Democratic Socialists of America are white and affluent. "White supremacy comes in all forms," Richards said.

Paul Martinka for NY Post

SEE PAGES 4-5

Black politician accuses Zohran's socialists of 'white supremacy'

BLACK AND WHITE AND RED ALL OVER

Still intact after Zo's seven-day deadline

Doesn't look like camp out

By STEVEN VAGO,
CRAIG MCCARTHY
and JORGE FITZ-GIBBON

The blocks-long homeless encampment that has marred Manhattan's West Side for weeks is still there, even after Mayor Mamdani's seven-day deadline for tearing it down — drawing cheers from vagrants.

One of the sidewalk-squatting hobos thanked the lefty mayor Monday.

"[Mamdani] has more of the human aspect," said Liam, 40, a homeless man from Washington state. "He's taking into the account people, not just clumping everyone together.

"I feel like he's saying, 'Would I be happy with this if it's me on the street?' "

Officials at City Hall had no comment Monday.

The Post on Monday found that much of the shoddy shantytown, which runs from 34th Street up to at least 49th Street along the West Side, was still intact.

Sporadic enforcement

Only a handful of its illegal structures — including one across the street from the family-tourist-magnet Intrepid Museum — had been dismantled.

Sanitation workers and cops have been spotted cleaning up a few areas along the makeshift skid row — but at a snail's pace.

The effort falls far short of Mamdani's own policy of giving homeless services and outreach workers a week to get the occupants of such sidewalk encampments off the streets before the NYPD is allowed to move in.

The deadline came and went Monday with only the sporadic enforcement occurring.

City sanitation workers were spotted Monday throwing at least clothes and mattresses into a garbage truck, while cops stood by.

Some encampment vagrants said that their possessions had been cleared out.

But many tents and makeshift shelters were still up, including at 44th, 47th and 49th streets near 11th and 12th avenues, with about a half-dozen homeless folks milling about some of the sites.

The Post first blew the whistle on the modern-day skid row earlier this month, with drugs and sex being peddled in at least one encampment area and vagrants stockpiling stolen merchandise in others.

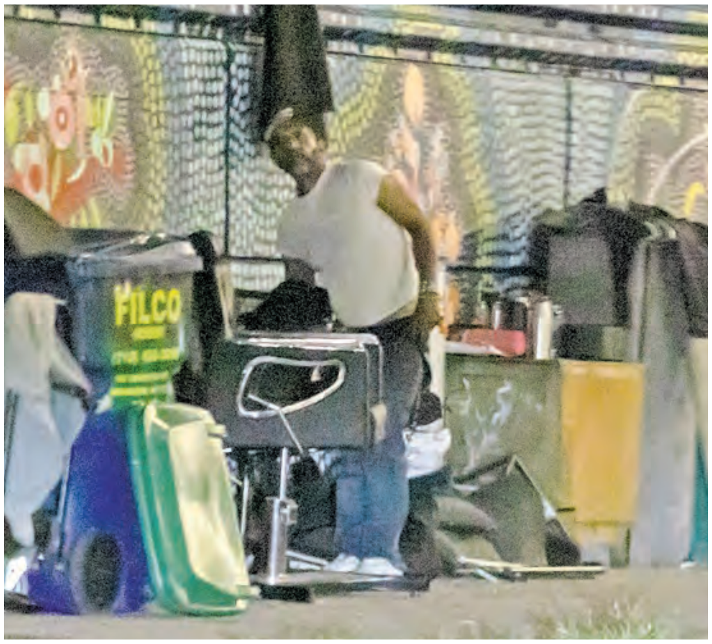
Locals complained that the garbage-strewn camps were causing headaches for them and tourists — while the NYPD was barred from intervening at the time because of Mamdani's hands-off response to the homeless crisis.

Last week, Mamdani finally said he would deal with the encampments — but couldn't say when.

svago@nypost.com

PORT AUTHORITY NY NJ
AIR L SEA
RTAUTH
Luiz C. Ribeiro

MAKE YOURSELF AT HOME: This West 37th Street encampment from last week (top) was still there yesterday (below).



William Miller

Carriage union hits whoa-ful speaker

The union for the Big Apple's horse-carriage drivers unleashed a withering attack ad calling City Council Speaker Julie Menin a traitor for supporting a bill that would ban the rides.

Menin had not been pushing the bill till a young tourist died during a ride last month — and her now-open support for it means it will likely pass.

"Thank you for the betrayal, Julie," a narrator says in the searing, 30-second ad paid for by the Transport Workers Union that says Menin is destroying 200 horse-carriage-industry jobs while she frolics in her "$22 million mansion in the Hamptons," referring to the posh summer home the pol and her wealthy developer hubby Bruce Menin own.

The ad shows people being poured glasses of champagne and attending polo matches — then pans to a glum-looking family "worrying about how they put food on the table."

The six-figure ad is appearing during TV news programming and on digital streaming services, according to TWU president John Samuelsen.

"It's not over until it's over," Samuelsen said of the fight to save the embattled horse-carriage industry — which has taken it on the chin over recent mishaps, including one that left a young tourist dead.

"I've been clear that any transition away from horse-drawn carriages must come with a plan to protect affected workers with sustainable, comparable jobs," Menin said.*Craig McCarthy and Carl Campanile*

INSIDE TODAY

News Columns
Isaac Schorr 4
Rikki Schlott 25
Gossip
Page Six 16
Cindy Adams 18
Fun & Games
Su Doku 30
Crosswords 30
Horoscope 39
Post Opinion p. 27-29
Business p. 31-33
Classifieds p. 34
Sports p. 34-49
Melissa Rohlin 38
Mike Vaccaro 40
Ethan Sears 44
Weather p. 39
TV Decider p. 50-51

LOTTERY

NEW YORK
■ Midday Nos. Mon.: **084**
■ Midday Win-4 Mon.: **1233**
■ Midday Take-5 Mon.: **13, 14, 25, 37, 38**
■ Evening Nos. Mon.: **973**
■ Evening Win-4 Mon.: **7677**
■ Evening Take-5 Mon.: **4, 6, 8, 32, 33**
■ Pick-10 Mon.: **7, 14, 20, 22, 23, 24, 25, 30, 38, 42, 44, 50, 52, 57, 61, 66, 69, 73, 78, 80**
■ Powerball Mon.: **2, 9, 44, 53, 59;** PB: **8;** PP: **2;** DP: **15, 21, 39, 54, 67;** PB: **7**
■ Millionaire for Life Mon.: **3, 20, 23, 24, 44;** MB: 1

NEW JERSEY
■ Pick-3 Mon.: **542;** Fireball: **6**
■ Pick-4 Mon.: **2032;** Fireball: **6**
■ Cash-5 Xtra Mon.: **1, 3, 13, 16, 45;** Xtra: **2**
■ Pick-6 Mon.: **18, 19, 20, 29, 33, 43;** DP: **5, 7, 9, 17, 20, 27**

CONNECTICUT
■ Play-3 Mon.: **638;** Wild: **3**
■ Play-4 Mon.: **9860;** Wild: **2**
■ Cash-5 Mon.: **4, 5, 17, 34, 35**

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All hail Her Majesty Jenny

@jlo

In a photo she posted while vacationing with sister Lynda, Jennifer Lopez looks like the royal ruler of the boudoir, draped in jewels over a black negligee garter belt and nylons. The Bronx-born sisters were celebrating their birthdays in Paris — Lynda's 55th on June 14, and Jen's 57th, this Friday. "A double birthday sister trip is always a good idea!!" Jennifer captioned another Instagram image.

YOU BOTTA ♥ IT!

US favors AI: poll

By THOMAS BARRABI

More than half of Americans have a favorable view toward artificial intelligence — despite ongoing media firestorms around data centers and potential economic upheaval, according to the results of a recent survey exclusively obtained by The Post.

In a national poll conducted by HarrisX, 56% of voters said they had a favorable view about AI, while 36% had an unfavorable view. Seventy-two percent of respondents agreed that AI could help people spend less time on repetitive tasks, while 71% said they believed AI was the start of a new industrial revolution.

"The American public is actually quite optimistic about the benefits AI will bring to their lives — from medical breakthroughs to economic growth," said Nathan Leamer, executive director of Build American AI. "Our data shows there is a real opportunity for lawmakers, industry leaders and innovation advocates to engage Americans on the subjects they care about."

The poll was commissioned by Build American AI, a nonprofit advocacy group, which argues the results show the perception of a major public backlash against AI development is overblown and that voters are aware of its potential benefits.

For example, 61% of respondents agreed that AI could "help cure diseases, discover new medicines, and accelerate science," while 64% agreed that AI would "make the US more competitive against China."

Safety concerns

The divide was narrower when it comes to potential safety risks associated with AI development, with 53% of voters saying America should move quickly to build AI despite the risks because foreign nations are pursuing it, compared to 47% who disagreed.

AI data centers in particular have been a source of major consternation, with critics alleging they are harmful to local environments and consume huge amounts of energy to the public's detriment.

In New York, Gov. Hochul recently signed an executive order imposing a one-year moratorium on data center construction within the state. That move generated sharp pushback from both local business leaders and President Trump, the latter of whom called it a "terrible decision."

ISAAC SCHORR

Mamdani's *work*around

Caters to elitist party

EVEN the Gray Lady is raising her eyebrows at Mayor Mamdani's political two-step.

The New York Times' Lulu Garcia-Navarro went so far as to accuse Mamdani of deflecting as she pressed him for a definition of the "working class" he professes to champion during a recent sit-down.

At first pass, Mamdani's working class included all who "work to pay" their bills.

When Garcia-Navarro asked if that included "someone making $250,000 a year," the mayor affirmed that it did, before ultimately drawing his line "at about a million dollars a year."

These are the prevarications of a man who knows where his bread is buttered.

Mamdani is a self-described socialist whose political success depends on his ability to present as a champion of the working man — the kind who clocks in early, stays late and coarsens his callouses in the interim.

After the triumph of three far-left candidates he backed in high-profile Big Apple congressional primaries last month, he heralded a supposed "shift in the balance of power between working people and their special interests."

"Finally," he declared, "working people are going to have more of a voice in the halls of power."

Mayor's real base

Except they don't.

Because Mamdani and his disciples' potent political base is composed not of overlooked everymen, but an at-once privileged and aggrieved white-collar class.

The proof is in the pudding.

According to the Times' post-primary analysis of Mamdani's decisive defeat of Andrew Cuomo last summer, the former beat the latter in higher-income (42%-30%), whiter (39%-34%) and more college-educated (45%-28%) precincts.

But the more moderate ex-governor came out ahead in lower-income (49%-38%) and black (51%-34%) neighborhoods.

The Bronx backed Cuomo; Mamdani ran up the numbers in wealthy Manhattan and crunchy Brooklyn.

Mamdani doesn't actually believe $999,999-a-year earners are average joes living paycheck to paycheck.

But he'd be damned before he declared war on the exceedingly comfortable upper-middle-class voters who backed him en masse last year.

Affordability, affordability, affordability: That's the message many have credited with catapulting a little-known assemblyman into Gracie Mansion.

But Mamdani's appeal has always been less in what he's promised to do for down-on-their-luck New Yorkers' pocketbooks than in how he makes the more fortunate feel.

That is: righteous, important underdogs fighting the good fight in their personal and political capacities.

Self-righteous and self-important, maybe.

Walking a thin line

Mamdani serves the interests of the Hampton house crowd convinced that the enforcement of immigration law renders America a fascist hellscape.

Never mind the concerns of the working class who overwhelmingly bear the burdens associated with mass illegal migration.

His unshakeable obsession with Israel, too, is part of a carefully calibrated strategy to indulge the overeducated progressive activist class.

How many bus drivers, firefighters and construction workers are clamoring for an NYPD officer to put Benjamin Netanyahu in cuffs?

Mamdani is a shrewd operator dancing with the champagne-sipping social justice warriors who brought him.

But he finds himself in the tenuous position of having to do so while paying lip service to the working-class voters whose interests he works against and whose worldview he scorns.

It's a tightrope that, even in deep blue New York, is beginning to fray.

'Campaign' fails public housing

Mayor Mamdani's latest pro-tenant outreach is just more "performative politics" and dismally fails NYCHA and Mitchell-Lama residents battling rent hikes and horrific conditions, furious New Yorkers say.

The administration's "campaign to build tenant power" invites volunteers to door-knock buildings with open violations to try to demand action while urging city tenants to attend meetings to learn about organizing.

But the push — spearheaded by the Mayor's Office of Mass Engagement — fails to specifically address financially struggling residents in city-run housing and those assisted by the local, state and federally aided Mitchell-Lama program, critics said.

Nowhere in a recent Office of Mass Engagement press release — nor on the city's website announcing the campaign — are NYCHA or Mitchell-Lama even mentioned.

NYCHA buildings have 61,915 open mold and leak work orders, according to a July report from the federal monitor.

City Hall responded by noting there were a group of hearings held by the administration and NYCHA this year during which residents had the chance to connect with NYCHA staff one-on-one.

Hannah Fierick

DSA

Black pol: We are alienated

By CRAIG McCARTHY
and MATT TROUTMAN

A prominent black Big Apple politician compared Mayor Mamdani's comrades in the Democratic Socialists of America to white supremacists as a bitter rift between Democrats spilled onto social media.

Queens Borough President Donovan Richards breathed new life into a longstanding complaint among minority lawmakers that the largely lily-white DSA ignores race in its crusade to grow its ranks and dismantle capitalism.

"White supremacy comes in all forms," Richards posted on social media late Sunday.

The slap erupted from a debate online after a report in The New York Times that highlighted how the extreme left wing of the Democratic Party focuses on furthering the group's agenda and largely has blinders on when it comes to black and Latino members and the issues important to them in the five boroughs.

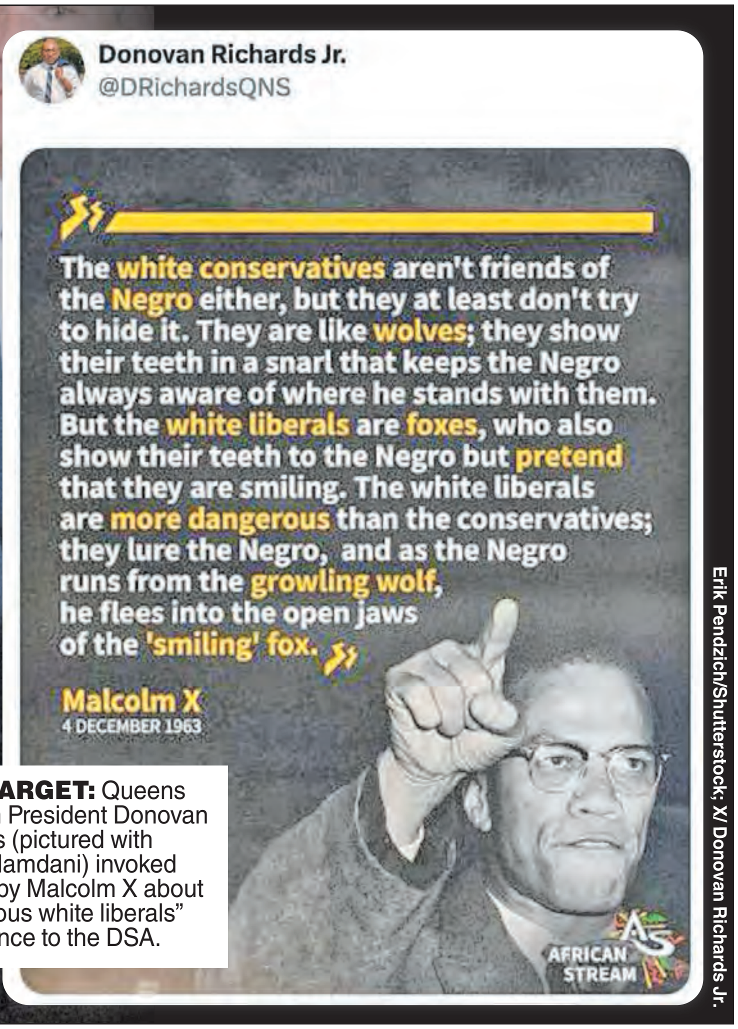
A DSA state Assembly member, Phara Souffrant Forrest, attacked the Times reporter and whined that the story omitted that a black member of the group has repped one of the nabes mentioned — seemingly without fully reading the story.

Quoted Malcolm X

Richards had responded after another journalist pointed out the article had already addressed her complaint.

He then doubled down on the accusation, sharing a famous Malcolm X quote that caustically labeled white liberals "dangerous foxes, who also show their teeth to the Negro but pretend that they are smiling."

LOSES *RACE*



Donovan Richards Jr.
@DRichardsQNS

The white conservatives aren't friends of the Negro either, but they at least don't try to hide it. They are like wolves; they show their teeth in a snarl that keeps the Negro always aware of where he stands with them. But the white liberals are foxes, who also show their teeth to the Negro but pretend that they are smiling. The white liberals are more dangerous than the conservatives; they lure the Negro, and as the Negro runs from the growling wolf, he flees into the open jaws of the 'smiling' fox.

Malcolm X
4 DECEMBER 1963

X ON TARGET: Queens Borough President Donovan Richards (pictured with Mayor Mamdani) invoked a quote by Malcolm X about "dangerous white liberals" in reference to the DSA.

Erik Pendzich/Shutterstock; X/ Donovan Richards Jr.

"The white liberals are more dangerous than the conservatives; they lure the Negro, and as the Negro runs from the growling wolf, he flees into the open jaws of the 'smiling' fox," the quote states.

The DSA's recent rise as a viable force with the Democratic Party stoked chatter of an intraparty civil war between the far-left radicals and more moderate establishment figures sharply split on Israel and hiking taxes on the rich.

And for all the DSA faction's lip service on race and social justice, many minority voters in New York and beyond look askance at its actual policies and priorities — with the National Black Empowerment Action Fund, for one, contending their agenda is bad for African-Americans.

The DSA has backed candidates from minority backgrounds, including two of its most prominent members — Rep. Alexandria Ocasio-Cortez, a Latina, and Mamdani, who is Uganda-born — but the group's makeup is overwhelmingly white.

A 2021 survey found 85% of the DSA is white.

Affluent socialists

The group also has faced accusations that it uses vulnerable districts to parachute in one of its own people instead of recruiting a candidate — often in opposition to seasoned black and Latino contenders.

Mamdani himself, during the June Democratic primaries, endorsed two DSA congressional candidates — Darializa Avila Chevalier and Claire Valdez — over incumbent Rep. Adriano Espaillat and Brooklyn Borough President Antonio Reynoso, pols with proven track records and minority backgrounds.

Chevalier and Valdez both won the contests, largely carrying areas flush with upper-income, young and white voters.

Political operative Ryan Adams, who works as managing director at Actum, pointed out the DSA previously lost races in neighborhoods where the population is made up overwhelmingly of people of color before the generational political talent Mamdani became their standard-bearer.

"While they are electing diverse candidates, the growth of DSA is coming in places that are seeing the most gentrification," Adams said.

"Socialism has a long history with communities of color, but it's hard to argue the recent activity has been deeply intertwined with the communities."

Richards is a liberal Democrat who has represented Queens for more than 13 years after being elected borough president in 2020, following an eight-year stint on the City Council.

His and Mamdani's beef has emphasized the growing chasm in the party as the mayor and his pals try to drag the party farther left while the progressive folks — once considered the left wing of the city's Democratic Party — attempt to maintain city institutions and hold onto the reins of the party.

Homeownership split

Richards represents one of the largest blocs of black homeowners in Queens. He has long advocated for homeownership in black and brown communities to grow generational wealth.

At the same time, one of Mamdani's top advisers, Cea Weaver, has referred to homeownership as "a weapon of white supremacy masquerading as 'wealth building' public policy."

State pols eye raise after city pay hike

Envious Albany lawmakers are eyeing giving themselves fat pay hikes after a similarly self-serving move by New York City Council members, insiders said.

The City Council inflated their own salaries to $175,000, far more than the $142,000 that lawmakers in the state Legislature make in a year.

The raise toppled Assembly and state Senate members off their perch as the highest-paid lawmakers in New York.

"We're not anymore; the City Council is," one Assembly member told The Post.

The Big Apple pay raise could set up a domino effect in Albany, where lawmakers last gave themselves a bump during a special session in December 2022 that Gov. Hochul approved, insiders said.

The Legislature would have to come back for another winter special session to approve potential hikes for the next session — a prospect that Assembly Speaker Carl Heastie said isn't yet on the radar.

Heastie, however, left it open for state lawmakers to repeat their 2022 antics.

"I don't know if there's enough money that could pay for the sacrifices that legislators make," Heastie told Politico last week. "Six months of the year, you're away from your family. So, I'm always supportive of members getting paid."

Albany lawmakers' last self-enriching raise made them the highest-compensated state legislators in the nation.

While the City Council pay hike eclipsed the Legislature's salaries, it's still chump change compared to the up to $270,000 a year that Los Angeles City Council members make.

Only Republicans and conservative Democrats opposed the hike in the 42-6 vote, with millionaire Council Speaker Julie Menin abstaining.

Menin and Mayor Mamdani, whose salary would also go up to $305,800, both made a show of promising they won't accept the bumps.

Vaughn Golden, Craig McCarthy and Matt Troutman

Call to probe mayor's 'illegal' vow

Throw book at Zo, not Bibi: pol

By CARL CAMPANILE
and HANNAH FIERICK

Getty Images

COURT GESTURE: Mayor Mamdani's threat to arrest Benjamin Netanyahu could violate state laws.

Mayor Mamdani may have broken the law by threatening to arrest Israeli Prime Minister Benjamin Netanyahu, a local politician claimed — as he called for a formal state probe into Hizzoner.

Assemblyman Simcha Eichenstein (D-Brooklyn) wrote a letter Monday to state Attorney General Letitia James asking her to probe possible "misconduct" by Mamdani because New York law "directly prohibits the mayor from ordering local law enforcement to arrest a specific individual."

Eichenstein, an Orthodox Jew, said although an elected official can express his opinion, he "cannot attempt to leverage their executive authority to direct law enforcement action against an individual based on personal, political or ideological views."

"Under New York penal law, a public servant who knowingly performs an unauthorized act, and misuses their position to pressure law enforcement into making an arrest may be guilty of official misconduct, a Class A misdemeanor," Eichenstein said in the letter, obtained by The Post.

"I trust that your office will conduct an appropriate review to ensure that the laws of New York State are faithfully upheld."

'Belongs in The Hague'

Eichenstein's letter notes that the US does not recognize the International Criminal Court, which issued a warrant for Netanyahu's arrest — so Mamdani cannot use an ICC warrant as a basis for alleged war crimes in Gaza.

President Trump has already slapped down Mamdani's scheming to arrest Netanyahu.

"Benjamin Netanyahu will not be arrested, in any way, shape, or form, while in the United States of America," Trump declared on Truth Social, without mentioning Mamdani by name.

Mamdani, 34, campaigned on arresting Netanyahu should the Israeli leader set foot on New York City soil for events like the United Nations General Assembly and recently reiterated that he would still like to pursue that action.

He caused a ruckus when he told The New York Times on Saturday, "I believe that Prime Minister Netanyahu belongs in The Hague," referring to the United Nations' International Court of Justice — and said he was having an "active conversation" about trying to jail the PM when he comes to Manhattan in the fall.

"When it comes to Benjamin Netanyahu, we're speaking about someone who's the subject of an International Criminal Court arrest warrant, and he's the subject of this arrest warrant for alleged crimes against humanity, for war crimes, and he's the architect of the genocide against Palestinians in Gaza as Israel's prime minister," Mamdani said during a housing-related press conference Monday.

"These are not facts of my personal assessment; they are facts of public record. And I believe that when we, when someone is charged with an International Criminal Court warrant, something that should be taken seriously, whether it's Benjamin Netanyahu or it's Vladimir Putin or whomever else."

He added that he will comply with "all applicable local laws."

Cop recalls finding wife dying in crash

A devastated Long Island cop recalled through tears in court Monday how he responded to a fatal drunken wreck while on duty — only to learn that his wife, a fellow cop, was the victim.

Nassau County cop Francisco Malaga, speaking at the sentencing of killer drunk-driver Matthew Smith in Suffolk County court, said he was on patrol on Jan. 31 and was just doing his job when he arrived at the tragic crash scene and suddenly realized his family had been shattered.

His 42-year-old wife, Nassau County Officer Patricia Espinosa, lay dying in the wreckage.

"I came upon the crash moments after it happened and I stopped, because that's what police officers do," a tearful Malaga told Judge Timothy Mazzei. "Nothing in my years as a police officer prepared me for that moment. I watched the love of my life slip away — and that image will stay with me the rest of my life."

Smith, 21, was returning from a night of binge drinking at the James Joyce bar in Patchogue.

Smith, who had a blood-alcohol level more than twice the legal limit, blew through a red light at about 70 mph in a 30 mph zone and slammed his Chevy Silverado pickup truck into Espinosa's vehicle.

He was sentenced to $7 \frac{1}{2}$ years to 22 years in state prison.

Brandon Cruz and Jorge Fitz-Gibbon

Shot gal's dad eyes revenge

An 18-year-old woman was shot by a masked robber late Sunday, police said, and her livid father vowed revenge.

Responding cops rushed Ashley Nicastro to Kings County Hospital, and she is now resting at home, dad Michael Nicastro told The Post. Police are scouring the city for the thug.

"I hope the cops get to him before I do, because it's going to be pretty ugly for this guy," the dad said. "I'm going to kill this motherf--ker."

The teen's brush with death unfolded as she waited on the President Street-Medgar Evers College Station subway platform at around 11:45 p.m., police said.

A masked man walked up to rob her, cops said. Michael said the crook snatched a chain of great sentimental value from his daughter.

The marauder, who wore a black mask and black clothes except for a red hat, fired off a single shot during a scuffle, hitting Ashley in the chest, police said.

He then ran upstairs to the street.

Police later tracked the woman's purse from a phone ping at Pacific Street and Utica Avenue.

Joe Marino and Reuven Fenton

LI mother in 'repeat DWI'

A wannabe fitness influencer charged with causing a drunken Long Island wreck with her two kids in the car had gotten behind the wheel after boozing it up before, prosecutors revealed Monday.

Jesher Rivera-Barreto, 31, showed up in Suffolk County Court in a wheelchair to face drunken-driving charges in the Saturday crash on Montauk Highway that injured her and her sons, 1 and 4.

Prosecutors said she was convicted of another DWI in 2020 but did not release further details.

Kevin Sheehan and Jorge Fitz-Gibbon

ZACK WHEELER
Set neighborhood record.

MLB star sells flat for $26M

Phillies ace Zack Wheeler and his wife Dominique have cashed in on a Soho passion project, selling their penthouse at 73 Wooster St. for $26 million, a price that sets a new benchmark for the neighborhood.

The sale works out to nearly $5,400 per square foot, the highest average price per square foot recorded in the trendy neighborhood over the past five years, The Post has learned.

The buyer's identity remains unknown and was purchased through an LLC.

Penthouse A spans 4,856 square feet of loft living and comes with a sprawling 3,008-square-foot private rooftop terrace, one of the largest and most private outdoor spaces in the neighborhood. The unit initially hit the market for $27 million.

The residence sits inside a boutique, full-service condominium with just six units total. *Mary K. Jacob*

Dr.'s grapefruit drink warning

Amid this summer's sweltering temperatures, many people are finding relief by sipping fruity cocktails or drinking fruit juices.

But an Illinois doctor is warning millions of people taking common medications such as statins and antidepressants that ingesting grapefruit can have serious consequences.

"It is important to disclose large amounts of grapefruit use to your doctor because it can interact with an array of medications," Dr. Nicole James told news agency SWNS. *Fox News*

A SHOT AND DEAD

Tragic gal jabbed with anti-age serum

VICTIM: Elizabeth Baron, 27, allegedly fell unconscious and later died after being injected with an anti-aging serum by accused quack Luis Rojas Cabrera (inset) at a Bronx holistic wellness center.

By JOE MARINO,
JORDAN DONEGAN
and AMANDA WOODS

A 27-year-old woman died after being injected with an anti-aging serum at a holistic wellness center in The Bronx — and cops arrested the unlicensed doctor, police and sources said Monday.

Elizabeth Baron fell unconscious around noon Sunday after the accused quack, Luis Rojas Cabrera, 55, performed the procedure inside the Bereshit Lifestyle Center on Riverdale Avenue near West 232nd Street, according to cops and law enforcement sources.

Staff at the center notified authorities, and Baron was rushed to NewYork-Presbyterian Allen Hospital, where she died around 1:10 p.m., authorities and the sources said.

The allegedly dodgy doctor was arrested hours later and charged with reckless endangerment and unauthorized practice of a profession, police said.

He is licensed to practice in the Dominican Republic, but not in the US, according to sources.

Exactly what the serum that Baron was injected with contained wasn't immediately known. The city medical examiner's office was running a toxicology report, and the results could determine whether the charges Rojas Cabrera faces will change, sources said.

The Riverdale wellness center offers "natural medicine" and therapies as well as products geared toward "making healthy living easy," according to its website.

Baron, who lived less than two miles from the clinic at the Skyview On The Hudson condo complex, was a "beautiful young woman" who worked in upper Manhattan, according to her next-door neighbor Paula Schaap.

"I'm so shocked," Schaap said of Baron's death. "She seemed very healthy, caring about her health in the sense of going to the gym regularly and looking beautiful."

"The last time I saw her was within the week. And she was beautifully dressed," she told The Post.

"She always looked beautiful, but I had no impression of somebody who was overly concerned about that . . . That was not my impression. It looked more like she was professionally made up for a job."

Cabrera a 'scammer'

The young woman's family declined to comment, asking for privacy as they grieve.

On his website, Rojas Cabrera described himself as "an active surgeon and Naturopath in the Dominican Republic and an alternative and holistic medicine practioner [sic] in the United States."

His interest in the profession began in his youth, when he was "allowed to assist [his] mother in various nursing and medical procedures," he wrote.

His bio boasted that he was trained in procedures including head and neck, bariatric and laparoscopic surgeries, "as well as in alternative, integrative and naturopathic medicines abroad in places like Israel, France, Puerto Rico, and Mexico."

"I feel to a great degree fortunate that for as far back as 30 years I have been given the opportunity to do something I completely enjoy," Rojas Cabrera wrote.

But disgusted Yelp reviews referred to the doctor as a "scammer," "con artist" and "manipulator" who "will take your money and lie to your face."

Rojas Cabrera's son, Luis Rojas Cabrera Jr., said his dad was blindsided by the allegations.

"He's a good man, a good father and a good doctor — that's why I'm so shocked about this," he said through tears while awaiting his father's Bronx Criminal Court arraignment Monday night.

No apology for false cyclospora test: FDA

The Food and Drug Administration said it still believes the explosive diarrhea parasite that has gripped the nation originated at Taylor Farms in Mexico — and officials insisted they did not apologize to the company.

The announcement Monday came after Taylor Farms, one of the nation's largest suppliers of fresh greens, claimed the FDA issued a mea culpa about a false-positive test for the cyclospora.

But the FDA pushed back.

"The recent false-positive results do not change the basis for FDA's ongoing outbreak investigation," the agency said at a Monday press conference.

Regulators emphasized that the investigation still points toward Taylor's Mexico-based produce supplier as the most likely origin of the dangerous outbreak, which can cause cramps, gas and explosive diarrhea, among other symptoms.

More than 1,600 people in five states had been infected as of Saturday — 94 of whom were hospitalized, according to the CDC.

The agency informed Taylor Farms of its false-positive test but emphasized that the company is still to recall the potentially tainted lettuce sold to Americans at grocery stores and Taco Bell restaurants.

Cyclospora is a parasite, not bacteria, meaning it is far more difficult to detect in a lab.

But other investigative methods are still sound, the agency insisted.

As for the lack of an apology: None was needed as the process was working as intended, said Dr. Ali Khan, dean of the University of Nebraska College of Public Health. *Jared Downing*

Bid to yank citizenship

YOSKMAIKEL RODRIGUEZ PEREZ
Cuban native was convicted in January 2020 of running a fake medical center in Miami that fraudulently billed Medicare more than $886,694.

MARCIN STANISLAW GARBACZ
Polish native was convicted on 65 counts of stealing more than $250,000 from three Catholic parishes while serving as a priest in Rapid City, SD.

MARTIN GARCIA
Mexican native was convicted of child-sex crime.

WASHINGTON — The Trump administration is ramping up an effort to deport criminal aliens and took denaturalization actions against 10 of them on Monday — including a fraudster who bilked taxpayers out of nearly $1 million in Medicare funding, The Post has learned.

The Department of Justice filed actions against naturalized US citizens from Mexico, Cuba, Pakistan, Peru and Poland who were convicted of healthcare fraud, wire fraud, immigration fraud, child sex abuse and drug trafficking.

The move is part of what administration officials have dubbed the "largest denaturalization effort ever."

Yoskmaikel Rodriguez Perez was convicted in 2020 of running a fake medical center in Miami that fraudulently billed Medicare more than $886,694 for "unnecessary prescriptions to [Home Health Agencies], pharmacies, and patient recruiters," according to a July 18 filing.

Two former Catholic priests — Urbano Vazquez Ortega and Martin Stanislaw Garbacz — also had actions submitted against them after being convicted of child-sex crimes.

Another June 15 denaturalization filing against Mexican native Omar Cantu-Montalvo cited his 2016 conviction for conspiring to distribute more than five kilograms of cocaine.

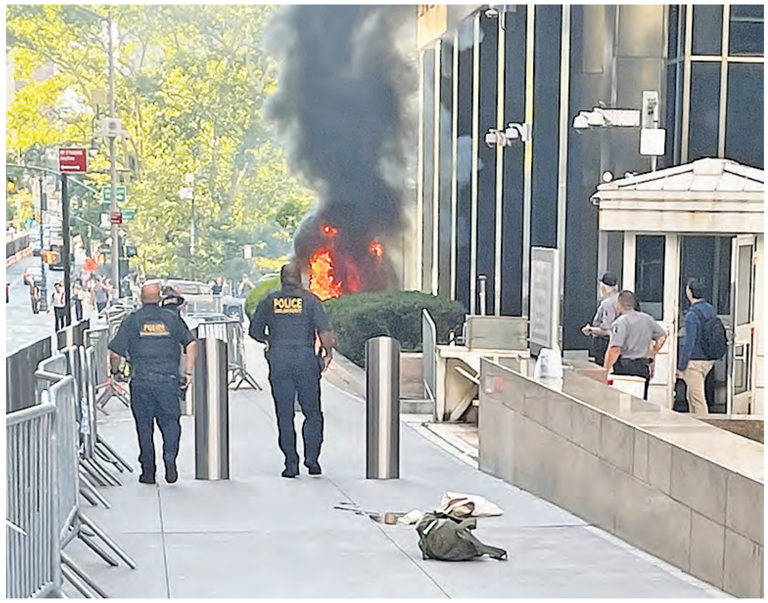
The other denaturalization actions were filed against Ceflo Luviano-Mojica, a Mexican native, for lying on his naturalization application about not having been arrested for grand theft and concealing a firearm; Murtaza Ali, a Pakistan native, for filing false applications for immigration benefits under a pseudonym; and Jimmy Aguero, a Peru native, for sexual abuse of his minor stepdaughter.

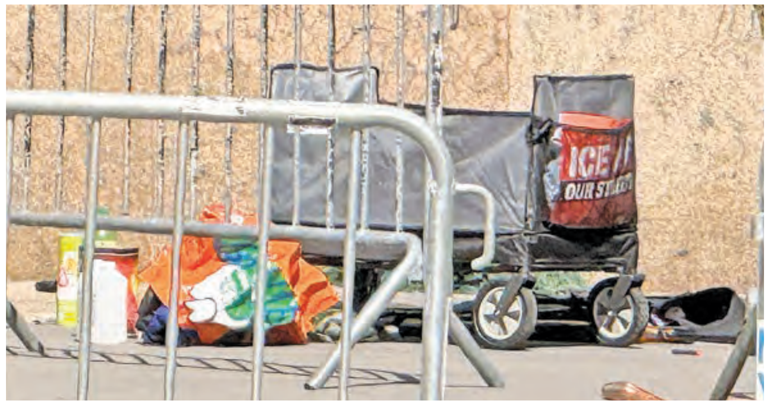
Mexican natives Francisco Montano and Martin Garcia Cardiel were pushed into denaturalization proceedings for child-sex crimes.

Antonio Alcantara-Ruiz, another Mexican native, had a denaturalization action brought against him for buying fake IDs to get a permanent residency card and then to apply for naturalization. *Josh Christenson*

FIRE AND

By JOE MARINO,
GREG CARLTON
and JORGE FITZ-GIBBON





Blaze set at NY fed bldg.

A crazed former soldier and National Guardsman set off fireworks and lit a blaze outside a Manhattan federal building Monday in an apparent anti-ICE terrorist attack, officials said.

Andrew Arrabaca, 43, a veteran from Poughkeepsie, "came armed with bad intention" to 26 Federal Plaza, where he fired five to seven pellets from an airsoft rifle at the building before lighting fireworks and sparking a blaze at around 8:30 a.m., the feds said.

"He is an anti-American, anti-government extremist," James Barnacle, assistant director in charge of the FBI New York Field Office, told reporters at an afternoon press briefing.

Arrabaca allegedly had various weapons, including "two axes, a hammer, a machete and three fixed-blade knives," as well as six other incendiary devices, Barnacle said.

Wild video showed the raving suspect hurling fireworks into raging flames right outside of the downtown building's front entrance, with one exploding loudly as a security officer — and then police — tackled him to the ground.

Four injured

Officials could later be seen quickly dousing the flames.

Four people were treated for minor injuries, according to the FDNY. One person was taken to NewYork-Presbyterian Hospital and the three others refused medical attention.

The Jacob K. Javits Federal Office Building is home to New York's ICE field office in Manhattan as well as offices for the Department of Homeland Security, immigration court and other federal agencies.

The historic building became a focal point during President Trump's crackdown on illegal immigration last year, and the site of several protests against ICE detentions.

"The building was attacked," Barnacle said. "Mr. Arrabaca was looking to injure people and harm people."

A spokesperson for Homeland Security called Arrabaca "an anti-ICE rioter," saying he rushed the building, launching fireworks, firing the airsoft rifles and lighting a fire.

"An FPS Protective Security officer swiftly tackled and detained the agitator, sustaining minor injuries during the incident," the agency said.

"Officers quickly recovered the individual's bag, which contained what appeared to be two pellet guns and a manifesto."

Officials did not reveal what was in the "manifesto."

No charges have officially been filed as of Monday evening.

Authorities said Arrabaca arrived in Harlem on Sunday night and took a subway to the Penn Station area, then spent the night near the Holland Tunnel.

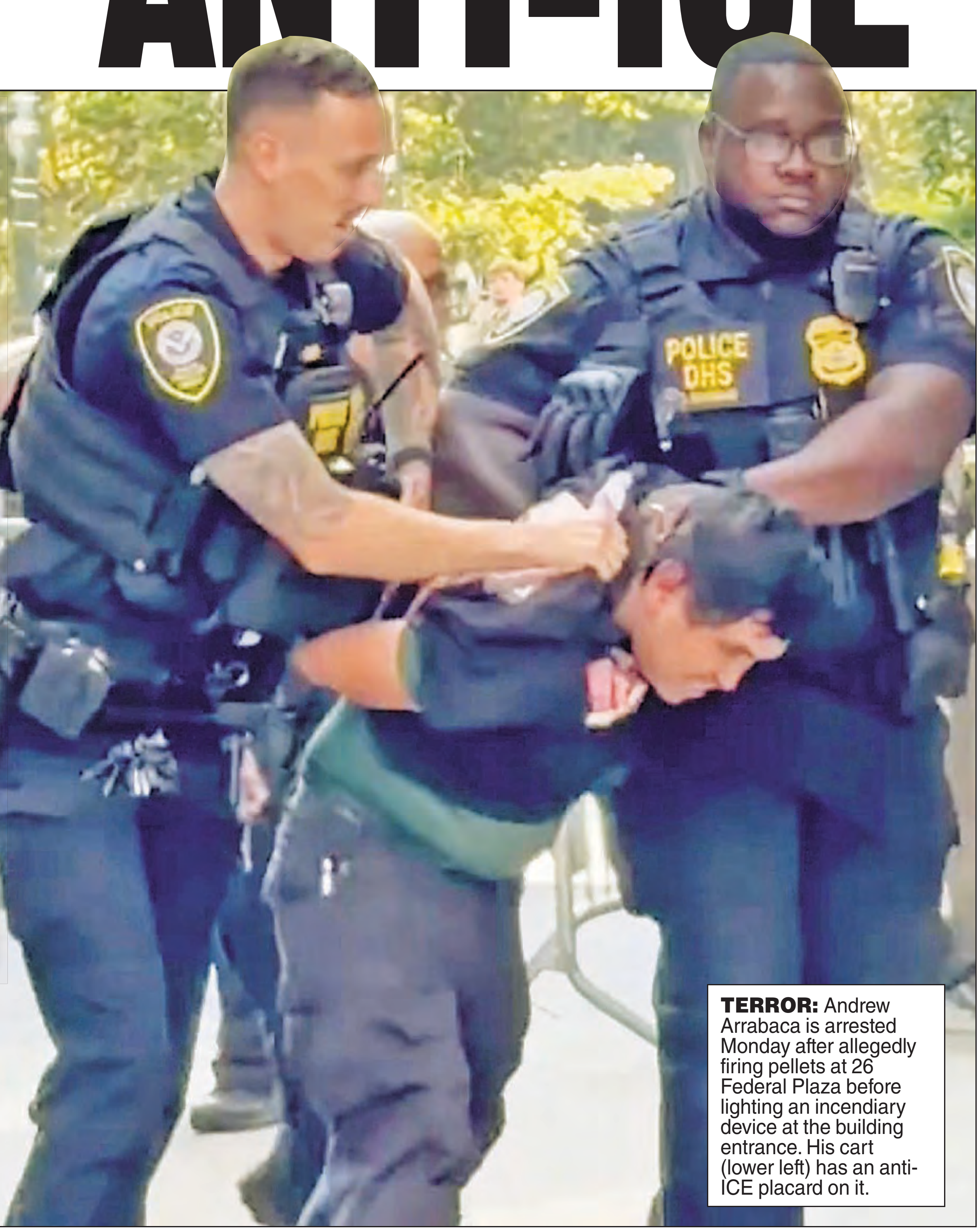
He arrived at the federal building at around 5 a.m., officials said.

NYPD Commissioner Jessica Tisch said Arrabaca was near Worth and Lafayette streets — pulling a cart with the slogan, "ICE off our streets" — before launching the attack.

He first set off a bundle of fireworks, "then goes back into his cart and takes out an airsoft rifle and proceeds to brandish it," Tisch said. "And he appears to fire several pellets from the airsoft rifle."

She said Arrabaca then grabbed an orange bucket full of flamma-

‘ANTI-ICE’



TERROR: Andrew Arrabaca is arrested Monday after allegedly firing pellets at 26 Federal Plaza before lighting an incendiary device at the building entrance. His cart (lower left) has an anti-ICE placard on it.

FNTV; Steven Hirsch; AP

ble liquid, doused bushes outside the building and set them on fire.

Footage posted to social media showed several large fireworks and debris the suspect apparently left behind, including the anti-ICE sign.

Omer Bulla, the manager of a Worth Street parking garage right across the street from 26 Federal Plaza, said he and employees heard what sounded like a pair of gunshots go off.

“I don’t know what happened,” he said. “It was loud. When we looked outside the police already took the guy.”

Arrabaca served in the Army from 2001 to 2004, and in the Army National Guard in New York until July 2005, an Army spokesperson said.

He left the Army with the rank of specialist.

‘On the radar’

In a statement Monday, Gov. Hochul said Arrabaca sought to create “not just a disturbance, but fear.

“State Police are always working in situations like this,” Hochul said. “Apparently, he’s been on the radar of law enforcement before. So, we have records that we’re sharing, and so we’ll find out the motivation. But it’s absolutely unacceptable.”

In a statement earlier, the FBI said: “This morning an individual deployed an incendiary device outside of 26 Federal Plaza.

“The individual has been taken into custody and the FBI New York Joint Terrorism Task Force is investigating the incident.”

Additional reporting by Patrick Reilly and Amanda Woods

Cuba spread commie web in US: feds

By JOSH CHRISTENSON

WASHINGTON — Left-wing activists with deep ties to the Cuban government and intelligence have developed a plan for “coordinated nationwide actions” outside US military bases and Immigration and Customs Enforcement facilities in the event of an “imminent threat” or actual attack by American forces, according to a bombshell State Department report published Monday.

The National Network on Cuba — an umbrella organization of groups including the Democratic Socialists of America, Communist Party USA, Code Pink and more than 50 others — released the plan last month, stating its goal would be to make it “politically and materially costly for the U.S. government to wage war on Cuba” within 24 hours of a threat or attack.

President Trump has suggested the US military “may stop by” the communist island after the prolonged conflict with Iran comes to an end.

The demonstrations — or worse — are supposed to target US military bases, recruitment offices, federal buildings, ICE facilities or field offices and even “sports arenas during high-visibility events,” the NNOC’s “National Rapid Response Plan” noted.

The 99-page department report highlights how a frequent “collaborator” with Havana, Black Alliance for Peace, has circulated a “target guide” of 1,335 military or law-enforcement facilities.

‘Serious threat’

A department official said Monday that both US domestic law enforcement and counterterrorism agencies “are looking carefully” at the “very serious and distinct threat” and noted that some of the groups in the NNOC “have been involved in violent action in the past.”

The report added that Cuba’s influence “network continues to maintain ties to powerful leftist nonprofits, anti-ICE collectives, socialist groups, and Marxist militant organizations across the United States.”

Cuba’s influence “runs through leftist nonprofits in New York, anti-ISIS protests, DSA socialist groups . . . all of the college campus uprisings we’ve seen in recent years,” the official added. “It’s publicly chronicled in decades of declassified US intelligence reports, Cuban defector testimonies, open-source analysis, the statements of many of these people themselves — but nobody has really tied it together.”

The report said Cuba has built “a sprawling revolutionary network that shaped a disproportionate share of America’s most famous and influential extremist movements, from the Black Panthers and the Weather Underground through to Antifa.”

Havana connection

That was aided through the work of organizations like Cuba’s Venceremos Brigade, which over half a century helped bring radical Americans to the island for a “political education” in its communist revolution.

Los Angeles Mayor Karen Bass was one of many left-wing youth who took them up on the offer, repeatedly visiting Cuba and participating as a Venceremos organizer in southern California.

The funding streams for some of those groups are already being targeted by the Treasury Department and Department of Justice, including Code Pink, whose centimillionaire backer Neville Roy Singham is under scrutiny for potential financial crimes by the federal prosecutors in Manhattan.

The report cites the Cuban Institute of Friendship with Peoples as the “central nexus” of Havana’s intelligence and influence network through its “longstanding ties to U.S. universities, student groups and activist movements.”

In June, Secretary of State Marco Rubio sanctioned ICAP, which was founded by late dictator Fidel Castro, for functioning as “a political subdivision, agency, or instrumentality of the Government of Cuba . . . that supports Cuban intelligence and counterintelligence activities.”

Livid on Legionnaire

HEAT'S ON: City Health Commissioner Dr. Alister Martin (near right) and Mayor Mamdani are facing scrutiny over the Upper East Side Legionnaires' outbreak.

Getty Images/Kevin C. Downs

Menin wants answers on outbreak, Mamdani

By CRAIG MCCARTHY
and MATT TROUTMAN

City Council Speaker Julie Menin is demanding that Mayor Mamdani cough up answers on how the deadly Legionnaires' disease outbreak that has sickened dozens of New Yorkers festered on the Upper East Side.

Menin will introduce a bill Tuesday requiring the city to take proactive steps to identify cooling towers that building owners failed to test for the disease-causing bacteria and automatically disinfect them as a precaution.

A fourth death from the outbreak was confirmed late Monday, city officials said.

The council is also set to hold an oversight hearing in September to "examine" the Mamdani administration's response and "determine why New Yorkers still lack access to real-time information about cooling tower compliance," the speaker said.

Her proposed legislation would set up a dedicated summer hotline so New Yorkers can get up-to-date answers during a Legionnaires' outbreak, according to details of the bill shared with The Post.

City Department of Health officials would also be required to spread COVID-era-esque public information on best practices for preventing the respiratory illness.

Building IDs

A similar outbreak last year in Harlem that killed five people and sickened 114 led the City Council to pass a law requiring building owners to test for Legionella microbes every 30 days during warm weather. The city previously only required building owners to test every 90 days.

But Menin, as she pushed her new legislation, argued that city officials under Mamdani's watch needed to take more vigorous steps toward identifying building that flout the testing law.

"After last summer's Harlem Legionnaires' outbreak, the City Council strengthened the law because we believed New Yorkers deserved better," she told The Post. "But the Administration failed to match those reforms with the urgency and transparency this moment demanded.

"The Council is now taking action by introducing new legislation and conducting oversight to help ensure New Yorkers receive the strong public health response they deserve."

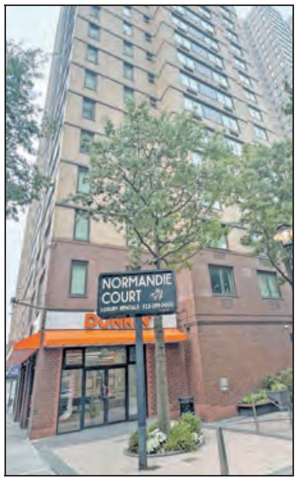
The Legionnaires' disease outbreak was first reported July 2, when DOH officials said at least two people had been infected, with exposure likely occurring in late June.

The cluster hit the Upper East Side neighborhoods of Carnegie Hill and Yorkville, infecting at least 74 people and killing four. Eight people remained hospitalized as of Sunday night, health officials said.

One of the four who died in the outbreak was an 88-year-old Air Force veteran, ABC 7 first reported. His family plans to sue whoever owns the as-yet-unidentified cooling tower linked to causing the outbreak, per the report.

Rounds of tests on the Upper East Side after the outbreak showed 76 buildings — including the Guggenheim — harbored the bacteria.

All those buildings cleaned and disinfected their cooling towers, health officials said.



Building slow to warn us: tenants

Residents at the Upper East Side mega-complex Normandie Court are fuming after learning Legionella DNA was detected at their building — not from management, but through other news sources.

Tenants allege the behemoth complex's management, despite blasting out routine emails for weather updates, stayed mum for over a week after the city's Department of Health and Mental Hygiene collected samples on July 6.

"I first learned about the outbreak . . . through two different sources, neither of which was management, which is kinda annoying," resident Pooja Shah, 33, claimed to The Post.

"It's disappointing that our building didn't even send us an email to reassure us that our plumbing was safe, or best practices . . . I had no idea how airborne it is."

Shah noted that clear communication is crucial given the high-risk population of elderly people and children in the four-building, 1,476-unit complex, which spans an entire block between Second and Third avenues on East 95th Street.

Normandie Court (left) was one of 31 buildings with cooling towers that tested positive for the presence of Legionella bacteria during an initial PCR (polymerase chain reaction) screening, DOH announced July 10.

Management finally broke its silence on July 14 with a letter to tenants, which claimed a June 23 test had a negative result, and that the building had only that day been informed about the July 6 results. *Lauren Elkies Schram*

Thrifty Wilt find a $core

A warm-up jacket worn by Wilt Chamberlain during the 1972 NBA Finals that was bought by a teenager for $3.07 at an Oregon thrift store sold for $89,600 at auction on Monday.

Quinn Brown had been eyeing a massive bin of clothes at a Goodwill store outside Portland in January when he saw someone toss a Lakers jacket with Chamberlain's name on it back on the pile.

Brown, who resells used clothes online, quickly grabbed it.

The jacket was auctioned by Sotheby's, which estimated its value between $150,000 and $250,000 before bidding closed Monday.

It received a total of 48 bids, according to the auction house.

Described on Sotheby's website as an "extraordinary piece of memorabilia," the short-sleeved yellow warm-up jacket was worn by Chamberlain during the 1972 NBA Finals, in which the Los Angeles Lakers beat the Knicks.

"I didn't even think that finding something like this was possible," Brown said.

"I got very, very lucky."

Chamberlain, a Basketball Hall of Famer and four-time NBA MVP, played in the league from 1959 to 1973. *AP*

Subway beat & rob

A crew of ruffians brutally attacked and robbed a man sleeping aboard a Manhattan subway train last week, police said.

Cops said the three fiends approached the 32-year-old victim on a southbound 4 train near Union Square around 3:30 a.m. on Friday.

One of the brutes then started wailing on the sleeping man and then stole his cellphone, cops said. The thugs also tried to take his watch before fleeing, police said.

EMS rushed the man to New York-Presbyterian Lower Manhattan Hospital, where he was in stable condition, authorities said.

David DeTurris

BRETT BELLERA
Lengthy rap sheet.

'Lolita' kid 'killed his pet cat'

The troubled son of notorious "Long Island Lolita" Amy Fisher has been charged with killing his pet cat — possibly by putting it in the microwave, according to officials.

Brett Anthony Bellera, 25, and his girlfriend, Jennifer Armenti, 36, have both been charged with aggravated cruelty to animals after their cat, Reaper, was found burned to death in their apartment in Fort Lauderdale, Fla., in December 2024, according to the Broward County Sheriff's Office.

The cat suffered severe pain before it died from "involuntary heat exposure" — through either microwave radiation, being submerged in hot water or exposure to hot water vapor, according to a forensic necropsy performed by the ASPCA, WPLG reported.

Bellera was charged while already behind bars on other charges, with his lengthy rap sheet including robbery and drug charges.

Patrick Reilly

Gaudreau case delay

The New Jersey driver accused of drunkenly fatally mowing down NHL star Johnny Gaudreau and his brother Matthew is desperately trying anything to improve his case before heading to trial.

Lawyers for the alleged killer motorist, Sean Higgins, asked at a court hearing Monday for seven more weeks to complete further blood lab testing.

Salem County Judge Michael Silvanio told both sides to return Sept. 11.

Peter Senzamici

'Tot slayer' ma emotionless at jury select

STONE COLD 'KILLER'

ICY STARE: Lindsay Clancy, who is charged with strangling her three young children (including Cora and Dawson below), was blank-faced in court Monday.

USA Today Network via Reuters Connect

By GEORGIA WORRELL
and PRISCILLA DEGREGORY

Massachusetts mom Lindsay Clancy blankly stared in court Monday as she headed to trial for strangling her three small children in an alleged postpartum psychotic state, new photos show.

The wheelchair-bound 35-year-old remained stoic, showing little emotion, as she looked down at one point and closed her eyes during jury selection in the sensational case in Plymouth.

The highly anticipated trial will hinge on whether jurors believe the killer mom — paralyzed from a later suicide attempt — was suffering from postpartum psychosis worsened by a cocktail of prescribed drugs when she committed her unthinkable alleged crime, experts said.

"The whole case is just her state of mind and whether she was aware of right from wrong and literally if [she was aware] what she was doing was going to end up killing her kids," former prosecutor Mark Bederow told The Post.

"Any juror is gonna wanna know why the hell would this woman do this? Why would a seemingly normal young woman living a beautiful life just murder her three children?"

Clancy is accused of using exercise bands to kill her young kids in the basement of the family's Duxbury, Mass., home before becoming paralyzed from the waist down from a botched bid to kill herself Jan. 24, 2023.

Her lawyer, Kevin Reddington, has said he plans to ask the jury to find her not guilty by reason of insanity on the grounds she was suffering from severe postpartum psychosis and heard a voice telling her to carry out the heinous acts.

'Battle of experts'

Legal experts said that key to Clancy's defense will be educating the jury, through medical witnesses, about the rare mental disease that allegedly led to the tragedy.

Clancy's team will call medical experts to testify about postpartum psychosis, the treatment Clancy was receiving and the medications she was on — all in a bid to explain why she wasn't in her right mind during the crimes and ultimately why she should be let off the hook, experts said.

Prosecutors will likely meanwhile call their own expert medical witnesses to argue that Clancy wasn't suffering a mental break but rather was lucid enough to methodically plan how to get her husband out of the house that day so she could be alone with their children: Dawson, 3, Cora, 5, and 8-month-old Callan.

"It boils down to a battle of the experts," former prosecutor Margaret McLean told The Post.

'Rapist' influencer bros. fight extradition to UK

Misogynist influencer siblings Andrew and Tristan Tate went to Florida court Monday to fight their extradition to the UK on new rape and sex-trafficking charges, as their lawyer called the case a "stitch-up job."

The controversial influencer brothers made a brief appearance at the Wilkie D. Ferguson Jr. US Courthouse in downtown Miami after their arrest Saturday.

The pair must remain behind bars as the judge weighs their request.

Their lawyer, Joseph McBride, later claimed at a press conference that his clients were being held in solitary confinement at FDC Miami and that their treatment amounted to illegal "torture."

"It's garbage, it's a stitch-up job," McBride added of the case.

Andrew, 39, and Tristan, 38, were hit with multiple fresh accusations over the weekend by Bedfordshire Police in southeastern England involving four new alleged victims — charges that now bring the number of raps against them there up to 59, Time reported.

The allegations include rape, assault and trafficking.

Anthony Blair

Slain 'great patriots' ID'd

Fatalities from Tex., Hawaii

By SAMUEL CHAMBERLAIN

The War Department on Monday confirmed the identities of two soldiers who were killed in an Iranian missile attack on a Jordanian military base last week.

Pvt. Isabella Gonzales, 19, of Carrollton, Texas, and 1st Lt. Tyler James Feehan, 25, of Ewa Beach, Hawaii, died as a result of Friday's missile strike on the Muwaffaq Salti Air Base east of Amman, according to the Pentagon.

Officials previously announced that a third service member, who has yet to be publicly identified, was killed in Iraq on Saturday during the "controlled detonation" of a downed Iranian drone.

Seventeen American service members have been killed since the launch of Operation Epic Fury by the US and Israel on Feb. 28.

Monday's statement followed a ninth consecutive night of US airstrikes on Iran, which President Trump said were carried out "in honor of the . . . great patriots."

"Well, we feel very badly, but you know those great people, those great patriots, were out there fighting that Iran cannot have a nuclear weapon," Trump told reporters at Joint Base Andrews.

"Iran has been very, very badly damaged. They've lost everything almost militarily. They've got very little left. They've got some missiles. They've got some drones. They've got some manufacturing ability, not much. We control the Strait [of Hormuz]; they don't control anything. So we'll see what happens."

US Central Command said the latest strikes targeted "Iranian military command centers, air defense and coastal surveillance sites, maritime capabilities, missile and drone launch sites and communications networks."

Iran's state-run IRNA news agency reported that the American strikes killed at least one person around Tabriz, a northwestern city about 325 miles from Tehran that is believed to host underground missile bases run by the paramilitary Islamic Revolutionary Guard Corps.

At least 50 people have been killed and 517 wounded in the latest rounds of US strikes, according to Tehran authorities.

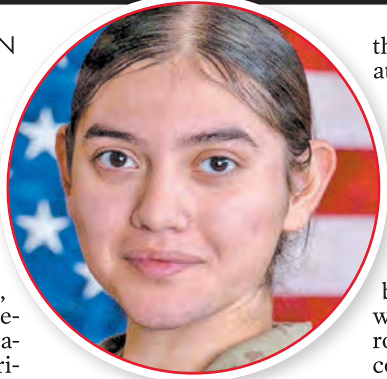
American strikes likely also hit the cities of Bandar Imam Khomeini in Khuzestan province, Sirik and Jask in Hormozgan province and Konarak and Chahbahar in Sistan and Baluchistan province, IRNA said.

Iran responded Monday by attacking US partner countries throughout the Middle East. Bahrain sounded its missile alert sirens, while Kuwait said its air defense forces were firing at an incoming Iranian barrage.

A vessel caught fire early Monday in the strait after being hit by a projectile near the coast of Oman, the British military's United Kingdom Maritime Trade Operations center said. The crew abandoned the vessel, which was adrift and still ablaze hours later, the UKMTO said.

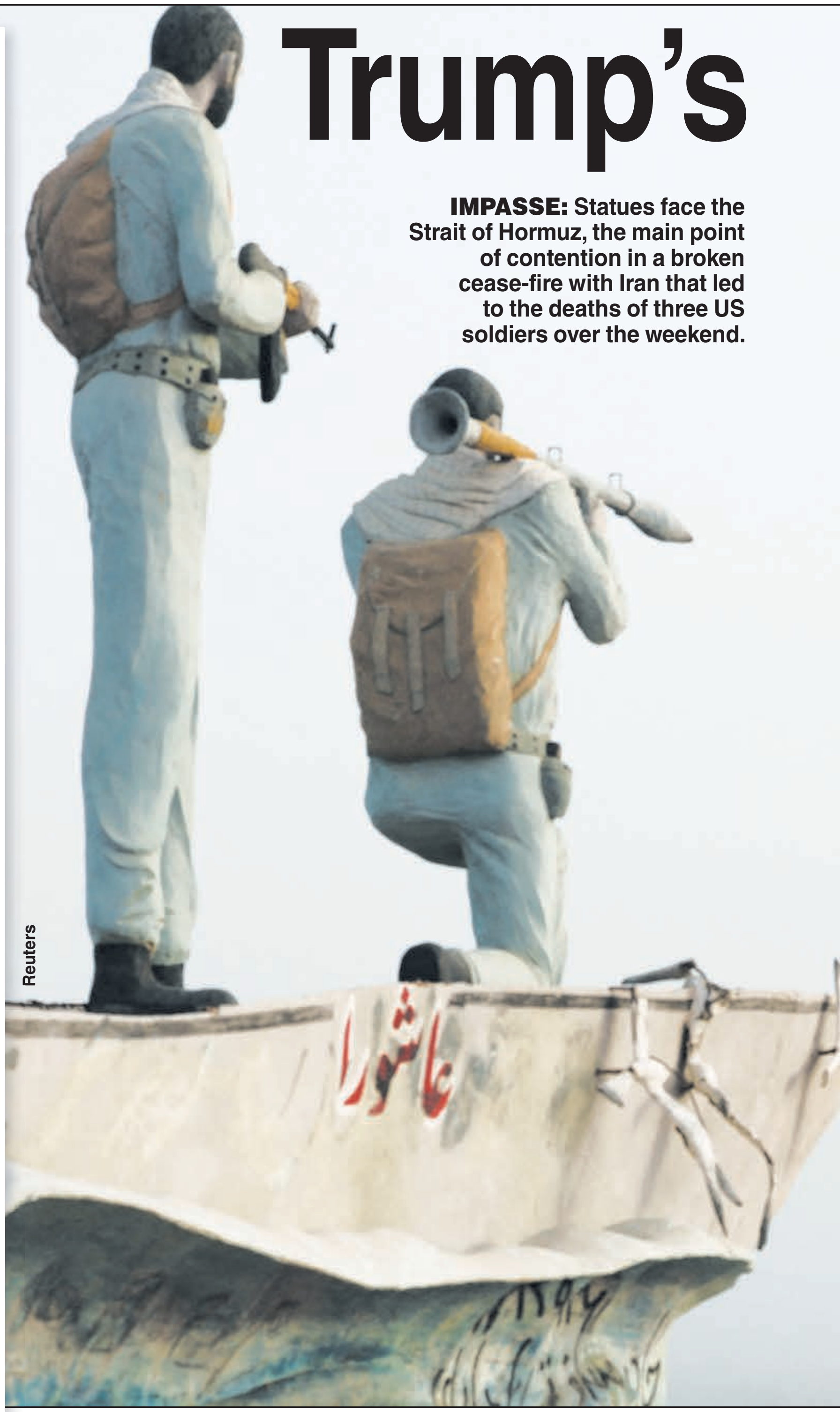
Despite the escalating hostilities, Secretary of State Marco Rubio told reporters Sunday that the US remains open to a negotiated settlement.

"I think we're always open to diplomacy. It has to be real.," Rubio said at Joint Base Andrews. *With Wires*



DIED FOR NATION: Pvt. Isabella Gonzales and 1st Lt. Tyler James Feehan died from an Iranian strike on Jordan on Friday.

Trump's



IMPASSE: Statues face the Strait of Hormuz, the main point of contention in a broken cease-fire with Iran that led to the deaths of three US soldiers over the weekend.

Reuters

Gas prices on rise again

US gas prices jumped to a national average of $4 a gallon again Monday, according to motor club federation AAA — as the US and Iran launched more attacks.

The average price a year ago was $3.14 a gallon. Some states have been paying well over $4 a gallon for a while now, while others pay less.

Prices vary between states due to factors ranging from nearby supply to differing tax rates. People around the world are also dealing with high gas prices as a result of the war.

Gas prices first went over $4 a gallon on average at the end of March, dipped below that in mid-June and continued to fall as crude oil prices eased when the US and Iran reached an interim deal.

Oil prices have climbed again in recent days as the US and Iran move closer to resuming an all-out war.

Brent crude, the international standard, closed at $89.22 per barrel Monday and benchmark US crude fell 0.3% to $83.23 per barrel. *AP*

THE BATTLE FOR IRAN

orders to retaliate: MAKE 'EM PAY 'MANY TIMES OVER'

By EMILY GOODIN
and STEVEN NELSON

WASHINGTON — President Trump vowed to attack Iran "many times" over for each American soldier killed as fighting escalates — even as a Qatar-proposed 10-day cease-fire is under consideration.

At least 17 American soldiers have been killed thus far in the war. Three Americans were killed since Friday, with a fourth missing and presumed dead — in the first fatalities from enemy fire since March.

"Every time Iran kills an American Soldier they will pay for that killing many times over!" Trump wrote Monday on Truth Social.

"This directive has been passed on to Secretary of War, Pete Hegseth, Chairman of the Joint Chiefs of Staff, Daniel Caine, and every Leader in the Military."

The US has bombed Iran for more than a week following the collapse of last month's memorandum of understanding that called for a 60-day reopening of the Strait of Hormuz and continued nuclear talks.

Trump ordered American forces to pummel Iranian military targets in the 10th consecutive night Monday.

"Today at 4 pm ET, US forces began a new round of strikes against Iran at the Commander in Chief's direction," CENTCOM announced.

"The strikes are designed to further degrade Iranian military capabilities used to attack commercial shipping in the Strait of Hormuz," the combatant command added.

Qatar has floated a 10-day cease-fire to de-escalate the renewed fighting, which began when Iran attacked commercial ships in the strait for following a US-preferred route rather than one closer to Iran.

Trump "knows Iran is trying to provoke him into another unpopular escalation and damage him further politically in advance of the midterms — yet he needs to respond to direct attacks on US troops," a former White House official said.

"Anything that provides Trump a face-saving way to de-escalate is bad for the Iranian hard-liners."

Starting over

The war only weeks ago appeared all but over — with the reopening of the strait sending global oil prices dropping and reducing US inflation in June.

Trump tore up the memorandum of understanding after the Iranian ship attacks, saying that violence is the only language understood by Tehran's theocracy — while leaving open the door to further peace talks.

Trump is expected to attend the dignified transfer ceremony at Dover Air Force Base in Delaware for the remains of some of the troops killed, White House press secretary Karoline Leavitt said. The date and time of the transfer is still being finalized.

Pvt. Isabella Gonzales, 19, and 1st Lt. Tyler Feehan, 25, both died as a result of Friday's Iranian attack on Muwaffaq Salti Air Base, which is located in Jordan and home to American forces in that country.

Dozens of American soldiers were wounded in the attacks on the base.

Both Washington and Tehran carried out a series of new attacks on Monday.

Houthi blockade vs. Saudi Arabia

The Iran-backed Houthis in Yemen claimed they're imposing a naval blockade against Saudi Arabia "effective immediately" on Monday — though it's unclear how they would pull it off.

The Houthis said they plan to block the Bab el-Mandeb strait — a narrow waterway that connects oil-producing juggernaut Saudi Arabia to the Red Sea — which would widen the threat to global energy supplies.

The apparent move is in retaliation for what the rebels described as "an unjust and oppressive siege" imposed on Yemen by the Saudis.

We are declaring "a maritime embargo against the criminal Saudi enemy, based on the equation of 'an eye for an eye,' effective immediately . . ." the insurgents said in a statement.

The blockade would also follow through on a request made by the Iranian government, which asked the rebels to close the waterway if the US continued to attack Iran.

A closure of the strait would see the Saudis unable to export oil from the region and is expected to reduce the world's oil supply by 7% if successful.

That reduction would be compounded by the already limited amounts of oil coming from the gulf, which has fallen by 10% since the start of the US' war with Iran.

Instability in global energy prices as a result of the war has caused the cost of oil to surge, with the price of a barrel jumping to nearly $90 on Monday.

The Houthis' threat comes as the US and Iran continue fighting after last month's collapse of a memorandum of understanding that briefly paused the conflict.

Qatar has floated a 10-day cease-fire to de-escalate the renewed fighting, which began when Iran attacked commercial ships in the Strait of Hormuz for following a US-preferred route rather than one closer to Iran.

David DeTurris

Brit PM calls for left turn

MOVE-IN DAY: New British Prime Minister Andy Burnham and wife Marie-France van Heel wave to the crowd outside 10 Downing Street in London on Monday.

A ‘happy’ socialist

By RYAN KING
and VICTOR NAVA

Andy Burnham, an unabashed and “happy” socialist who has pushed to reject Margaret Thatcher-era policies, officially took office Monday as Britain’s new prime minister.

Burnham, 56, becomes the United Kingdom’s seventh leader in 10 years, replacing Keir Starmer as leader of the center-left governing Labour Party.

Speaking outside 10 Downing Street minutes after being formally appointed by King Charles III, he vowed to decentralize political power and ease the cost of living by bringing “life’s essentials under state control.”

“We will take power out of here and carry it into every postcode in the land so that they can do more and in doing more, build a new economy where we put life’s essentials back under stronger public control to make them affordable to you again,” he said.

“This is a moment for reflection and new resolution,” Burnham continued. “It requires my generation of politicians to raise our game and rise to the new challenge.”

Last week, without mentioning her by name in his first major speech as party leader, Burnham not-so-subtly ripped into Thatcher-era policies, but also decried neoliberal economic policies, which favor globalization, less regulation and lower taxes.

‘Wrong turns’

He argued that the UK took “a series of wrong turns in the 1980s,” glossing over the economic slump Thatcher inherited from a Labour predecessor.

“The country surrendered control of the essentials — housing, water, energy, transport — and left people exposed to higher costs,” Burnham argued.

In an interview with UK’s Renewal magazine last year, Burnham admitted that he was “happy to call myself a socialist.”

“I think this is an era not to shy away from what we are, but to lean into it more, and certainly not to pander in the opposite direction,” he said.

He replaced Starmer, 63, after just two years into the former PM’s term, which saw the party roar back to power in 2024 for the first time since 2010.

Burnham is now inheriting a stagnant economy. In the first quarter of this year, the British economy grew a paltry 0.6%. By contrast, the US grew 2.1%.

Despite his socialist instincts, the UK’s more than 95% debt-to-GDP ratio — among the country’s highest levels since the 1960s — may restrain him from heavy spending.

Burnham appears to have made a decent first impression with President Trump.

“I had a very good conversation with the new Prime Minister of the United Kingdom, Andy Burnham,” Trump wrote Monday night on Truth Social. “We discussed many subjects, including the outstanding relationship we have had with the UK.

“We will be meeting in the not too distant future for topics of mutual interest. The Prime Minister has got a big job ahead of him, but he will be able to do it and, of course, the U.S.A. will be there to help!”

rking@nypost.com

Amer Ghazzal/Shutterstock

Church honor for Zel

The St. Nicholas Greek Orthodox Church-National Shrine is honoring Ukrainian President Volodymyr Zelensky with its Beacon of Hope Award at a Manhattan event in September.

Zelensky will attend the Sept. 26 dinner at Cipriani South Street, near where the church was raised from the ashes after being destroyed on 9/11, sources said.

The invitation said Zelensky is a “most worthy recipient who illuminated the path forward in times of great challenge,” leading his country’s defense in its ongoing war with Russia, which invaded Ukraine on Feb. 24, 2022.

In April, Zelensky accepted the Four Freedoms Awards from Netherlands Prime Minister Rob Jetten on behalf of the Ukrainian people for showing courage and resilience in the fight for freedom.

Zelensky was an ideal choice for the St. Nicholas award as Americans celebrate their nation’s 250th anniversary and recognize the 25th anniversary of the Sept. 11, 2001, terrorist attacks, said St. Nicholas-National Shrine executive director Andrew Veniopoulos.

The event is also a fundraiser for the St. Nicholas Shrine. *Carl Campanile*

Shirts on, no bikinis!

Aussies heading to a popular Italian hot spot have been warned not to break a shirtless and bikini rule, or face a hefty fine.

Varenna, a fishing village by Lake Como, is cracking down on tourists who wander the town wearing only their bikinis, and men flaunting their bare chests, fining them between €50 and €200, about $57 to $228.

The tiny town of 650 attracts hundreds of thousands of tourists each year. Authorities introduced the new rules June 27 to preserve the town’s appearance and guarantee some peace for locals.

Shireen Khalil

Bx. ‘home-invade perv’ busted

TISHAWN MAILE
“Exposed self” to girl, 8.

A Bronx sicko was arrested for allegedly climbing into a sleeping 8-year-old girl’s bedroom and exposing himself to her nearly two months ago, police said.

Tishawn Maile, 35 — a complete stranger to the girl — was picked up by members of the NYPD’s Neighborhood Safety Team around 11 p.m. Friday in connection to the sickening May 25 incident and faces multiple charges, cops said.

The girl was asleep in her room that she shared with her siblings — ages 11 and 6 — around 5:10 a.m. when Maile burst in through a window, according to cops and a criminal complaint.

Maile allegedly exposed himself and placed his penis on the girl’s foot, the court documents said.

Neither the girl nor her siblings were hurt during the terrifying home invasion.

Maile was charged with sexually motivated burglary, burglary, sexual abuse, criminal trespass, endangering the welfare of a child and sexual abuse, prosecutors said.

He pleaded not guilty Sunday and was ordered held in lieu of $50,000 bail or $150,000 bond.

Amanda Woods

Stand up or get smacked!

Ballpark anthem smack

An older man at what appears to be a recent Chicago Cubs game took issue with a younger fan choosing to remain seated during the national anthem.

A video shared to X (above) shows an older man yelling "get up" to a younger man who was looking up at him during the anthem performance.

The man then leaned down to whisper something in the seated man's ear before smacking him in the back of the head.

The younger man then stood up as onlookers turned to catch sight of what was going on, appearing surprised.

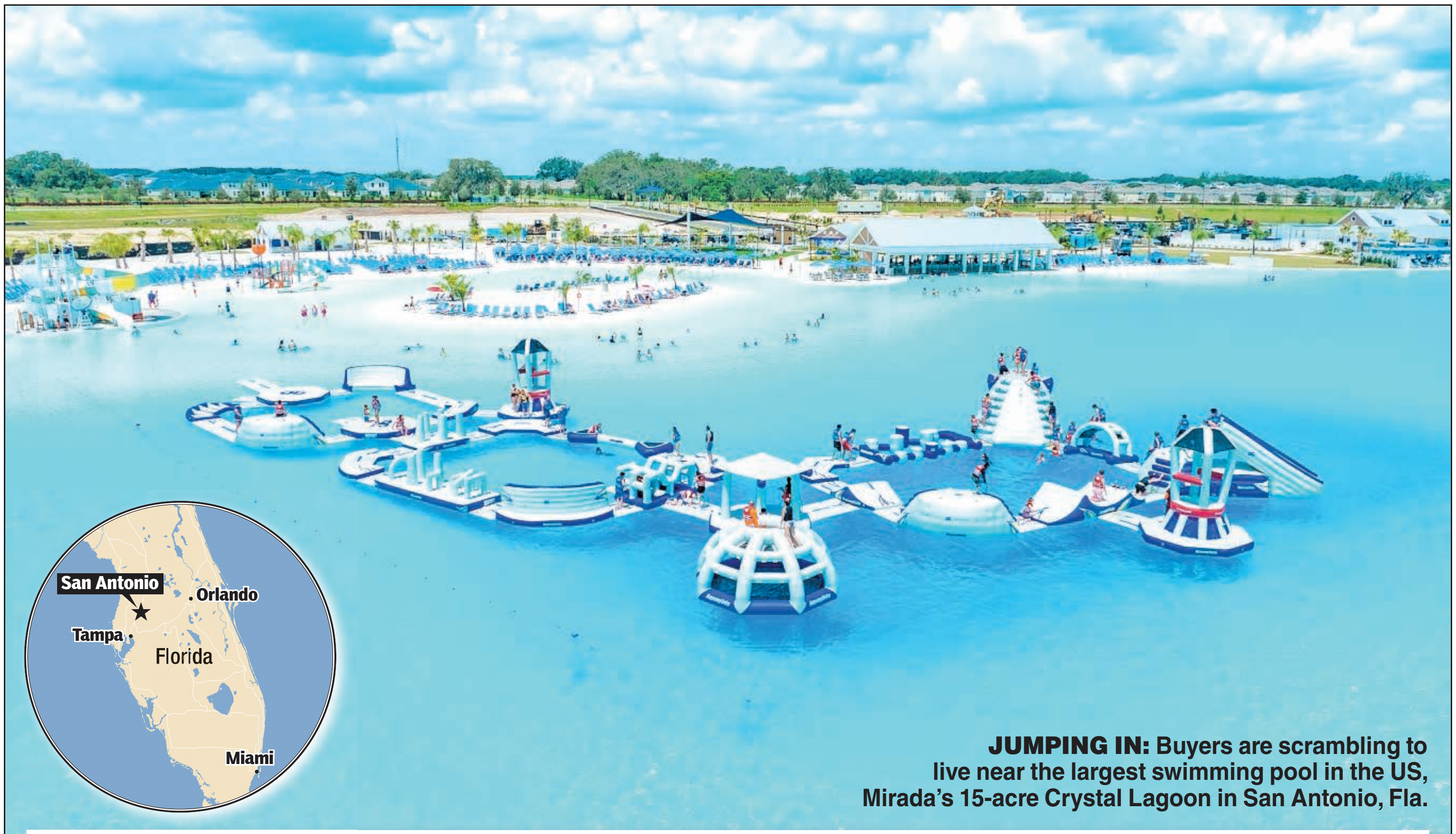
The older man said, "Thank you, thank you so much, young man," after the young fan followed his demand.

The video, which has reached over two million views, sparked debate in the replies.

"It looks like no one standing around had a problem with this love tap reminding the dude, in case he forgot to show respect for our country," one person commented.

"It's his right to sit," another countered. "That's what this country is about, freedom." *Grace McCarron*

THE BIG LAGOON-A



JUMPING IN: Buyers are scrambling to live near the largest swimming pool in the US, Mirada's 15-acre Crystal Lagoon in San Antonio, Fla.

Metro Development Group

Fla. nabe boasts US's largest pool

By MARY K. JACOB

One of America's hottest new master-planned communities has one big selling point: The largest swimming pool in the nation.

Mirada, a sprawling development in San Antonio, Fla., boasts a 15-acre man-made water feature called the Crystal Lagoon.

The title once belonged to nearby Epperson, the original lagoon community built by the same developer, Metro Development Group, which spans a comparably modest 7.5 acres.

With expanses of turquoise waters, beach areas and lounge seating, they give the impression of a luxury resort amenity in Dubai.

That being said, the lagoon craze has translated directly into sales. Epperson is now 94% occupied, while Mirada, still filling out its newer sections, sits at 75%.

Big draw

Homes in Mirada run from townhouses that start at $350,000 to two- to three-bedroom single-family homes from $649,000.

Homeowners in both communities get discounted access to the lagoons and their water activities, a perk developers say has become one of the single biggest draws for prospective buyers touring the properties.

And for those who want a slice of paradise but are not homeowners or renters in the community, they can access a day pass for $50 depending on availability.

"The lagoon is one of the biggest drivers of interest we see from buyers exploring communities like Epperson and Mirada," Lisa Gibbings, vice president of corporate affairs for Metro Development Group, told The Post.

"It creates an immediate sense of excitement because it's something people can't find in a traditional neighborhood."

Beyond the water itself, Gibbings said the appeal comes from the sheer range of things to do without ever leaving the neighborhood, from paddleboarding and kayaking to a floating water obstacle course and a swim-up bar for adults.

Gibbings said the developer is bringing its lagoon concept to even more Florida communities, including a project at Sandal Key in Hernando County that will pair a lagoon with the company's first lazy river.

Ex-Miss Universe, 35, dies

A former Miss Universe Jamaica finalist and actress died over the weekend, the organization revealed.

LaToya Malcolm, 35, who also was a dance instructor, was confirmed dead Saturday, but the cause of her demise was not released.

"We are deeply saddened by the passing of Miss Universe Jamaica alumna LaToya Malcolm, who proudly competed in the 2024 Miss Universe Jamaica Competition," the Miss Universe Jamaica organization wrote on Instagram.

She was among the favorites to win the pageant, but her run was marked with tragedy following the death of her father. She later won Miss Jamaica Bikini International, a victory she dedicated to her father.

Ronny Reyes

Calif. OKs digital driver IDs

Forgetting your license at home could soon be a relic of the past.

California residents will be able to flash their identification digitally under a new mobile driver's license initiative signed into law by Gov. Gavin Newsom.

Dubbed SB 169, the mega transportation bill was first introduced in 2023.

However, the law expands the Mobile Driver License Pilot Program by upping participation from 13% to 60%, meaning that 17 million Californians can access their ID virtually.

Motorists simply download the mobile license via the DMV's mobile ID app, verify their identity, and then add the digital doppelgänger right onto their phone. They can be used at certain TSA checkpoints. *Ben Cost*

Knicks mix it up in club rumble

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FROM Knicks in five to 86'd? Page Six previously reported that rapper **Travis Scott** was booted from a starry party at an ultra-exclusive private club downtown Saturday after getting involved in a bottle-throwing melee.

But as more details emerge, it's beginning to seem that NBA champion **Jordan Clarkson** was somehow involved in the chaos as well.

Melees being melees, however, it's very hard to tell how, exactly, he was involved.

Some sources tell us Knicks guard Clarkson accidentally started a confrontation with Scott by giving a slightly incoherent ramble on the mike. Some tell us Scott was trying to protect Clarkson from other would-be assailants. Yet other sources say that Scott and Clarkson were each involved in their own dramas at the Raising Cane's World Cup party that just happened to reach a boil at the same moment and get them both booted.

Either way, everyone seems to agree that Clarkson got onstage with the evening's performer, **50 Cent**, and things got a bit, er, weird.

One source tells us, "Clarkson was going crazy. He got onstage, took the mike, he was all over the room."

Another tells us Clarkson was talking smack about someone from the stage, though it was unclear who the insults were directed at.

Another source tells us that Clarkson confused the audience when he "gave an awkward speech about Biggie and Tupac. He was doing East Coast-West Coast . . . It went from talking s--t to Biggie."

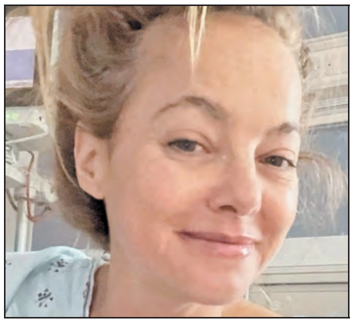
We're told some others at the party — which drew guests like **Venus** and **Serena Williams**, **Christina Aguilera**, **Teyana Taylor**, **Alix Earle**, **Lindsey Vonn**, **Tate McRae**, **Devin Booker** and **Logan** and **Jake Paul** — even became uncomfortable.

Right around the same time, and possibly for related reasons, "Sicko Mode" rapper Scott got involved in his spectacular spat.

Raising Cane's, Clarkson and Scott did not respond to our requests for comment.

Roll right along

JELLY Roll's daughter, **Bailee Ann DeFord**, let fans know they don't know the real story behind his shocking split from **Bunnie Xo**. DeFord, 18, went on an expletive-filled rant on TikTok Sunday. In the heated video, she defended her dad, declaring, "Don't y'all ever come for my father's name like that again. I'm so done." DeFord insisted neither Jelly Roll nor Bunnie cheated, and said the reason for their divorce would stun fans. "I promise y'all, the view of what y'all have . . . The Internet in totality is about to f--king crumble the day that I open my mouth."



Malibu mending

BIJOU Phillips was spotted out with her boyfriend, **Jamie Mazur**, in Malibu on Sunday, the first time the actress has been seen since undergoing her second kidney transplant. Phillips, 46, and Mazur, 45, who have been dating since 2024, were both dressed casually and sat outside. She revealed July 7 that she underwent a kidney transplant at UCLA, posting a picture of herself at the hospital (above), praising her surgeon and sharing, "I am beyond beyond grateful to everyone who rushed into help me . . . you are all hero's!" The star's first kidney transplant from a friend in 2017 failed, and she learned she needed another one early this year.

Click News and Media / BACKGRID

"Brat" bust-out Charli xcx appears to have crashed the set of "Mad Max" to shoot a video for her next album, "Music, Fashion, Film," out Friday.

Tauking heads

"SUMMER House" was filming in Montauk this weekend, where **Kyle Cooke** spun at Bounce Beach for castmates **Carl Radke**, **Jesse Solomon**, **Bailey Taylor**, **Mia Calabrese** and **Bobby McMullen** and "In the City" star **Gavin Moseley**. Then the Bravo crew continued filming downstairs at Talya restaurant.

We hear

THAT Dan's Papers honored Le Bilboquet founder **Philippe Delgrange** at its annual Bastille Day celebration at EHP Resort & Marina in East Hampton . . . THAT Barney Greengrass' **Gary Greengrass** was talking Knicks with "New York Taxi King" **Andrew Murstein** of Medallion Financial at the iconic shop's pop-up at Babe's in Sag Harbor . . . THAT **Derek Jeter**, **Bruce Blakeman** and **Rich the Kid** all dined at 75 Main in Southampton.

Ryan's call-up

BLAKE Lively's girls day got a little cameo from **Ryan Reynolds**. The actress (above) was seen FaceTiming her soccer-loving husband from the pitch-side lounge at MetLife Stadium while watching the World Cup final on Sunday, a spy tells Page Six. Our insider says that the actress also chatted with musician **Sam Smith** "very briefly." The "Gossip Girl" star attended the match with a few of her non-famous girlfriends, posting a selfie with Stoney Clover Lane founders **Kendall** and **Libby Glazer** and Lively's longtime friend **Emma Gray**. The outing comes after Lively was noticeably absent from former bestie **Taylor Swift**'s wedding at Madison Square Garden earlier this month.

Art deal was 'smudged'

IT'S an heir raid! A real estate dynasty and a Pennsylvania supermarket dynasty are at war over a $5 million painting. The children of Robert F. Weis, the late Weis Markets chairman, sold an abstract Pierre Soulages in November at Christie's. But the Zeckendorf family — developers who once owned the Chrysler Building and are still behind some of the city's most ambitious real estate projects — claims in a lawsuit that "Peinture 161 x 200 cm, 14 Novembre 1958" was stolen from them around 1977. Now they want a cut of the profits from last year's auction. In a complaint filed July 13 in New York Supreme Court against the Weis family, the plaintiffs allege family matriarch Marion Zeckendorf bought the painting in 1959 from Kootz Gallery. They say it was stolen after her death and that they reported it missing with the Art Loss Register. The lawsuit alleges the Weis family's ownership claim relies on a questionable 1984 gallery invoice with multiple inconsistencies. Christie's said it "was aware of and resolved this issue ahead of the sale." The Weis family's attorney declined to comment.

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Feb 11, 2026

Page Six Hollywood

By Ian Mohr

Welcome to Page Six Hollywood...

In today's newsletter, we have a mix of news that only P6H can provide!

Writer at Large **Tatiana Siegel** looks at the controversy surrounding **Casey Wasserman** after another recording artist exited his agency on Tuesday in the wake of the bombshell Epstein data dump, as well as his alleged feud with WME superagent **Ari Emanuel.**

We deployed Senior Columnist **Peter Kiefer** on a

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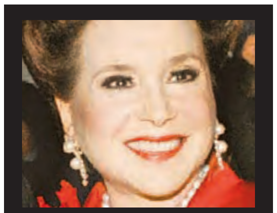
Show must go on, Four who?



Cindy Adams

SPRINGTIME got sprung this spring for **Frankie Valli**.

You remember Frankie Valli, right? From back in the aulde days?

Well, lest you don't, here I trudge to remind you.

He was on a farewell tour at 92. A Four Seasons bye-bye — a give my regards to Broadway and anyone else you might think of for a friendly ta-ta from a big name who's seen it all, done it all, headlined it all. He was now kissing sayonara to it all.

Then, in May, he suddenly abruptly canceled the tour. Midway. It was the whole remaining part of his Four Seasons farewell tour. Ask why since he's a pro, loved the limelight and wouldn't have signed on had he thought he couldn't cut it. But suddenly — no planning the situation — he had to walk away and you're told: "It's to focus on his health." Didn't smell right. He loved performing. Loved the spotlight. Loved the attention. The hasty explanation had a **Biden**'s bathroom aroma.

Smartasses say he just doesn't want to keep performing. Not so sure. So I know that's not it. The guy loved the limelight, but his current wife — who is his No. 4 wife — wants him to keep doing it. His managers had a meeting in June regarding the possibility of his lip-syncing. They know fans may clue in to that shtick. They worry that the tour may end up looking like elder abuse on the stage.

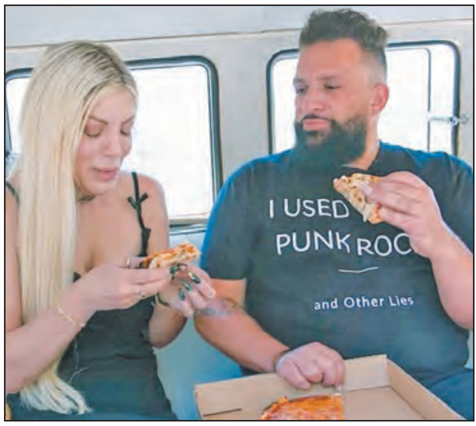
His team is sitting on pins, needles, even safety pins to determine if they'll put him back on stage.

For the beloved crooner, this all spells "treble."

Packed with cheesy moments

FOOD FIGHT! **Ray Romano** likes his with Romano cheese. So who cares, right? New doc "The Best Pizza Is in LA" might start a bicoastal food fight. Somebody's molar went public to burble that the best pies aren't here in New York or Chicago. Avast! Begone! Fie on him! Up his whatever! Good luck with that announcement on Prince Street. **Tori Spelling** agrees but, like, also who cares about her cheesy statement. This film takes some crust.

The thing's coming on demand July 28. Order it with extra pepperoni. Also — send me a slice.



Freestyle Digital Media

Tori Spelling chats about pies with filmmaker **Pete Ferriero** for "The Best Pizza Is in LA."

Looking for a few good men

WHAT happened to those big-time, old-time, long ago leading men? The movie stars of aulde. When cinema gents came off looking tall, gorgeous, tough. Rippled muscles in all the needed parts. I mean, que pasa?

Guys like Robert Taylor, Clark Gable, Tyrone Power, Gary Cooper, Cary Grant, Sean Connery, **Clint Eastwood**, Paul Newman, John Wayne, Steve McQueen, Robert Redford, Henry Fonda, James Dean, Anthony Quinn, Sidney Poitier, Burt Lancaster, **Jack Nicholson**, Jimmy Stewart, William Holden, Frank Sinatra, Humphrey Bogart.

Isn't The Big Guy upstairs making them like he used to? They're now stabbing, choking, shooting, hanging, perspiring on cue. Wearing stupid loincloths. Running around even on top of a train, like nice **Tom Cruise** whom you already know is not going to fall off that stupid BMT. His sneakers were probably glued to the dining car. It's all newbies like nice pleasant attractive **Timothée Chalamet** — but, respectfully — who cares.

I know our Creator is busy. He's up to His assets in DC and right now that comes before LA. I understand that. Even today's lettuce — like our politicians — is not as good.

OK. The new biggies are who? **Glen Powell**? **Tom Holland**? **Paul Mescal**? My elevator man? Who??

AND let us remember — and never forget — the undying forever immortal words of Julius Caesar, who said with his last breath: "Never slap a guy in the face when he's chewing tobacco."

Only in New York, kids — or Rome — only in New York or Rome.

Brooks is ‘Ultra’ hot for soccer

“Love Thy Nader” star Brooks Nader hosted a Michelob Ultra event tied to the FIFA World Cup Final over the weekend and scored big with this outfit of a super-short miniskirt and a tiny crop top that had the brand logo and showed her toned midriff.

ZUMAPRESS.com

Faking it rampant at work

These 9-to-5 phonies are just phoning it in.

Gen Z worker bees are only pretending to get the job done, buzzing around the office with paperwork to look busy and click-clacking on their keyboards to feign fastidiousness. This, according to stinging new data on the laziness of laborers.

“Sixty-six percent of employees and 73% of managers admit to faking productivity at work,” study authors for Software Finder, an expert discovery platform, revealed.

“The average worker burns five hours a week maintaining the appearance of productivity — that’s 32.5 days or nearly seven workweeks a year,” wrote the insiders, who found that 80% of Gen Zers, jobholders under age 28, are guilty of committing the shift sham.

The most egregious offenders, according to the study, are the breadwinning finance bros (and gals), with 85% of workers admitting to faking productivity.

But the charade isn’t solely due to generational shiftlessness.

Instead, it’s a pretense rooted in burnout, exhaustion and intense micromanagement from executives who value “visibility over results,” per the findings.

Researchers surveyed 1,003 full-time US professionals, including remote, hybrid and in-office workers. *Asia Grace*

JOE FOR IT, JAVA LOVERS!

Coffee benefits touted

By RACHEL SACKS

Pour another cup? Science says yes.

From reshaping gut bacteria to keeping you young, your morning cup of joe provides a lot when it comes to health.

And good news for java junkies: There can even be benefits for the heart — but only if you drink the right amount.

While the jury’s out on how many cups a day is too many, the FDA recommends up to 400 milligrams of caffeine per day — about two or three 12-ounce cups of coffee.

And the latest research agrees, showing that five 8-ounce coffees a day are not only safe to consume but could also lower the risk of cardiovascular conditions.

Drinking three to five cups a day of black coffee was linked to a lower risk of type 2 diabetes, heart disease, stroke, heart failure and some irregular heart rhythms.

But drink any more than that upper limit — like the amount found in energy drinks — and you could be heading into risky territory. Just one energy drink shot contains 40 to 69 milligrams of caffeine.

Higher caffeine intake can increase the risk of high blood pressure and irregular heart rhythm.

More coffee, though, generally seems to have the most positive effects, provided it’s within the daily caffeine limits.

Mixed results

While drinking one to three cups was associated with an increased risk of high blood pressure, drinking more than three a day could reduce the risk.

Caffeinated coffee can also reduce insulin sensitivity, as previous research suggests, albeit in the short term. However, the research is unclear if this benefit is due to compounds in coffee other than caffeine.

You may not reap as many of the benefits if you like your coffee sweetened, as adding milk, sweeteners or flavored syrups may reduce potential health effects.

The effects of coffee on cholesterol also depend on the type that’s brewing.

Cafestol, a component in caffeinated and decaffeinated coffees like espresso, French press and Turkish coffee, was linked to higher levels of low-density lipoprotein, also known as “bad” cholesterol.

Different factors

And if your morning cup (or three) makes it feel like your heart is beating faster, you’re not imagining it, as high amounts of caffeinated coffee can be traced to abnormal heart rhythms in those with low cardiovascular disease risk.

“Although research suggests that caffeine consumption may be associated with certain cardiovascular benefits for some people, it’s important to remember that there is no ‘one-size-fits-all’ strategy for safe caffeine consumption,” chair of the scientific statement volunteer writing group Gregory M. Marcus said in a press release.

A variety of factors can affect how people respond to coffee, including age, genetics, health conditions, medications and how their bodies metabolize it.

“What may be a reasonable amount for one person could cause unwanted effects, such as heart palpitations, anxiety or sleep disruption, in another,” Marcus added.

Researchers say more studies are needed to better understand how different sources of caffeine affect heart health.

“There have been fewer studies focused on tea vs. coffee; however tea has been associated with reduced risks of atrial fibrillation, heart failure and stroke, similar to caffeinated coffee,” the scientific statement said.

Other caffeinated products, however, may not have the same effects.

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Meta ‘kid-sex perv confess’

By BRANDON CRUZ

Predator Poachers Long Island

CUFF LUCK: Josh Felker is busted Wednesday after he was confronted by a sex-predator vigilante group.

A Manhattan engineer who said he created “digital experiences for kids” at social-media giant Meta was busted last week after he admitted to trying to sext who he thought was a 13-year-old during an undercover sting, authorities said.

Josh Felker, 44, who’s now on leave for the Facebook parent company, admitted Wednesday he had been grooming and sexting a “teen” during a sting by Predator Poachers Long Island, a vigilante group, the group said.

“Even though inappropriate things had already gone on, I just almost wish I could be her dad,” Felker, who is married and has a small child, told a member of the group posing as his would-be victim’s grandmother on the phone, in video released Monday.

Sick remarks

Felker — who listed his job on a now-deleted LinkedIn account as an engineering manager who built “digital experiences for kids” — reached out to the group’s “decoy account” in May and has been messaging them regularly since, the group said.

It didn’t take long before Felker allegedly started making a slew of sick remarks — including trying to teach the girl how to masturbate — while sending multiple photos and videos of himself doing the same and even trying to set up days to meet her in person, Mike Villani, one of the predator catchers, told The Post.

Tried to flee

The group surprised Felker outside of his Murray Hill apartment, and he initially tried to flee before eventually agreeing to sit down at a nearby location to talk, as his mother-in-law was inside, and he didn’t want her to overhear that he was cheating on his wife by grooming who he thought was a minor, the video shows.

In the footage, when confronted with his chat logs, Felker admitted it was him messaging, and it is not the first time he tried to groom a minor.

“I did this once before with another girl who is underaged,” he said, strangely likening the teens to “any port in a storm.”

The group’s encounter with Felker ended with police arresting him. He is charged with disseminating indecent material to minors and endangering the welfare of a child.

He pleaded not guilty at his arraignment Thursday.

bcruz@nypost.com

Logger is likely Platner sub

Former logger and one-time Maine Senate President Troy Jackson is on course to replace accused rapist Graham Platner as the state’s Democratic Senate nominee following a series of party caucuses over the weekend.

As results from the Pine Tree State’s 16 counties showed Jackson running away with the committed delegate count, would-be contenders Nirav Shah, former head of the state’s Center for Disease Control and Prevention; state Secretary of State Shenna Bellows; Maine Beer Co. founder Dan Kleban; and ex-congressional hopeful Jordan Wood dropped out one by one.

Jackson’s nomination will be made official at a statewide convention Saturday in Bangor.

According to the Bangor Daily News, Jackson, 58, secured at least 456 of the 500 delegates awarded following the meetings. The convention will consist of approximately 600 delegates, giving Jackson an overwhelming lead.

Jackson, who had been the favorite before the caucuses, will face Republican incumbent Susan Collins, who will be seeking a sixth term and has a history of performing better in elections than in polls.

Ryan King

Defense gear for AF One

President Trump confirmed late Sunday that the Qatar-donated jet serving as Air Force One will be taken out of service to boost its anti-missile defenses.

"You know it has a lot of capability, but . . . in about a month or so, they're going to send it to have it be maxed out," Trump told reporters at Joint Base Andrews.

White House press secretary Karoline Leavitt added Monday, "The new Air Force One . . . will receive additional upgrades and enhancements in the fall which will take approximately one month to complete. During that time, the president will fly on the old Air Force One."

Earlier this month, Trump flew the new plane to the NATO summit in Turkey, but used an earlier model to travel home.

Trump announced July 8 that he would take the older plane to RAF Mildenhall in England from the summit, ostensibly so that American forces stationed at the UK base could tour the luxurious new aircraft.

However, speculation quickly swirled that security concerns caused by the war with Iran were the true reason for the switch.

Samuel Chamberlain

Graham sis for full term

WASHINGTON — Late Sen. Lindsey Graham's sister, Darline Graham Nordone, announced that she intends to run for a full six-year term in the Senate.

Nordone (R-SC), who was sworn in as an interim senator last week, reflected on President Trump's public encouragement for her to run and on the legacy of her brother, who died suddenly at age 71.

"I've been praying a lot, talking to my family," she told Fox News' Sean Hannity. "I know I'm a hard worker.

"I feel like I can do it. I feel an inner peace about it. I've made a decision," she concluded. "I'm in." *Ryan King*

Vice President JD Vance and second lady Usha (right) welcomed their fourth child Sunday. The baby boy, Alec Neel Vance, was greeted by two of his siblings in a photo posted on Truth Social by President Trump.

@realDonaldTrump/TruthSocial

Getty Images

They're veeping it in the family

MORE MAPLE GRIEF

Don hits Canada with additional tariffs

By EMILY GOODIN

WASHINGTON — President Trump slapped a mammoth 50% tariff on certain Canadian goods — a move meant to combat what the administration described as the country's "continuous discrimination" on American products.

The new tax will apply to a range of imports, including wine, hockey sticks and cement, and goes into effect in 30 days, but the administration indicated in a Monday briefing call that it was open for negotiations on the matter.

"Canada has retained substantial retaliation against the United States," a senior administration official told reporters on a Monday call.

"These are defensive measures by the United States taken to remedy discriminatory actions by Canada," the official said, vowing the administration would hold America's northern neighbor "accountable."

There will be exemptions for energy and essential goods like fish and critical minerals.

"This is not a trade war with Canada," the official insisted, adding the president was trying to right the trade imbalance between the two nations.

Didn't mention it

The new tax will come as a shock to Canadian Prime Minister Mark Carney — Trump didn't mention the forthcoming tariffs when the two men chatted during Sunday's World Cup final.

"Although the president and the prime minister met and they had a one-on-one, it was not a visit to talk about trade and tariffs from our perspective," the official said.

There may be more to come, the Trump administration warned.

Trump has vowed to hold Canada accountable for the wildfire smoke that polluted air across the northeast US and down the eastern coast for several days last week.

"Maybe they should pay us some damages or something, or we should do some tariffs," Trump told reporters on Sunday.

The president is still examining his options there.

"These are not the so-called wildfire tariffs. The president has asked for options on that, and options are being shared with him," the official said.

The US goods trade deficit with Canada was $46.4 billion in 2025, according to the Office of the US Trade Representative.

51st state

Trump has long seen Canada as a bete noir and publicly mused about making it America's 51st state. He had an antagonistic relationship with former Prime Minister Justin Trudeau.

He and Carney have a cordial but tense relationship even though they had a friendly conversation at Sunday's soccer match.

"We have reached agreement with many of our trading partners," the US official noted. "We, of course, hope to be able to do the same with Canada and other trading partners, but at the same time, we will not tolerate discrimination against US goods."

The two nations have been involved in a trade tit-for-tat.

Currently, US tariffs on Canadian goods include a 25% tariff on steel and aluminum, a 35% tariff on softwood lumber, a 10% tariff on certain energy products, a 12.5% tariff related to forced labor prohibitions, and a 25% tariff on cars not built in the US.

In response to those tariffs, Canada imposed a 25% tariff on fully assembled motor vehicles imported from the United States and on alcohol products. On dairy, Canada only imposes a tariff when American imports pass a certain threshold.

Gang's murder raps

Includes slay of hip-hop vid star

TRAGIC: Six members of Bad Boys 7, a faction of the Trinitarios street and prison gang, were charged in the killing of influencer Ariela La Langosta (left) — real name Ariela Mejia-Polacno — who once starred in Tekashi 6ix9ine's "Wapae" music video.

Instagram/@ariiela.lalangosta

By KYLE SCHNITZER

Nearly a dozen members of the gruesome Trinitarios street gang were indicted Monday for five murders — including the killing of a Big Apple influencer who starred in a Tekashi 6ix9ine music video, the feds announced.

Eleven gang members from Bad Boys 7, a faction of the Trinitarios street and prison gang also known as BB7, were hit with numerous charges connected to a spate of violent crimes in The Bronx, New Jersey and the Hudson Valley.

Federal prosecutors unsealed a 15-count indictment charging the suspects with murder, assault, robbery, carjacking, narcotics trafficking and wire fraud between September 2023 and September 2025 — including the gunpoint robbery of an international record artist.

"As alleged, the BB7 Trinitarios, operating from their historical headquarters in the Bronx, terrorized communities in New York City, Westchester, and northern New Jersey, night after night," US Attorney Jay Clayton said in a statement.

The bust charges six alleged BB7 members — Justin Martha, Michael Mercedes Marte, Jose Peralta Gomez, Manuel Abad Rivas, Wilfren Carbuccia and Jeilin Portes Guaba — with the August 2025 slaying of 32-year-old social-media star Ariela La Langosta.

She was shot multiple times and found dead in her car on the Cross County Parkway in Mount Vernon.

La Langosta, real name Ariela Mejia-Polanco, had starred in rapper Tekashi 6ix9ine's "Wapae" music video and boasted over half a million followers on Instagram, where she regularly shared fashion and modeling content.

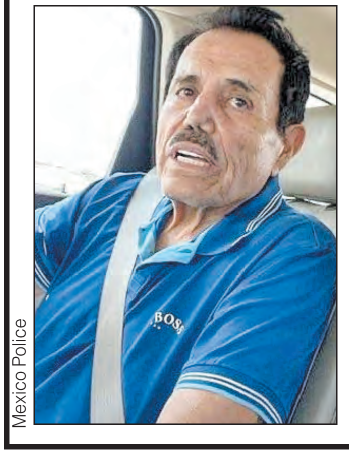
She was gunned down after the sextet tried to carjack her black Mercedes-Benz G 63 AMG SUV, federal prosecutors said.

Darwin Martinez, an alleged member of the gang known as "Mole," was separately charged with the July 2025 murders of Gabriel Alvarez and Adam Waldropt at a Bronx car meet.

The other killings occurred in the Bronx and in Newark and Paterson, the feds said.

Some of the Trinitarios members were also charged with the June 2025 gunpoint robbery of prominent Dominican musician Bulin 47.

Cartel kingpin's mea culpa



Mexico Police

Mexican drug lord "El Mayo" — who co-founded the notorious Sinaloa cartel with "El Chapo" — apologized for his reign of brutal violence Monday before being handed a life sentence in a New York federal courtroom.

Judge Brian Cogan also ordered the infamous gangster, 76 — real name Ismael Zambada Garcia — to forfeit a whopping $15 billion.

"I am here to say I'm sorry for the harm I caused, and the example I set," the elderly kingpin said before learning his fate in Brooklyn federal court. "I accept my punishment. I am not here to ask for compassion."

But the feds admitted in court that they have yet to recover any of the ruthless narco boss' ill-gotten gains.

Zambada (left) pleaded guilty last August to helping run the cartel from 1989 until his July 24, 2024, arrest — after prosecutors said Joaquín "El Chapo" Guzmán's son, Joaquin Guzmán López, duped him into boarding a plane rerouted to Texas.

His guilty plea to engaging in a continuing criminal enterprise and racketeering conspiracy mandated a life sentence — which Cogan said he would have imposed anyway if given the choice.

Ben Kochman

Piker's Mao suit at talk

Far-left political influencer Hasan Piker sparked heated backlash over the weekend after addressing a group of college students wearing an outfit resembling the wardrobe of former Communist dictator Mao Zedong.

"No more to Trumpism, but no more to the Democrats who compromise, who conciliate, and who betray us," Piker said to applause at the 2026 College Democrats of America summer convention in a clip that was widely shared on social media, including by the account DSA Watch, which called the appearance a "Hitler-style speech" and was viewed over a million times.

Piker continued, "No more to the fascist reactionaries, but no more to the Democrats who will collaborate and cooperate with the fascists, who will fund ICE, who will fund Israel, who will help poison the planet, who will stiff workers and help bosses."

The appearance, and specifically the Mao-style suit, generated outrage on social media.

"Hasan Piker dressed as Mao, brainwashing your kids at college," former Los Angeles mayoral candidate and reality TV star Spencer Pratt posted on X. "They're communists. This was always communism." *Fox News*

'Dead' reef comes alive

A coral reef long presumed dead has been rediscovered "teeming with life" off the coast of West Africa.

Researchers used sonar and underwater drones to find the thriving ecosystem deep below the surface of the Gulf of Guinea.

Surveys conducted in the 1960s, focused on identifying promising fishing areas, flagged a possible deep-water coral reef.

But scientists at the time assumed it must be dead.

The discovery was described in the journal Frontiers in Marine Science.

The research team hasn't been able to sample the corals directly. *SWNS*

JONATHAN STRAHS
Times Square arson rap.

'Knicks' school bus fire arrest

A firebug was arrested for allegedly setting a school bus ablaze while Knicks fans flooded Times Square to celebrate the hometown team's NBA championship victory last month, according to authorities.

Jonathan Strahs, 30, was cuffed at his Bushwick, Brooklyn, residence Monday morning for allegedly torching the charter bus on West 42nd Street on June 14 after the Knicks clinched their first title in 53 years, according to the FDNY.

Strahs allegedly entered the charter bus — which was contracted to shuttle World Cup attendees between the Port Authority Bus Terminal and MetLife Stadium — around 2:47 a.m., fire officials said.

Surveillance footage captured an inferno engulfing the vehicle after Strahs exited, authorities alleged.

The blaze spread throughout the interior and into a nearby vehicle before fire companies responded and quickly extinguished the flames.

The FDNY Fire Marshals conducted an investigation that revealed the fire was intentionally set, and coordinated with the NYPD's Arson and Explosion Detectives and ATF Special Agents to identify Strahs as a suspect.

Strahs has been charged with one count of federal arson for setting the fire, cops said.

The alleged aronsist appeared disheveled with long dark hair and a beard and pouted in a mug shot released by authorities.

Zoe Hussain

3D-printed custom sneakers stir soles

IF THE SHOE FITS, IT'S AI

STRIDE RIGHT: Fitasy has introduced footwear that is custom tailored to each individual foot using AI technology and 3D printing. Our reporter found them comfortable, durable and easy to clean — thanks to their unusual fabric-free web-like design (below).

NY Post: Tamara Beckwith

By McKENZIE BEARD

There's a revolution afoot.

A new wave of footwear companies is using artificial intelligence and 3D printing to create shoes tailored to each customer's unique foot shape, promising a level of comfort, support and performance that traditional mass-produced sneakers can't match.

"By printing a shoe around your exact foot morphology, you are actively addressing the constant, daily micro-stress that ill-fitting shoes can put on your joints," said Yujun Wang, CEO and cofounder of Fitasy, which sells precision-fit footwear starting at $260.

"For anyone in the wellness community, it's an opportunity to bag those small wins in their daily lives."

Yeezy-looking

Launched earlier this year, Fitasy's Stride 2.0 sneakers look like the love child of nurses' shoes and Yeezy foam runners.

To order a pair, I downloaded the company's app, got barefoot and scanned my feet with my iPhone camera, rotating through several angles as the software mapped their contours. Within minutes, Fitasy's AI had created a digital model that captured my exact measurements.

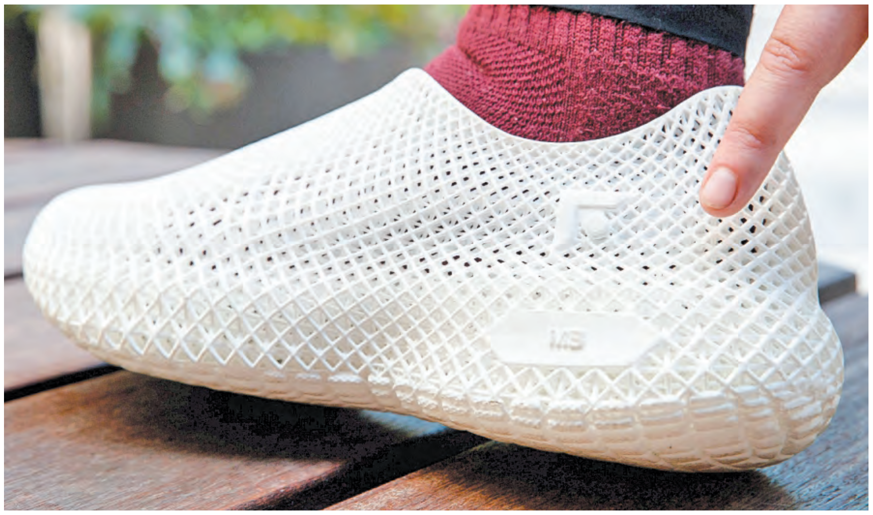
Tailoring each shoe to the individual foot is important, Wang said, because very few people have perfectly matching left and right feet.

"Some of us may not notice it, but many of us — like me — will feel that difference the second I put shoes on," he said.

The consequences can extend beyond everyday discomfort.

"Shoes that don't fit correctly may cause a variety of problems, such as tendonitis, blisters, ankle swelling and knee, hip and lower-back pain," explained Dr. Rock Positano, a podiatrist and co-founder of the Non-Surgical Foot and Ankle Center at the Hospital for Special Surgery.

About a month after completing my scan, my shoes arrived, and I wore the Stride 2.0s straight out of the box to a three-day biohacking conference, where I logged more than 20,000 steps each day.



To my surprise, I made it through the event without a single blister, and my feet felt noticeably less sore than they typically do after a full day of walking.

With some new shoes, I'm constantly aware of pressure points or places where the material rubs or pinches. With Fitasy's, though, I mostly forgot I was wearing a pair of experimental sneakers — until someone inevitably asked me what they were.

Their unusual lattice structure certainly caught my attention when I opened the box. Unlike traditional sneakers made with layers of foam and fabric, the open design allows air to move freely around your feet.

Over the past three months, I've put my sneaks through nearly every test I could think of: sprinting to catch the subway, logging miles on the treadmill, standing through long concerts and even splashing through streams on hikes without socks.

The shoes have also held up remarkably well, showing barely any signs of wear. And because they're made without fabric, they're surprisingly easy to clean, a welcome change from the pricey white sneakers I've bought in the past that quickly became magnets for dirt and stains.

The biggest adjustment was aesthetic. The Stride 2.0s have a futuristic look that turns heads, but they're not quite the type of sneaker I'd reach for when putting together a more polished outfit or street-style look.

Whether AI-designed shoes become the next big thing or remain a niche option remains to be seen. But after months of wearing mine, it was hard not to question the idea that millions of people should all be squeezing into the same standardized shapes.

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BOBBY PULIDO
Sent explicit messages.

Tex pol's raunchy posts

Democratic Texas congressional candidate Bobby Pulido asked women on social media to send him explicit pictures and riffed about pornography, a Post review has found.

Pulido, 55, a Latin Grammy winner who once portrayed a public masturbator in a raunchy music video, is running against Rep. Monica De La Cruz (R-Texas) in Texas' 15th Congressional District.

"I want a photo of your t-t signed by @grupo_pesado," Pulido wrote in response to a since-deleted post on Twitter (now X) in 2014, referencing a Mexico-based band with whom he has collaborated in the past.

In response to inquiries from The Post about his recently unearthed social media comments, Pulido in a video message to his fans called questions about his past remarks "recycled tabloid nonsense."

"Some of these old tweets, they went too far, that's my bad, and I've apologized," he added. *Ryan King*

Funeral for Miss. teen

Tragic Mississippi teen Nolan Wells was laid to rest in a closed casket Monday at a packed hometown funeral.

Wells' mother openly wept as she made her way into Center Pointe Church in Ocean Springs, Miss. — fewer than two weeks after her 18-year-old college-athlete son mysteriously died on a July 4 boating trip with friends.

"I ask that each of you keep Nolan's memory alive," Christine Wonsley said at the ceremony. *Alex Diaz and Patrick Reilly*

Left's politics makes 'em mentally health ill

'SHRINKING' PROSPECTS

RIKKI SCHLOTT

HEAD CASE STUDY: New research found that more left-leaning and younger Americans are far more likely than conservative and older individuals to see normal struggles as mental health symptoms.

fizkes - stock.adobe.com

YOUNG progressives are more likely to consider normal day-to-day struggles — like difficulty sleeping and feeling blue — as mental health problems, per a new analysis.

Is it any wonder, given the left-leaning ideology that convinces Americans that the system is simply stacked against them?

Data from the US General Social Survey, analyzed by the Financial Times, revealed that younger and more progressive people were more likely to believe that everything from feeling worried, trouble sleeping and feeling a little sad were symptomatic of a disorder.

Asked if a theoretical person with those symptoms was experiencing mental illness, 6 in 10 liberals said yes, compared with less than 3 in 10 conservatives. And more than half of those under 40 agreed, compared with just 1 in 3 over 50.

It's part of a broader trend on the left of pathologizing everything and blaming larger forces — like mental health or capitalism — for normal difficulties that are simply part of daily life.

This mindset permeates the left's messaging, which has long been about what Americans can't do: You can't get ahead; the system is stacked against you; everything is out of reach.

Disempowering

Bernie Sanders was an early adopter of this vocabulary, telling his followers that the economy is "rigged" against them. They can't do anything about that, the implication goes, except — of course! — vote for politicians to fix the problem.

It's the most disempowering message imaginable, delivered straight to citizens in the freest and most prosperous nation in the world.

The Democratic Socialists of America — with Zohran Mamdani as their figurehead — have taken this messaging to the next level. Boomers have screwed you over, Big Tech is going to destroy your life, the whole economy is under the control of a couple billionaires that hate you.

"Capitalism is a system designed by the owning class to exploit the rest of us for their own profit," the group's website claims. The DSA is teaching some of the most privileged young people in human history that the road ahead of them is an eternal uphill battle.

Here in New York City, the local DSA has connected the dots even more explicitly. In a 2023 town hall, the group tackled the important questions of our age, like "Does capitalism upset our mental equilibrium?"

"As socialists, we want to develop an anti-capitalist vision for mental health," the DSA wrote in a description of the Town Hall posted to YouTube, implying that ridding Americans of the capitalist system is the key to improving their mental well-being.

This politics of suffering and victimization pairs perfectly with a population eager to identify with their struggles rather than their strengths. In recent years, claiming mental illness has become chic in progressive spaces, conferring socially valuable oppression points in the battle to prove who is most downtrodden.

In fact, a study this year analyzing survey data from 2022 found that mental illness itself is increasingly a part of political identity among younger and more liberal Americans. Considering mental health a political identity was also associated with believing one faced societal unfairness and wanting greater government spending.

Identity of suffering

This all makes one wonder whether our epidemic of anxiety and depression may be exacerbated by leftist political messaging, which actively seeks to disempower individuals and make them dependent on political saviors to come in and defend them against the big, bad system.

Perhaps it's not a coincidence that those on the left are far more likely to have sought professional help for mental health reasons. According to the same General Social Survey, progressives were more than twice as likely as conservatives to have gone to a doctor or psychologist for mental health issues in the past year.

All of this makes the gap between conservative and liberal mental health start to make more sense. Their political differences aren't just a matter of superficial policy. For many on the left, their politics are intertwined with a deep identification with suffering and lack of agency.

The DSA will continue to pepper millennials and Zoomers with a doomerist view of their own life prospects. Sure, it may be politically expedient — but it also risks further disempowering their supporters and sending their mental health into even darker places.

LETHAL: An average of three people per year have died in the Ironman triathlon since 2001, including Mara Flavia Araujo (below) in April.

RACE TO A GRAVE

Dozens of deaths in Ironman — yet triathletes line up

By MICHAEL KAPLAN

It took 45 minutes of resuscitation to get Mark Allen's heart going and save his life.

The then-50-year-old was swimming in the open-water portion of a half-Ironman competition in Georgia, when he went into cardiac arrest.

"I have no memory of what happened," the Newark, Del., financial supervisor told The Post of the 2014 incident. "I had to hear about it from other people."

And yet, Allen said, he regrets nothing.

"I don't look back at it like I shouldn't have done it," he said.

"I would do it all over again."

It's that kind of extreme mindset that powers competitors in what is widely regarded as the world's most challenging race, 140.6-mile-long combination of swimming (2.4 miles), biking (112 miles) and running (26.2 miles) that can last 10 to 17 hours.

The Ironman triathlon is also perhaps the world's most deadly race. Since 2001, at least 85 athletes — an average of more than three a year — have perished while taking part in it.

At one single race in Wisconsin in 2019, two men died during the swimming portion.

'Superhuman feats'

Already this year, there have been two fatalities.

On July 12, during an Ironman in Spain, a British man had a fatal heart attack during the swimming leg of the race. On April 18, Brazilian influencer Mara Flávia Souza Araújo, 38, lost her life during the same segment in The Woodlands, Texas.

But that doesn't stop the weekend warriors addicted to the thrill of the race.

"If you want to do a sport where you're staying in your limits, you shouldn't be doing Ironman," said competitor Jamie Metzl, an author in New York City. "That's the essence of what Ironman is. The reason why people compete in Ironman is so they can show to themselves that they're capable of superhuman feats."

He possessed the mentality and physical drive required to be an Ironman participant.

"They are often type-A personalities," Melissa Mantak, who founded The Empowered Athlete in Colorado and trains people for Ironman races, told The Post. "They're people who can take on true challenges and have a stick-with-it attitude. They're not going to give up."

So much so that, when the June 28 Ironman in France was canceled due to extreme heat, some competitors refused to take no for an answer. One, a 42-year-old man, was killed while biking when he collided with a motorcycle on a portion of the road that would have been restricted to traffic during an actual race.

"We train all year for this. Between the entry fee, transporting our bikes and the hotel, we spent a lot of money," another rogue competitor on the unofficial course told Triathlon magazine. "We're here anyway, so we might as well make the most of it."

The highest number of Ironman deaths, though, happen during the swimming portion.

"Two-thirds of the [fatal] events happen during the swim," said Dr. Kevin Harris, a cardiologist with Minneapolis Institute Heart Foundation who conducted the study on triathlete deaths during ultramarathons, including the Ironman.

He told The Post that it's likely due to "water temperature, [which is] going to be a shock, the adverse environment, big waves. Marine life has even been speculated."

Fatal 'flaws'

Ironman has made efforts to increase swimming safety by having competitors start in small groups rather than all at once and by providing lifeguards in water vessels alongside swimmers. According to Mantuk, there are even divers underwater, watching out for swimmers who might be in trouble.

Tremblay, whose husband Jean Francois Alain died while open-water swimming in a Galveston, Texas, race in 2025, is suing the Ironman organization, among others, alleging negligence and wrongful death. She is seeking in excess of $1 million.

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In an amended complaint filed May 22, Tremblay claims that Alain was "having struggles in the water" and that "underage, rookie" lifeguards did not do enough to keep him safe — saying that "spotting swimmers in distress in this race structure requires extensive training. Defendants failed to so train."

The very first Ironman race, held in Hawaii in 1978, was the brainchild of John and Judy Collins, endurance sports competitors themselves who simply wanted to find the toughest athlete in their realm (hence, combining the three challenges). It attracted 15 participants.

Last year, at races around the world most every weekend, the number went up to 250,000 participants (around 5% do not finish).

Mantuk acknowledged that, for some middle-aged racers — of the 85 deaths, 57 were 40 or older — there is the attraction of challenging mortality and proving what they are still capable of.

"For whatever reason, people don't feel as fulfilled in their lives as they might want to," Mantuk said. "There are the endorphins. People feel good when they train. They are often searching for something in their lives when they do a triathlon."

And while Allen has no regrets, he says his girlfriend is 100% against him competing again: "She's, like, there's absolutely no way. You have to be crazy. It takes an insane mentality."

Metzl admits, "Some people say that those of us who do Ironmans are nuts. And maybe they're right — but there are a lot of positives that come from it. There is risk in everything. Getting out into the world comes with risk."

Getty Images

Achilles Heel

Why Mamdani fudges NYPD crime statistics

RAFAEL A. MANGUAL

Andrew Schwartz / SplashNews.com

What, me worry?: Mamdani shrugged off rising rates of rape and assault.

ZOHRAN Mamdani has a slew of political assets, including a winning smile, a slick way with social media and a positive approval rating. But he seems to understand that public safety is his kryptonite.

His campaign-trail disavowal of his past anti-cop agitation and his decision to retain NYPD Commissioner Jessica Tisch are obvious examples of this reality. No wonder he's working so hard to sell the idea that New York City is safer than ever. But is it really?

Last week, Mamdani pushed back hard against PIX 11 News reporter Dan Mannarino's question on city crime statistics. City Council Speaker Julie Menin, Mannarino pointed out, "said that rape and felony assaults are concerning to her . . . the NYPD is touting low numbers, but she's looking at different numbers."

Mamdani waved away Menin's worry. "Well, I believe the NYPD," he said. "What we're seeing are some of the lowest numbers that New York City has seen in recorded history, especially when it comes to murders and shootings."

Especially when it comes to murders and shootings, Mr. Mayor? No: Murders and shootings are the *only* major crime categories near their historic lows.

It was a slick answer, but deliberately misleading. Shootings and homicides are indeed on track to beat their modern historical lows — an incredible feat, considering the multi-year spike in both measures through 2021. Thanks no doubt to the NYPD's hard work, the most socially costly components of the city's public safety challenges are under control.

But it's simply wrong to suggest that crime *in general* is anywhere near all-time lows. Through July 12, the city has reported just a hair under 59,000 "major crimes" — including murder, rape, robbery, burglary, felony assault, grand larceny and auto theft.

That number is 24% higher than the 47,438 major crimes reported through the same date in 2019 — a year in which New Yorkers were spending *more time* on the streets and in the subways than they do in this post-pandemic work-from-home era.

The difference in the number of felony assaults was even greater, at 46.5% (15,824 so far this year, compared to 10,799 through the same date in 2019). That's what has Menin so concerned — and what Mamdani was eager to blow off.

Worse, though, was his response to Menin's distress about a recent rise in reported rapes. According to the latest NYPD data, rapes are up 6.6% compared to the same time last year.

No worries, the mayor assured us: "What I think is important to know is a lot of the increase in rape also comes from an expanded definition of what counts as rape." He was referring to a January 2024 state law that expanded the legal definition of rape to include multiple kinds of non-consensual sexual misconduct — but that 2024 change does not explain why the city is seeing a *year-to-date* increase.

His tone-deaf response drew criticism from across the political spectrum: City Council Democrat Susan Zhuang condemned it as a "deflection," while Republican Bruce Blakeman said Mamdani "owes rape victims an apology, not an excuse." The mayor's efforts to paint a rosier picture than the crime numbers justify suggests he knows full well that his public-safety narrative is crucial for his political health.

And his allies on the far left know it, too. That's why they're working hard to play up the crime declines.

"Since electing a socialist ... NYC crime rate is down," socialist state Sen. Jabari Brisport gloated on X. "Conservatives . . . get wrecked."

Ironically, those allies are celebrating the byproduct of a stronger and more active NYPD — which added 4,000 new cops to the force last year, and has recently drawn the ire of both the NYCLU and the Legal Aid Society for doing *too much* enforcement. It's no coincidence that major crime is trending downward while the mayor has avoided taking action on his police-related campaign promises.

The NYPD is still fielding mental-health calls, the Strategic Response Group is still intact, the city is still housing more than 6,500 offenders in its jails, and the gang database hasn't been abolished. Nevertheless, the mayor did just give in to his far-left base's demands and denied the NYPD 580 new (and much-needed) officers.

Mamdani's critics are right to object to that decision — and they're right to keep making noise when the mayor's happy talk is at odds with reality. Because the second New Yorkers buy the idea that public safety is no longer a problem is exactly when you can expect the Mamdani of 2020 to reemerge.

Rafael A. Mangual is a Manhattan Institute fellow and the author of "Criminal (In)Justice."

FAST TAKES

Conservative: Getting Immigration Right

"American immigration policy should serve the interests of America and Americans," argues National Review's Dan McLaughlin, a point that should "be the starting point rather than the end of debates." That's why two contentious immigration programs, "asylum and refugee law and Temporary Protected Status," must be "reformed or abolished," as they have "no limiting principle" and stir "resentment of immigrants." The asylum "system is a farce" because immigration lawyers and advocacy groups "advise people to game the system." Crucially (and setting "aside what to do with people already here"), how do these policies serve *American* interests? We can welcome "more legal immigrants" if we're "selecting whom we accept" — that is, "if we make American interests and values our compass."

Iconoclast: Academia Is Bankrupt and in Denial

"Word does not yet seem to have reached the faculty lounge," observes The Washington Post's Megan McArdle, that the "public" is no longer expected to "cater to" academia, where the "political agenda," "cost" and the "perception that degrees no longer prepare graduates for the workforce" have cratered the credibility of the institution. But many academics are "clueless" about the problem, and even those who sense that "something is seriously amiss" fail to "understand what it will take to fix the problem." Their only solution is to "imperiously inform Americans they are wrong" that academia "has let politics inform its work" or that any "reform" is necessary. Academics are "reputationally bankrupt" and failure to adapt will lead many of them to "eventually be financially bankrupt as well."

Media Watch: The 'Credibility Gap' Is Growing

Gallup data show plummeting public confidence in the news media, and The Hill's Becket Adams points to "decades of sloppy, one-sided reporting and a near-total disregard for audience feedback" as eh reason. Just look at National Public Radio, MS Now and PBS News' "current crisis of credibility" to explain trust of just 14% to 17 %. Note how CNN cited a tweet from Republican Rep. Jack Kimble — a "satirical Twitter account" — in reporting on hospitalized Sen. Mitch McConnell. The press takes this "credibility gap," it'll be "serving our purpose of keeping the public well-informed." If not, news media will eventually "collapse into a small subculture with a limited audience interested only in the affirmation of increasingly niche political pieties."

Persian Gulf: It's a New Kind of Warfare

Ahmad Vahidi

Islamic Revolutionary Guard chief Ahmad Vahidi attacked shipping and a US airbase partly to send "a message," asserts Michael Doran at The Free Press: that *he's* the one "calling the shots" in Iran. President Trump responded with "calibrated escalation" to force Vahidi to reopen the Strait of Hormuz, but it's "unlikely to eliminate the drone threat" that drives "insurers from the market" and ensures "disruption." Indeed, massive US and Israeli forces "have failed to fully neutralize Iran's ability to disrupt" the Strait — revealing "how profoundly warfare has changed": "The era in which U.S. airpower could rapidly neutralize a regional adversary at acceptable cost" is "being replaced by a more contested, attritional environment in which weaker states can buy time and impose significant costs."

Tech beat: Lawsuits Make *Terrible* Policy

Whether it's four states "seeking a combined $1.4 trillion in penalties" from Meta using from "calculations under their consumer-protection laws" or 1,200-plus school districts suing under "a far more elastic theory — public nuisance," grumbles Cory L. Andrews at The Wall Street Journal, "a courtroom is the worst imaginable place to settle" the debate over harms from teen addiction to social media. The science here is "far from settled," and "whether social media should be limited, age-gated or redesigned are questions for Congress," not "two sets of paid experts giving speeches to 12 laymen, the edge going to whichever side's client is more sympathetic." Broad court-imposed fixes are not judging, but "governing," and "by someone no one authorized to govern, on a question the evidence hasn't yet answered."

— Compiled by The Post Editorial Board

NEW YORK POST
America's oldest continuously published daily newspaper

How Homer Saves H'wood

As "The Odyssey" shatters box-office expectations, maybe Hollywood will learn something from the film's success: Audiences want great stories.

Christopher Nolan's star-studded retelling of the Greek epic pulled in $264.1 million on its first weekend worldwide, $124.5 million in the United States alone. Across the country, theaters were packed for the first time in years.

The pre-release buzz in some conservative circles was negative because of various "non-traditional" casting choices. In the end, however, skeptics were blown away by the film's sheer power — the kind of story that Hollywood has forgotten how to tell.

Homer's "Odyssey" tells of a Greek king, Odysseus, lost on his way home from the Trojan War, enduring a decade of trials. Meanwhile, at home in Ithaca, a mob of suitors gathers nightly in his castle to quaff his wine and woo his wife, Penelope, hoping she'll give her husband up for dead.

The story of the Odyssey is about the perils of defying the gods, about revenge, about the power of love. And ultimately, it is a story about the importance of home.

Nolan adds an extra layer of meaning by portraying Odysseus as wracked with guilt about the Trojan Horse, and the duplicitous means with which the Greeks defeated the proud Trojans.

For some, his interpretation goes too far, imposing modern squeamishness about war onto an ancient story. But that criticism reveals why the film is so ennobling. It provokes debate about fundamental principles. That has always been one purpose of studying the classics: Their lessons remain relevant to the moral dilemmas we face today.

The film is also visually arresting, with career-defining performances from Matt Damon and Anne Hathaway.

This is what audiences want. Not "woke" melodramas that turn into social-justice preaching sessions, but films that explore universal human ideas while also entertaining and amazing us.

That's how you start to save Hollywood.

The Dem-Socialists' Cold Cruelty

If city government destroys your business, Mayor Mamdani and local Democratic Socialists of America honcho Gustavo Gordillo want you to know you had it coming.

Asked in April about how his city-owned grocery stores might harm local businesses, Mamdani smirked, "I look forward to the competition. May the most affordable grocery store win." Gordillo just echoed this sentiment on Fox News: "If one publicly owned store is enough to put someone out of business, then maybe they shouldn't have been in that business in the first place."

Using tax dollars generated by private businesses — the only source of public revenue — to *undercut* private business isn't "competition": It's sabotage, an active war on the people by the government they elected.

The DSA haters are just as smug when they sneer about mom-and-pop property owners who can't square the rising costs of energy, insurance, taxes and other city mandates with a rent freeze.

"Landlords in New York have been making a 12% return on their investment," asserts Gordillo, citing an analysis of Net Operating Income — which doesn't *measure* "return on investment": It excludes such crucial expenses as taxes, capital outlays and interest on debt. Building owners just want a fair shot at keeping up with costs.

By talking of "competition," Mamdani and Gordillo use the language of the free-market "invisible hand" to rationalize using the very *visible* hand of government to bankrupt businesspeople, give more power to politicians and ultimately reduce freedom.

These cruel extremists are well on their way to taking over the Democratic Party. And they'll succeed if regular Dems don't start calling out their fundamental, anti-American evil.

NY's Public-Education Racket

Soaring spending, falling enrollment, continued mediocrity: New York state's public-education system serves the financial interests of adults far more than the educational needs of children.

The numbers from a new Citizens Budget Commission report: The Empire State spends far more per student than any other state, about $32,000 a head, with total outlays rising year after year (nearing $100 billion) even though it serves 12% fewer students than 15 years ago.

But the results are middling at best: On gold-standard National Assessment of Educational Progress testing, our kids score right in the middle on reading and a bit lower on math. Massachusetts, which ranks first, spends 23% less per student.

One part of the problem is the bizarre Empire State's rules that effectively let the Assembly speaker choose the members of the Board of Regents, who oversee the State Education Department. And the current speaker, Carl Heastie, needed teacher-union support to win the job.

This doesn't let Gov. Hochul off the hook: She still has huge power over the state budget, yet goes along with ever-rising school spending, including the insane "hold harmless" standard that prevents cuts in state funding though enrollment drops — even in areas where it's down 20%.

The bottom line is that New York state spends 81% above the national per-pupil average on public schools purely to benefit adults, not kids. It's basically one vast racketeering enterprise, immoral as hell even if it's completely legal.

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letters@nypost.com

Mayor's Bibi-Arrest Noise: All About Hate, Not the Law

THE ISSUE: Mayor Mamdani seeking authority to arrest Israel's Benjamin Netanyahu when he visits NYC.

•Mayor Mamdani's threat to arrest Israeli Prime Minister Benjamin Netanyahu adds enormous fuel to the antisemitic inferno in the United States ("Zo: I'd like to bust Bibi," July 19).

It serves as a powerful incentive to perpetrate further hatred and attacks against Jews.

He says he is going to do "what the law allows." Claiming the law justifies attacks against Jews is something they are all too familiar with. Whether the progenitor is a smarmy, smiling young ideologue, or a goose-stepping, mustached maniac, the ultimate purpose is the same — death to Jews.

Marc Kasowitz
Manhattan

•There are three problems with Mamdani exploring whether he can arrest Netanyahu.

First, the United States does not recognize the authority of the International Criminal Court. Second, the Constitution establishes the supremacy of the federal government in formulating and executing foreign policy.

Third, there is no shortage of problems in New York City which require the mayor's attention. His performative and futile deliberations over arresting Netanyahu are a waste of time and city taxpayer dollars.

Daniel Trigoboff
Williamsville

•Former Mayors Robert Wagner, Ed Koch and Rudy Giuliani did not threaten Fidel Castro during the three times he spoke at the United Nations. Mamdani probably would have presented him with the key to the city.

T. King
Manhattan

Benjamin Netanyahu

•Part of me hopes Mamdani follows through on his threat to have Netanyahu arrested. He would learn very quickly that political theater has legal consequences.

A mayor has no authority to turn an ICC warrant into an NYPD arrest order. The United States is not a party to the Rome Statute, and local officials do not get to conduct foreign policy.

If Mamdani actually arrested Netanyahu, it would mean potential false imprisonment, civil-rights liability and possibly federal legal exposure for causing the detention of a protected foreign official.

Mamdani would not be arresting Netanyahu — he would be creating Exhibit A against himself.

Arie Blitz
Weslaco, Texas

•I find it rich that our self-important mayor wants the NYPD to arrest Netanyahu for killing terrorists. Who will arrest Mamdani for allowing 15 New Yorkers to freeze to death?

Daniel Karas
Huntington

•We reap what we sow. Mamdani would not have won without 30% of the Jewish vote. Now — pandering to his DSA cronies — Mamdani is looking for a way to arrest Netanyahu.

His theatrics against the Israeli prime minister merely symbolize his disdain for Israel and Jews who support it. Sadly, we have to tolerate his radical agenda for 3½ more years.

Yakov Moshe
Brooklyn

•Although he is the mayor of New York City, with all of its problems, Mamdani sows hate toward Jews and Israel by obsessing over how to arrest Netanyahu based on a bogus charge of genocide by the prejudiced and corrupt ICC.

Is the "dishonorable" mayor getting his marching orders from the Middle East? Why else would he obsess over an issue so unrelated to NYC?

Mel Young
West Dover, Vt.

•Mamdani and his regime have no legal authority whatsoever to issue a municipal arrest warrant against a sitting foreign head of state. The United States does not recognize the International Criminal Court, nor does it accept its jurisdiction from which Netanyahu's warrant was issued.

Mamdani's proposal to arrest Netanyahu is just another example of socialism's first step toward establishing communism in the United States. Without question, the intent of Mamdani and his Democratic Socialists of America is to tear apart the traditional concept of the United States.

Earl Beal
Terre Haute, Ind.

•So Mamdani is looking for loopholes to arrest Netanyahu. The only person who should be arrested is Mamdani for impersonating being mayor of this once great city.

Sylvia Kane, Brooklyn

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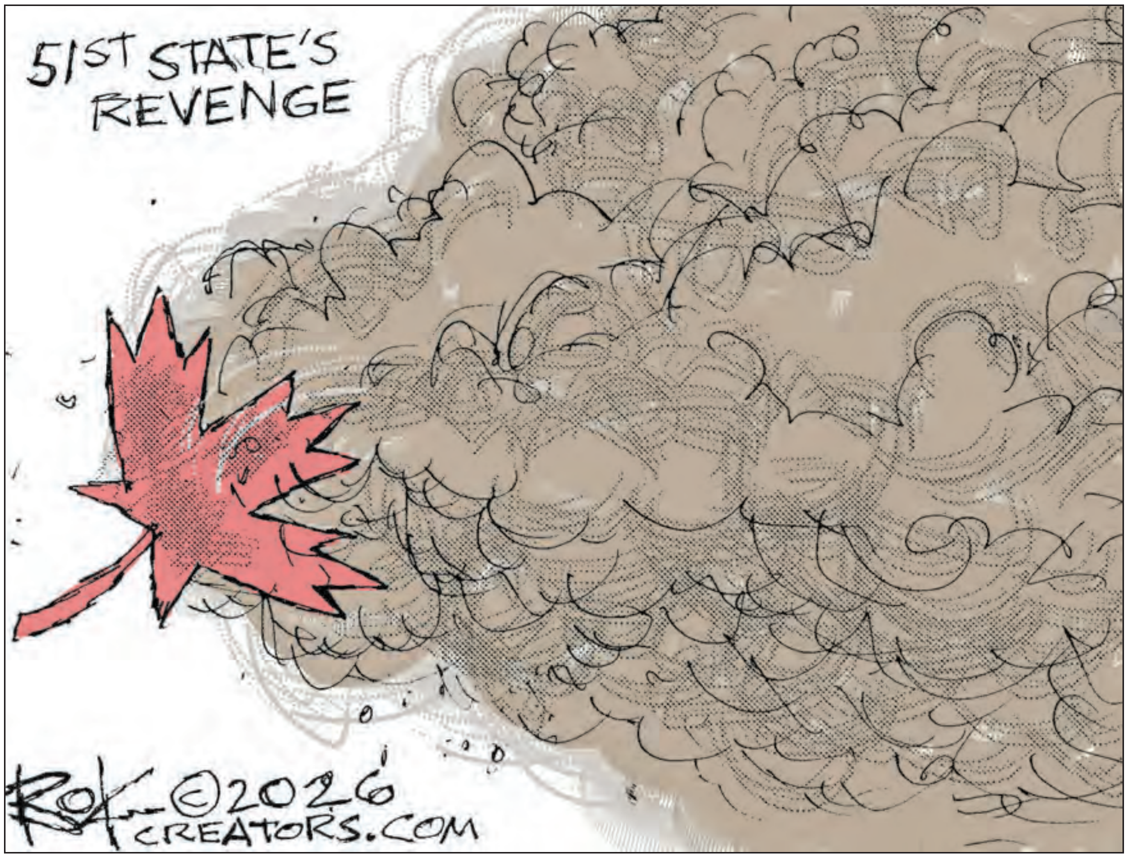

DSA VS. DEMOCRACY

POLITICAL parties tend to harshly reject the idea that they are a threat to the constitutional order, but the Democratic Socialists of America are making it part of their brand.

The DSA has released a new program that, besides contemplating the advent of a classless society, calls for abolishing the US Senate, the presidency, and the Supreme Court.

This is literally a revolutionary program to topple the American system as we have known it since 1789. It's the kind of thing you might expect after angry rebels mount the barricades in Washington, DC, and overthrow the government. It makes proposals to abolish the filibuster seem trifling in comparison, and even court-packing look relatively moderate.

The proposal to kill off the world's greatest deliberative body has gotten the most attention. The DSA's co-chair, Gustavo Gordillo, went on Fox News to explain that the Senate is "undemocratic," while Rep. Alexandria Ocasio-Cortez has said she opposes the filibuster and elements of the Senate that "were founded on Jim Crow."

Contra Gordillo, the Senate *is* a democratic institution; no one wins a Senate seat without getting more votes than his or her opponent. Yet part of its role in our system is to serve as a check on popular passions.

At the institution's inception, state legislatures appointed senators. Those days are long gone (the 17th Amendment, ratified in 1913, requires direct election), but six-year terms and staggered elections give the Senate more insulation from the transient currents of public sentiment than the House.

Then, there are the Senate rules that put an emphasis on consensus and delay. AOC sounded confused when she cited Senate practices created under Jim Crow, the system of formalized racial discrimination that arose about 100 years after the creation of the Senate.

True, the filibuster was used as a tool to attempt to block landmark civil-rights legislation, without ultimate success. But the filibuster is an instrument of every minority party in the Senate trying to block the agenda of a president of the opposing party, very much including the Senate Democrats arrayed against President Trump today.

RICH LOWRY

The Senate has another function: giving small states equal representation with large states in Washington, DC. This is the source of the charge that it's undemocratic: Why should Wyoming, population roughly 600,000, have as many senators as California, population nearly 40 million?

This is meant, though, to keep large states from having overwhelming influence on the nation's governance, and to give easy-to-ignore places a say in the nation's affairs. For proportional representation, there's the House; California has 52 members of Congress, whereas Wyoming has only one.

All this said, the Constitution deems the provision of equal senators for the states un-amendable: "No State, without its Consent, shall be deprived of its equal Suffrage in the Senate." This suggests that the dissolution of the constitutional system couldn't be achieved by constitutional means, since the Founders didn't supply a readily available self-destruct button for their brilliant handiwork.

Not that the DSA cares. What they are seeking would, in some ways, be a return to the Articles of Confederation, under which we had a unicameral legislature and neither a presidency nor federal courts.

But this made for a very weak central government, and the DSA wants an overweening Washington shorn of the inherent checks on the popular will that come with a multi-layered federal system. In short, it hopes for what Lord Hailsham, in his criticism of the British parliamentary system, famously called an "elective dictatorship."

Secretary of State Marco Rubio gave a speech last week in which he inveighed against left-wing extremists who seek to destroy rather than build, targeting "the physical embodied symbols of power and invention and achievement."

He might have added, with a nod to the DSA, the US constitutional order. The socialists have met the enemy — and it is our own longstanding, highly successful governing institutions.

Irish Israel Boycott Begs for US Sanctions

EUGENE KONTOROVICH

LAST week Ireland's parliament tried to strike a blow against Israel — by delivering a win for Hamas. The Irish legislature passed a law banning the import of goods from Jewish communities in Judea and Samaria and much of Jerusalem, which it calls "settlements in the Occupied Palestinian Territories."

The measure, the first of its kind in Europe, is meant to spark a broader chain of national boycotts targeting the Jewish state. It's part of a growing trend in Europe — and among congressional Democrats, too — connected to the anti-Israel boycott, divestment, sanctions movement, which aims to delegitimize Jews living in their biblical homeland by treating them as international lepers, with whom no contact of any kind can be had.

The ultimate goal of BDS is to create a Jew-free zone in and around Jerusalem. Irish politicians have been promoting such a law since 2018 — but it took the Oct. 7 massacre, and Israel's subsequent war to rescue its hostages and defeat Hamas, to inspire Dublin's final push. Hamas hears the message loud and clear: Even if it loses on the ground, forcing Israel to defend itself results in big diplomatic victories.

Ireland's action flouts sharp warnings from the United States. Two different presidential administrations have said that it will mean immediate consequences under US law for the many American companies that have set up shop in Ireland for tax purposes.

Particularly since the ban applies even to eastern Jerusalem and other areas that the United States recognizes as fully under Israeli sovereignty. The US embassy itself is located in an area that the Irish bill treats as an illegal "settlement."

Boycotts of Israel are as old as the Jewish state itself. All the Arab states adopted a broad one upon Israel's birth, in hopes of economically strangling the tiny nation.

> ***"The ban applies even to eastern Jerusalem."***

In 1977, Congress prohibited US companies from participating in boycotts of countries with which the United States maintains friendly relations. Decades later the Trade Promotion Authority law, passed during the Obama administration, specifically condemned "state-sponsored unsanctioned foreign boycotts of Israel." That's exactly what Ireland's law is.

US laws ban American companies from complying in any way with an impermissibly discriminatory boycott like Ireland's. That puts American companies operating there in a legal bind.

Moreover, the law requires the Treasury Department to maintain a "current list of countries which require or may require participation in or cooperation with an international boycott." American companies doing business in countries listed as boycotters face tax and other penalties if they abide by their requirements.

Until now, Treasury's list was made up solely of Arab states like Syria and Iraq — and it's gotten steadily shorter, as more Arab countries have made peace with Israel and started normal trading relationships. Now Treasury must promptly add Ireland to its official list of boycotting countries: If Dublin wants to act like Damascus, it must be treated as such.

The Irish seek to pressure Israel to completely withdraw from Judea and Samaria, and to dismantle all Jewish communities there. But Israel did exactly that with Gaza in the 2005 Disengagement — and Hamas turned it into a terror base.

Ireland claims its move upholds international law, but its hypocrisy is glaring. It has imposed no similar rules on goods from other disputed territories — or on China, despite Beijing's massive and ongoing human rights abuses.

Ireland isn't about to shutter its movie theaters showing "The Odyssey," even though parts of it were filmed in Western Sahara, which the United Nations regards as occupied territory. Its ban applies only to Jewish towns.

President Trump's first administration clearly stated its opposition to Ireland's law; heck, even the Biden administration warned Dublin of "consequences" if it moved forward. But animosity to Israel runs so deep in Ireland — the only criticism the law got from opponents was that it doesn't go far enough — that its legislators decided passing a symbolic Israel-bashing bill is more important than good relations with Washington.

Perhaps they think America is bluffing? Regardless, imposing trade restrictions on a US ally as it fights alongside us in a hot war is deeply disrespectful. But Britain's new Prime Minister Andy Burnham is reportedly considering a similar measure — so Trump must nip this trend in the bud.

The United States must make it crystal clear that no matter which countries choose to impose sanctions on an ally, they will face the consequences of US law.

Eugene Kontorovich is a professor at George Mason University Scalia Law School.

The Post Puzzle Page

SCRABBLE GRAMS

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A1 E1 Y4 L1 N1 P3 T1 — 1st Letter Triple — RACK 1

A1 E1 Y4 S1 J8 T1 M3 — Double Word Score — RACK 2

A1 O1 U1 T1 T1 S1 L1 — RACK 3

E1 E1 V4 L1 R1 D2 L1 — RACK 4

PAR SCORE 145-155
BEST SCORE 223

FOUR RACK TOTAL ____
TIME LIMIT: 20 MIN

TODAY'S ANSWER

SCRABBLE GRAMS

P3 E1 N1 A1 L1 T1 Y4
M3 A1 J8 E1 S1 T1 Y4
O1 U1 T1 L1 A1 S1 T1
D2 E1 L1 V4 E1 R1

PAR SCORE 145-155

SOLUTION
RACK 1 = 68
RACK 2 = 88
RACK 3 = 57
RACK 4 = 10
TOTAL 223

Directions: Make a 2 to 7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7 Letter words get 50 point bonus. "Blank" used as any letter have no point value. All the words are in the Official SCRABBLE players Dictionary, 4th Edition.

Bridge

West dealer
Both sides vulnerable

NORTH
♠ J 8 4
♡ A Q J
◇ J 10 4
♣ Q 7 6 2

WEST
♠ A K Q 6 3
♡ 4
◇ 8 6 3 2
♣ A J 10

EAST
♠ 10 7 2
♡ 10 9 8 3
◇ 9 5
♣ 9 8 4 3

SOUTH
♠ 9 5
♡ K 7 6 5 2
◇ A K Q 7
♣ K 5

West	North	East	South
1 ♠	Pass	Pass	Dbl
Pass	2 ♣	Pass	2 ♡
Pass	4 ♡	All Pass	

Opening lead – ♠ K

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A noted expert was asked how to define a mistake: The questioner wondered whether misjudgments fall into the same category as clear technical errors. The expert said a mistake was anything he wouldn't do in a similar position.

Experts are supremely confident of their ability, but everyone errs. In today's deal, South might have "balanced" with a double on less strength; he bid two hearts next to confirm a sound double. North bid game.

West led three top spades, and South ruffed. He counted five trump tricks and four diamonds but needed a club, so he next led the five of clubs: jack, queen, nine. He took the next eight tricks, making game.

West erred. His best chance is to attack declarer's trump holding: East may have four trumps. West must grab his ace on the first club and lead a fourth spade. South loses another trick wherever he ruffs.

Though it shouldn't have mattered, South did well to lead a club early. His play was better than West's defense.

Word Force

UNLIMITED

From the word or phrase above, form **AT LEAST 15** five-letter words, without using more than one form of the same word. For example, drink or drank (not both).

ANSWERS IN TOMORROW'S POST
Yesterday's word:
LOANWORD

adorn
dolor
donor
drawl
drawn
drool
drown
nodal
radon
rondo
rowan
world

Wonderword

How to play: All the words listed below appear in the puzzle — horizontally, vertically, diagonally, even backward. Find them and **Circle their letters only. Do not circle the word.** The leftover letters spell the Wonderword.

MICROSCOPIC CRITTERS — Solution: 10 letters

P	S	S	N	E	E	T	D	E	E	F	I	S	H	P
L	B	A	S	U	F	K	S	D	N	O	P	N	H	R
A	A	A	S	Y	C	I	A	O	Z	O	T	O	R	P
N	L	F	M	N	B	L	L	L	L	C	T	T	D	T
T	L	D	R	I	N	A	E	C	O	O	F	K	I	N
S	E	W	E	E	R	S	Y	I	S	L	I	N	A	E
E	C	H	G	V	S	C	E	Y	A	O	Y	A	T	M
I	E	E	A	R	T	H	N	T	B	N	G	L	O	N
C	L	E	G	S	Y	T	W	I	A	Y	G	P	M	O
E	G	L	E	D	H	O	O	A	C	I	E	P	S	R
P	N	T	R	E	R	M	G	A	T	Y	L	M	T	I
S	I	A	S	M	A	A	C	R	E	E	S	I	I	V
M	S	I	S	S	A	A	I	S	R	K	R	R	C	N
D	S	E	S	O	R	G	A	N	I	S	M	H	K	E
T	R	I	D	I	L	E	N	N	A	S	T	S	E	N

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Abyss, Acari, Annelid, Bacteria, Biomass, Ciliates, Colony, Cyclops, Diatoms, Dirt, Earth, Egg, Environment, Eyes, Feed, Fish, Flatworms, Freshwater, Germs, Hydras, Labs, Lake, Larvae, Legs, Life, Mites, Nests, Nuclei, Ocean, Organism, Photosynthesis, Plankton, Plants, Ponds, Protozoa, Rain, Salt, Shrimp, Single-cell, Skin, Species, Tick, Tiny, Vein, Wheel

Yesterday's Answer: Low-sodium

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POST SU DOKU

To solve a Su Doku, you must put a number from 1 to 9, in each empty box.

Each number must appear once in each horizontal row, as well as in each vertical column and in each of the 3-by-3 grids. Impossible? Not once you get the hang of it. Tips and in depth strategies at

www.SudokuWiki.org

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NYPOST.COM/GAMES

Solutions on Page 34

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Very Easy #7,346

		1	5		4			
	5	9			2	8	3	
					8		6	5
4	9							7
3			2		9			8
2							5	1
9	2		6					
	8	7	1			4	9	
			4		7	5		

Difficult #7,136

		2		7		3		
7	6							8
		9			5			4
			4					
	7		6		3		5	
					2			
9			8			5		
4							8	7
		6	2	9				

Quick Crossword

1	2	3	4	■	5	6	7	8	■	9	10	11	12	13
14				■	15				■	16				
17				18					■	19				
■	■	■	20			■	21		22		■	23		
24	25	26				27					28			
29			■	30			■	■	31					
32			■	■	■	33	34	35				■	■	■
■	36		37	38	39							40	41	■
■	■	■	42						■	■	■	43		44
45	46	47				■	■	48	49	50	■	51		
52						53	54				55			
56			■	57				■	58			■	■	■
59			60		■	61		62				63	64	65
66					■	67				■	68			
69					■	70				■	71			

Across

1 Prattles on
5 Bay Area sch.
9 Uninspiring
14 Mapa of "Ugly Betty"
15 "New Rules" and "New Love" singer Dua
16 Twisted humor
17 Shampoo for horses as well as humans
19 Honeycomb units
20 Neither partner
21 Future atty.'s exam
23 Southeast Asian language
24 Meatless Chinese noodle dish
29 Hullabaloo
30 Light ___ feather
31 Product labels
32 Private aid gp.
33 Sure winner
36 "The Theory of Everything" Best Actor Oscar winner
42 Not asea
43 Poem of praise
45 Former House Speaker Nancy
48 Due-in hr.
51 Crank (up)
52 Tender salad greens
56 "The Lord of the Rings" beast
57 Move for one's co., say
58 Olive extract
59 Capone cohort Frank
61 Principal draw on fight night, or an apt title for this puzzle
66 "OK, that was dishonest"
67 Ritz-Carlton competitor
68 Tops with frosting
69 Ride a bike
70 "Auld Lang ___"
71 Every ___ and cranny

Down

1 Thanksgiving tuber
2 ___ carte menu
3 Writing tool
4 All-too-public argument
5 Marathons longer than 26.2 miles, familiarly
6 U.S. intel org.
7 Tell all, as gossip
8 Untrue
9 Beckham also known as Posh Spice
10 "___ we there yet?"
11 Wind-borne allergen
12 Embedded, as tiles
13 High-end vacuum cleaners
18 The "N" of N.B.
22 "Tuesdays With Morrie" writer Mitch
24 Vehicle for movers
25 Microsoft web browser
26 Yummy
27 Iraq port city
28 Plenty of
34 ___ of the woods mushrooms
35 More quirky
37 Entryway
38 Without losing one's cool
39 Renée ___ Goldsberry of "Girls5eva"
40 Sushi seaweed
41 Biblical garden
44 41-Down woman
45 Relating to sound
46 In a creepy way
47 Acid type built up during high-intensity exercise
49 Nickname for Canada's $2 coin
50 French friend
53 "Battlestar Galactica" actor Edward James ___
54 Like hand soap
55 Singing brother of Simon and Theodore
60 No. on a resume
62 Airbnb alternative
63 ___-friendly
64 Opposite of paleo-
65 Sound of disapproval

R	E	C	O	N	■	■	N	O	D	■	A	Q	U	A
A	L	O	H	A	■	S	A	M	E	■	L	U	N	G
T	I	N	S	E	L	T	O	W	N	■	P	A	T	E
S	O	S	O	■	Y	U	M	■	■	R	A	R	I	N
■	■	T	R	A	F	F	I	C	T	I	C	K	E	T
I	N	A	R	U	T	■	■	L	I	M	A	■	■	■
R	O	B	Y	N	■	S	T	U	N	■	S	A	L	T
A	S	L	■	T	E	A	S	E	T	S	■	R	O	E
N	E	E	D	■	R	I	P	S	■	L	O	C	K	S
■	■	■	O	D	I	N	■	■	P	O	P	H	I	T
T	O	N	G	U	E	T	W	I	S	T	E	R	■	■
E	M	O	T	E	■	■	O	K	S	■	R	I	P	E
N	A	T	O	■	T	I	M	E	T	R	A	V	E	L
T	H	E	Y	■	A	R	E	A	■	A	T	A	R	I
S	A	S	S	■	P	A	N	■	■	M	E	L	T	S

PREVIOUS PUZZLE ANSWER

(C) 2026 Tribune Media Services

Dow Jones Indust. Avg. **Down 307.16** 51,839.26

Nasdaq Comp. **Down 12.17** 25,508.07

BUSINESS BRIEFS

AI, Iran fears

Artificial-intelligence anxieties and Mideast tensions weighed on markets Monday, with the Dow leading losses. Oil prices pulled back some after briefly topping $90 a barrel on fresh US-Iran clashes.

SpaceX slump

Shares of Elon Musk's SpaceX suffered their seventh straight day of declines, falling 3.3% to $119.85. SpaceX's market cap stands at $1.59 trillion, down from its June 16 peak of $2.68 trillion.

Absent diners

Cyclospora is doing a number on Americans' stomachs, and on visits to some restaurant chains. Visits to Taco Bell, Chipotle and Panera dropped last week, according to Placer.ai data.

Pep Boys deal

Carl Icahn's company, Icahn Enterprises, struck a deal to sell auto-service chain Pep Boys to private-equity owned Mavis Tire Express Services for $700 million, The Wall Street Journal reported.

Snap settles

Snapchat parent Snap reached a tentative deal to settle an addiction case before a jury trial starts next week in Los Angeles, Bloomberg reported.

Sources: Reuters, Dow Jones, AP

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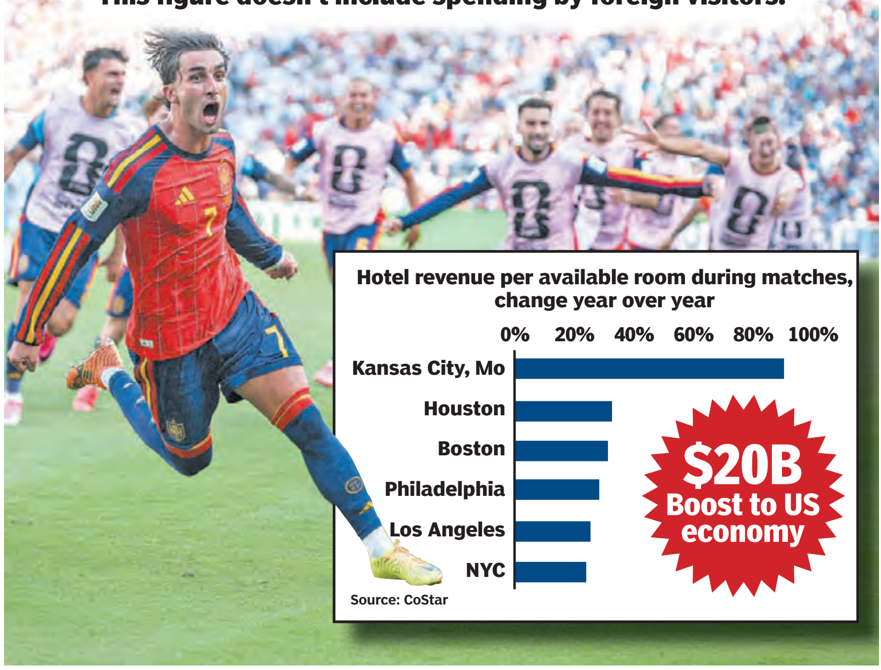
Real winner

Bank of America figures that the World Cup — which ended Sunday with Spain's victory over Argentina in the final — contributed $20 billion in new spending by Americans to the US economy. This figure doesn't include spending by foreign visitors.



Getty Images

Cup is big kick to US economy

By JAMES FRANEY

The 2026 FIFA World Cup has given a $20 billion boost to the US economy, according to Bank of America, sparking massive local booms in host cities and helping propel the strongest surge in consumer spending in more than four years.

BofA CEO Brian Moynihan said half of the tournament's $40 billion in fresh economic activity has been funneled to the US, and that the footprint extends far beyond the turnstiles. The bank's 70 million consumer customers, who spend more than $400 billion a month, are shelling out 5% to 6% more than a year ago.

"Even when we look into host cities like a Kansas City, we can see the growth rate in spending faster than other cities," Moynihan said. "So it's having this on-the-ground economic impact, and that spending is going into what we call bricks-and-mortar — going to bars and restaurants and things like that — not necessarily only the people in the stadium."

Spending up

Americans are spending at their fastest clip since early 2022. Total credit and debit card spending jumped 6.3% year over year in June, or 5.6% after stripping out gasoline, economists at the financial giant found.

Bank of America's data shows airline and leisure spending posted double-digit growth in June, while clothing rose 7% and general merchandise 5%. The BofA report doesn't include spending by foreign visitors, meaning the overall economic impact is undoubtedly far higher.

According to the New York/New Jersey Host Committee, fans spent $1.2 billion in June alone, generating a total economic impact of $2.1 billion. In that same time, the host committee says $228 million in tax revenue was generated as well.

Hotels cashed in through price, not just volume. Kansas City saw a roughly 90% jump in revenue per room, while San Francisco saw that figure surge by 55% according to data from CoStar Group.

jfraney@nypost.com

THAT'S STALL FOLKS!

P'mount-WBD halt

By TAYLOR HERZLICH

A federal judge on Monday slapped Paramount's $110 billion acquisition of Warner Bros. Discovery with a temporary restraining order, after a group of 12 Democratic state attorneys general led by California sued to block the deal, arguing it would harm consumers and reduce competition.

US District Judge Araceli Martínez-Olguín of the Northern District of California, a Biden appointee, issued the order barring Paramount from closing the transaction for 14 days, scheduling an Aug. 3 hearing for the states' motion for a preliminary injunction — a more serious potential freeze of the mega-merger.

Executives at Paramount and Warner Bros. had reportedly been expecting such a decision — but the real concern is whether a preliminary injunction will be granted, pushing the tie-up dangerously closer to a crucial September deadline.

If the deal is not completed by Oct. 1, a costly "ticking fee" kicks in, adding 25 cents per share to the cost of the acquisition for each quarter it is not completed — coming to a painful $7 million per day.

"We are confident the evidence will demonstrate that the State AGs' antitrust arguments are without merit as their alleged markets and claims of anticompetitive effects are without any basis in modern market realities," a Paramount rep told The Post in a statement.

"This merger is lawful, pro-competitive, and will benefit consumers, creators, workers, and the entertainment industry. We will continue to vigorously defend the transaction and will look forward to the hearings on the substance of the State AGs' action."

Warner Bros. Discovery declined to comment. The White House didn't respond to a request for comment.

'Higher prices'

The deal would combine HBO Max, Paramount+, HBO, CBS, CNN and thousands of movie titles under one company, led by David Ellison, the son of Oracle billionaire and close Trump ally Larry Ellison.

California Attorney General Rob Bonta, a Dem, has argued the merger would lead to "higher prices, lower quality, and less content for film and television, harming movie theaters, basic cable distributors, and ultimately, audiences on every sofa and movie theater seat in the US."

Derek Reisfield, a former media executive and co-founder of MarketWatch, said: "From the attorneys general lawsuit perspective, the longer they can play this out, the more negotiating leverage they can have."

Ford's facing a tough cookie

Ford
LINCOLN
KENTUCKY TRUCK PLANT

A Ford electrician who was fired over false allegations that he stole a $1.95 cookie is preparing to take legal action against the automaker and its cafeteria operator Aramark, The Post has learned.

Kurt Kromm, 60, who spent 11 years repairing robots and automated equipment at Ford's Kentucky Truck Plant in Louisville, Ky. (right), says he was wrongly branded a thief after a self-checkout kiosk appeared to show he failed to pay for a two-pack of Grandma's Chocolate Chip Cookies during an overnight shift in May.

Ford ultimately reinstated Kromm, paid him roughly $33,000 in back wages and offered him his job back after he produced bank records showing the $1.95 transaction had gone through.

But Kromm rejected the offer, telling The Post earlier this month: "I can't come back to a company that just fired me like this and not give me any chance to show I paid."

Kromm has now retained Kentucky attorney J. Will Huber, who plans to send a demand letter to Ford and Aramark this week. "The accusations of theft made against him were absolutely false," Huber said in a statement provided to The Post.

Ford and Aramark declined to comment. *Ariel Zilber*

Hare baaaaack!

Playboy mag returns Bunnies, Playmates

By ARIEL ZILBER

Playboy is reviving its iconic Playboy Playmates and Bunnies as part of a broader effort to modernize the storied but long-struggling men's magazine brand — with executives insisting the publication remains a far cry from pornography.

"There's always been a difference between Playboy and porn, especially the kinds of porn that are really prevalent today and that people have access to just by having a Twitter account or a Reddit account," Phillip Picardi, Playboy's editor-in-chief and chief brand officer, told Press Gazette over the weekend.

"[A]nd so I actually found the challenge of bringing back an artfulness and a thoughtfulness to nudity to be super exciting as a creative."

The relaunched quarterly magazine has already sold out the modest print run of its first issue, featuring Colombian pop star Karol G, according to Press Gazette.

A second issue — featuring model and actress Cara Delevingne wearing only a latex corset — was unveiled last week with a slightly larger print run planned.

Picardi and David Miller, Playboy's president of media and brand, were hired this year to revive the company's media operation after regular print publication ended in 2020.

The relaunch is focused on restoring the storytelling once drove Playboy's prestige while expanding the brand across digital, social media and video.

Picardi, Playboy's first openly gay editor-in-chief, said women who appear as Playmates or cover stars decide how much of their bodies they want to reveal and are "fully involved" in the creative process, including approving photogs and stylists. He said Playboy aims to present more authentic imagery than in decades past.

Playboy reported $120.9 million in revenue during 2025, up 4% from a year earlier, while narrowing its net loss to $12.7 million from $79.4 million in 2024, according to figures cited by Press Gazette.

Founded by Hugh Hefner in 1953, Playboy became one of the most influential magazines of the 20th century, pairing nude centerfolds with celebrity interviews and long-form journalism. In the early 1970s, circulation topped 7 million copies a month.

azilber@nypost.com

Bare for the asking

PLAYBOY
SUMMER 2026

Actress Cara Delevingne, clad in a latex corset, will grace the cover of the relaunched Playboy magazine, which will once again feature Playmates and Playboy Bunnies.

Zoey Grossman for Playboy

Mike's could roll in dough

Jersey Mike's Subs and its backers, including asset manager Blackstone, are aiming to raise as much as $1.09 billion in an initial public offering — possibly clinching a market cap of nearly $8 billion.

The Tinton Falls, NJ-based chain of sub shops plans to debut on the stock market with roughly 43.5 million shares for $21 to $25 each, according to a Monday filing with the Securities and Exchange Commission.

That includes about 29.7 million shares from Blackstone, which took a majority stake in Jersey Mike's last year, and Abu Dhabi Investment Authority.

At the top end of the range, Jersey Mike's — which was recently named America's favorite fast-food chain — would hit a market value of nearly $8 billion based on the outstanding shares listed in the filing.

The second-largest sub sandwich chain in the world is racing to join the flood of new listings on US exchanges.

Founder Peter Cancro started Jersey Mike's as a modest deli on the Jersey Shore when he was 17 years old, growing it over 50 years to more than 3,300 locations across the US and Canada.

Under Cancro's leadership, Jersey Mike's has generated about $3.3 billion in sales.

Taylor Herzlich

JetBlue in Spirit slots

JetBlue won Spirit Airlines' coveted takeoff and landing slots at New York's LaGuardia Airport — and plans to move into the failed carrier's old home as airlines fight for space at crowded terminals.

The move comes less than three months after Spirit ceased operations after it failed to secure a $500 million bailout from the Trump administration, following a second bankruptcy filing.

The 12 roundtrip slots are still subject to final court and regulatory approvals.

Taylor Herzlich

Domino's smaller slice

Domino's Pizza on Monday maintained its annual sales forecasts, but said a challenging macroeconomic environment continued to weigh on consumers.

The world's largest pizza company posted US same-store sales growth of 0.1% in its second quarter, with orders rising but diner checks falling as new menu items failed to pop.

Consumers continue to feel blue about their wallets in the face of high gas prices, CEO Russell Weiner said.

"There are more restaurants than there were last year or the year before competing for the same or less amount of orders," Weiner told The Wall Street Journal.

Overall, second-quarter revenue rose 4.3% to $1.19 billion, helped by a 6.5% rise in quarterly supply-chain revenue to $731.7 million. *Wires*

AMC's 'reel' good haul

AMC Entertainment turned in a surprise adjusted quarterly profit, the latest sign that US cinema chains are rebounding thanks to a strong summer release slate that included blockbusters "The Super Mario Galaxy Movie" and "Obsession."

The largest US theater chain also posted record revenue in the second quarter, and said a $124 million opening weekend at the domestic box office for Christopher Nolan's "The Odyssey" bodes well for an industry still clawing back to pre-pandemic attendance levels. Shares jumped 27% to $2.46 on Monday.

"This is the biggest box office quarter in seven years and the fifth-biggest quarter ever," CEO Adam Aron said.

"We believe that movie theaters will enjoy their strongest-yet post-pandemic year." *Reuters*

TAREK MANSOUR
"Complete lie."

Kalshi 'set' FBI rival raid

Prediction market Kalshi helped tee up a November 2024 FBI raid on the apartment of its arch-rival Polymarket's CEO, according to a report that cited Polymarket sources.

Before the raid, Kalshi attorneys met with prosecutors in Manhattan to amplify their concerns about Polymarket's business, The New York Times reported. In those meetings, the lawyers reportedly detailed to officials how Polymarket's platform operates, including how US users could still access its markets despite restrictions intended to keep Americans off the site.

Not long after, FBI agents used a battering ram to bust into Polymarket CEO Shayne Coplan's apartment before dawn on Nov. 13, 2024.

Kalshi, led by CEO Tarek Mansour, called its involvement in the FBI raid a "complete lie" and said that Polymarket was exhibiting a "truly bizarre level of paranoia." *Marc Vartabedian*

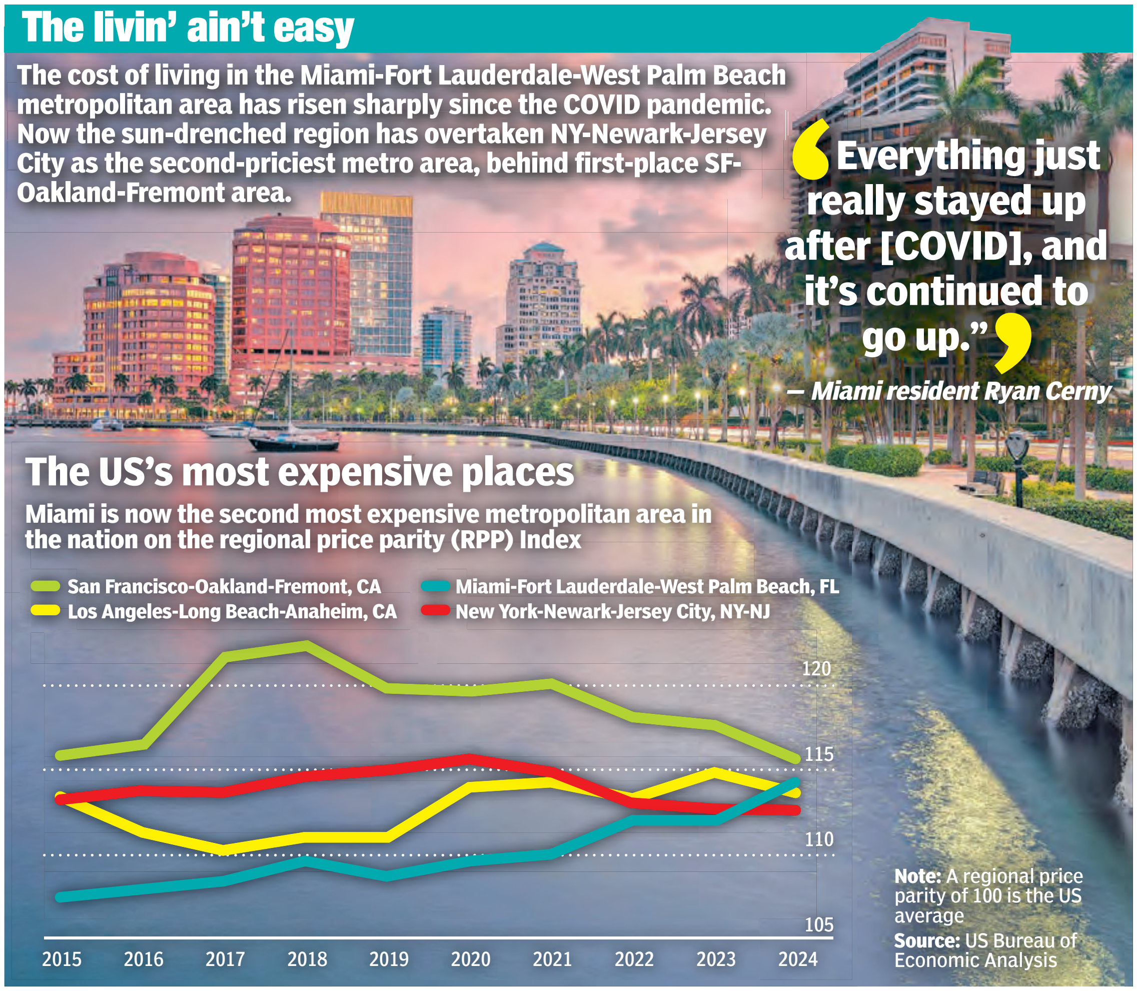
New Google server chip

Google is developing a new server chip that would incorporate elements of its Gemini model directly into the hardware, in a bid to serve its AI models more efficiently to users, the Information reported Monday, citing sources.

The Alphabet-owned company expects the new chip, informally dubbed "Frozen v2," to help address an AI computing capacity crunch that has prompted Google Cloud to decline deals with outside customers, the report said. *Reuters*

SO. FLA. HEAT$ UP

By ARIEL ZILBER



The livin' ain't easy

The cost of living in the Miami-Fort Lauderdale-West Palm Beach metropolitan area has risen sharply since the COVID pandemic. Now the sun-drenched region has overtaken NY-Newark-Jersey City as the second-priciest metro area, behind first-place SF-Oakland-Fremont area.

> **"Everything just really stayed up after [COVID], and it's continued to go up."**
> ***— Miami resident Ryan Cerny***

The US's most expensive places

Miami is now the second most expensive metropolitan area in the nation on the regional price parity (RPP) Index

San Francisco-Oakland-Fremont, CA
Los Angeles-Long Beach-Anaheim, CA
Miami-Fort Lauderdale-West Palm Beach, FL
New York-Newark-Jersey City, NY-NJ
120
115
110
105
2015
2016
2017
2018
2019
2020
2021
2022
2023
2024

Note: A regional price parity of 100 is the US average

Source: US Bureau of Economic Analysis

Adobe stock

Area surpasses NYC as 2nd-costliest in US

South Florida has seen a rapid rise in the cost of living, with transplants saying the gap between Miami and New York City has narrowed dramatically as housing, restaurants and everyday expenses continue climbing.

The Miami metropolitan area's cost of living is now second only to the San Francisco Bay area, having surpassed the now third-place New York metro area for the first time ever, according to the US Bureau of Economic Analysis' latest Regional Price Parities report, which compared 2024 data.

The RPP report gave the Miami-Fort Lauderdale-West Palm Beach metro area a score of 114.155, compared with 112.563 for the New York-Newark-Jersey City metro area, meaning prices in both regions were well above the national average of 100 — but Miami edged ahead for the first time.

The shift follows a dramatic run-up in prices across South Florida. Miami's private-school tuition, insurance costs and even restaurant spending are all higher than they were a year ago.

Home prices soar

Consumer prices in the Miami metro have climbed 36% since 2019, while Miami-area home prices have soared 79% since the pandemic, according to BLS and S&P Case-Shiller data cited by a Bloomberg report on Monday.

The total cost of housing in the Miami, Fort Lauderdale and Palm Beach metropolitan area is now about 5% higher than in New York and its suburbs, which includes New Jersey, according to the Bureau of Economic Analysis. Southern Connecticut, where many hedge funds are located, is also now cheaper than Miami.

"It's no longer just about the purchase price" for home shoppers in South Florida, Corcoran agent Michael Buttacavoli told Bloomberg. "It's about the total cost to own."

Six hurricanes in the last decade and regular floods have given Florida the highest home-insurance premiums in the nation — an average of $8,292 last year, online marketplace Insurify estimates. That's four times what New York state homeowners pay.

The Miami area's property taxes, meanwhile, have jumped 62% since 2019, more than twice the national average, according to real-estate data firm Attom.

The price surges follow a migration wave that transformed South Florida during the pandemic.

The rising costs are changing the calculus for many New Yorkers who once viewed Miami as a lower-cost alternative — including Ryan Cerny, 29, who relocated to South Florida just before the pandemic.

"You would see what real Florida prices were like before the COVID boom," Cerny told The Post. "Everything just really stayed up after that, and it's continued to go up."

Cerny, who now lives with his girlfriend in Coconut Grove, said they pay about $3,700 a month for a 1,000-square-foot townhouse.

But don't expect the exodus of New Yorkers and Californians to stop — companies and wealthy businesses can likely foot the bill as they flee tax-and-spend blue states with lefty policies.

"At the end of the day, rent has gone up," Cerny said. "It's still not like Midtown Manhattan prices or anything."

Anthropic settlement OK'd

A federal judge in San Francisco on Monday signed off on Anthropic's landmark $1.5 billion settlement of a class-action lawsuit brought by a group of authors who accused it of misusing their books to train its AI chatbot Claude.

District Judge Araceli Martinez-Olguín granted final approval of the settlement, the largest known settlement of a US copyright case, rejecting arguments that it was too small.

The case is one of dozens brought by copyright owners, including authors and news outlets, against tech companies over the training of their large language models, and the first major US case to settle. *Reuters*

Trumps refile Capital One suit

The Trump family refiled its debanking lawsuit against Capital One after a judge gave them a July deadline to submit a new complaint, reviving accusations that the bank closed their accounts for political reasons.

On Friday, the last day to refile a complaint, Eric Trump submitted a new lawsuit on behalf of The Donald J. Trump Revocable Trust — alleging Capital One abruptly terminated hundreds of accounts belonging to entities affiliated with the president after the Jan. 6, 2021, attacks on the Capitol.

"Capital One improperly and deliberately closed those accounts because the political environment in January 2021 made it expedient to do so," said the new complaint.

While the original complaint repeatedly accused Capital One of "woke" debanking, the new complaint nixed the epithet.

Capital One has denied the claims. *Taylor Herzlich*

Classifieds
nypost.com

EMPLOYMENT

TECH CAREERS

AMAZON DEVELOPMENT CENTER U.S. & AMAZON.COM SERVICES LLC, INC., Amazon.com companies - New York, New York:
Security Engineer III: Responsible for setting & holding the highest security bar for Generative AI offerings from AWS. Conduct security reviews, penetration testing, build security automation, & implement whatever mechanisms are necessary to ensure the high security bar for AWS Generative AI offerings for customers. Salary Range: $175,100/year to $236,900/year. Job Number: AMZ9802552.
Mgr III, Retail Vendor Mgmt: Lead strategic planning, devt, & execution of the product category, including P&L management, vendor relationships, & business growth initiatives. Domestic and/or international travel up to 25% to perform role responsibilities may be required. Salary Range: $166,346/year to $208,300/year. Job Number: AMZ10254565. Multiple job openings. Standard company benefits available. Apply online: www.amazon.jobs – search by Job Number. EOE.

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NOTICES

ANNOUNCEMENTS

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AL Standings

East	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Tampa Bay	57	42	.576	—	—	4-6	W-1	35-15	22-27
Yankees	56	44	.560	1½	+4½	6-4	W-2	25-22	31-22
Boston	51	48	.515	6	—	10-0	W-14	22-27	29-21
Baltimore	49	52	.485	9	3	7-3	L-1	28-25	21-27
Toronto	46	54	.460	11½	5½	4-6	L-2	25-28	21-26

Central	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Chicago	53	46	.535	—	—	6-4	W-2	31-17	22-29
Cleveland	53	48	.525	1	+1	6-4	W-1	26-24	27-24
Minnesota	49	52	.485	5	3	5-5	L-3	26-25	23-27
Detroit	47	53	.470	6½	4½	7-3	W-1	27-23	20-30
Kansas City	41	60	.406	13	11	4-6	W-1	24-27	17-33

West	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Seattle	51	50	.505	—	—	4-6	W-3	30-21	21-29
Texas	50	50	.500	½	1½	5-5	L-2	24-23	26-27
Houston	48	54	.471	3½	4½	3-7	W-1	24-27	24-27
Athletics	43	57	.430	7½	8½	2-8	W-1	20-30	23-27
Los Angeles	40	61	.396	11	12	4-6	W-2	23-27	17-34

***WGB:** Games behind third-place team in wild-card race

Monday

Yankees 8, Pittsburgh 5
Cleveland 13, Minnesota 4
Boston 6, Baltimore 5
Tampa Bay 7, Toronto 1
Kansas City 4, San Francisco 3
Houston 8, Miami 5
White Sox 10, Texas 3
Detroit 8, Cubs 6, 10 inn.
Seattle 8, Cincinnati 0
L.A. Angels 3, St. Louis 2
Athletics 5, Arizona 2

Tuesday

Pittsburgh at **Yankees**, 7:05
Minnesota at Cleveland, 6:40
Tampa Bay at Toronto, 7:07
Baltimore at Boston, 7:10
San Francisco at Kansas City, 7:40
White Sox at Texas, 8:05
Detroit at Cubs, 8:05
Miami at Houston, 8:10
St. Louis at L.A. Angels, 9:38
Athletics at Arizona, 9:40
Cincinnati at Seattle, 9:40

NL Standings

East	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Atlanta	58	41	.586	—	—	6-4	W-2	30-19	28-22
Philadelphia	56	45	.554	3	+4	6-4	W-1	27-23	29-22
Miami	52	49	.515	7	—	3-7	L-7	31-20	21-29
Washington	51	50	.505	8	1	5-5	W-2	20-31	31-19
Mets	42	59	.416	17	10	4-6	L-1	21-28	21-31

Central	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Milwaukee	63	37	.630	—	—	6-4	W-4	33-18	30-19
Chicago	56	44	.560	7	+4½	6-4	L-1	29-21	27-23
Pittsburgh	52	49	.515	11½	—	6-4	L-1	27-24	25-25
St. Louis	51	48	.515	11½	—	4-6	L-3	26-26	25-22
Cincinnati	45	54	.455	17½	6	4-6	L-1	22-28	23-26

West	W	L	Pct.	GB	*WGB	L10	Streak	Home	Away
Los Angeles	63	38	.624	—	—	4-6	L-2	31-19	32-19
Arizona	51	49	.510	11½	½	6-4	L-1	29-22	22-27
San Diego	49	51	.490	13½	2½	5-5	L-1	27-24	22-27
San Francisco	42	58	.420	20½	9½	4-6	L-3	22-25	20-33
Colorado	40	62	.392	23½	12½	3-7	L-2	23-28	17-34

***WGB:** Games behind third-place team in wild-card race

Monday

Yankees 8, Pittsburgh 5
Milwaukee 8, **Mets** 3
Atlanta 3, San Diego 2
Kansas City 4, San Francisco 3
Philadelphia 10, L.A. Dodgers 7
Houston 8, Miami 5
Washington 7, Colorado 3
Detroit 8, Cubs 6, 10 inn.
Seattle 8, Cincinnati 0
L.A. Angels 3, St. Louis 2
Athletics 5, Arizona 2

Tuesday

Pittsburgh at **Yankees**, 7:05
Mets at Milwaukee, 7:40
L.A. Dodgers at Philadelphia, 6:40
San Diego at Atlanta, 7:15
San Francisco at Kansas City, 7:40
Detroit at Cubs, 8:05
Miami at Houston, 8:10
Washington at Colorado, 8:40
St. Louis at L.A. Angels, 9:38
Athletics at Arizona, 9:40
Cincinnati at Seattle, 9:40

POST SU DOKU **Puzzles on Page 30**

8	3	1	5	6	4	2	7	9
6	5	9	7	1	2	8	3	4
7	4	2	9	3	8	1	6	5
4	9	6	8	5	1	3	2	7
3	1	5	2	7	9	6	4	8
2	7	8	3	4	6	9	5	1
9	2	4	6	8	5	7	1	3
5	8	7	1	2	3	4	9	6
1	6	3	4	9	7	5	8	2

Solution to Very Easy #7,346

1	4	2	9	7	8	3	6	5
7	6	5	3	2	4	1	9	8
3	8	9	1	6	5	2	7	4
6	1	8	4	5	9	7	3	2
2	7	4	6	1	3	8	5	9
5	9	3	7	8	2	6	4	1
9	3	7	8	4	1	5	2	6
4	2	1	5	3	6	9	8	7
8	5	6	2	9	7	4	1	3

Solution to Difficult #7,136

Yankees 8, PIrates 5

Pittsburgh	AB	R	H	BI	BB	SO	Avg
Gonzales 3b	5	0	1	1	0	1	.309
Lowe 2b	5	0	0	0	0	3	.245
Reynolds lf	3	1	1	0	1	1	.282
Valdez rf	3	1	1	2	1	2	.306
O'Hearn 1b	4	1	2	0	0	2	.281
Ozuna dh	3	1	1	0	1	0	.208
Triolo ss	2	1	1	2	0	0	.244
Gonzalez ph-ss	2	0	1	0	0	0	.255
Davis c	3	0	1	0	0	0	.167
Callihan ph	1	0	0	0	0	1	.241
Flores c	0	0	0	0	0	0	.333
Cook cf	2	0	0	0	0	0	.220
Mangum ph-cf	2	0	0	0	0	0	.301
Totals	35	5	9	5	3	10	

Yankees	AB	R	H	BI	BB	SO	Avg
Grisham cf	4	0	0	0	0	1	.226
Rice dh	3	1	1	0	1	1	.281
Goldschmidt 1b	4	1	1	0	0	1	.259
Bellinger lf	4	2	1	0	0	1	.255
Chisholm 2b	4	2	2	5	0	2	.228
Domínguez rf	4	1	1	0	0	1	.230
McMahon 3b	4	1	1	0	0	1	.217
Wells c	4	0	2	0	0	0	.158
Caballero ss	4	0	2	2	0	0	.247
Totals	35	8	11	7	1	8	

Pittsburgh	032 000 000	—	5	9	2
Yankees	404 000 00x	—	8	11	1

E: Gonzales (8), Reynolds (2), McMahon (6). **LOB:** Pittsburgh 6, New York 4. **2B:** Ozuna (6), Triolo (12), Caballero (11). **HR:** Valdez (13), off Weathers; Chisholm 2 (16), off Ashcraft. **RBIs:** Triolo 2 (18), Gonzales (45), Valdez 2 (34), Chisholm 5 (43), Caballero 2 (37). **Runners left in scoring position:** Pittsburgh 2 (Gonzalez, Lowe); New York 2 (Rice 2). **RISP:** Pittsburgh 2 for 7; New York 4 for 6. **Runners moved up:** Gonzales. **GIDP:** Ozuna, Gonzales, Caballero. **DP:** Pittsburgh 1 (Lowe, O'Hearn); New York 2 (Chisholm, Goldschmidt; Chisholm, Caballero, Goldschmidt).

Pittsburgh	IP	H	R	ER	BB	SO	NP	ERA
Ashcraft, L, 9-4	3.0	9	8	7	1	2	74	3.95
Dotel	3.0	1	0	0	0	5	56	5.06
Eisert	1.0	0	0	0	0	1	15	6.23
Santana	1.0	1	0	0	0	0	10	6.05

Yankees	IP	H	R	ER	BB	SO	NP	ERA
Weathers	4.2	7	5	5	2	5	99	4.40
Chivilli, W, 1-0	1.1	0	0	0	1	0	15	0.87
Headrick, H, 12	1.0	0	0	0	0	2	12	1.43
Hill, H, 9	0.2	2	0	0	0	0	11	4.26
Cruz, S, 2-5	1.1	0	0	0	0	3	17	2.32

T: 2:47. **A:** 42,348 (47,309).

Red Sox 6, Orioles 5

Baltimore	AB	R	H	BI	BB	SO	Avg
Ward lf	5	1	1	0	0	1	.251
Alonso 1b	4	0	1	0	0	2	.246
Henderson ss	5	1	3	0	0	1	.224
O'Neill rf	5	1	2	2	0	0	.205
Mayo dh	3	0	0	0	0	3	.196
Beavers ph-dh	1	0	0	0	0	1	.243
Taveras cf	3	1	1	0	1	2	.240
Jackson 2b	4	0	1	1	0	1	.252
Encarnacion-Strand 3b	3	1	2	2	0	1	.375
Holliday ph-3b	1	0	0	0	0	0	.205
Huff c	3	0	0	0	0	3	.138
Cowser ph	0	0	0	0	1	0	.209
Totals	37	5	11	5	2	15	

Boston	AB	R	H	BI	BB	SO	Avg
Seigler 2b	4	0	0	0	0	0	.244
Rafaela cf	4	1	1	1	0	2	.281
Abreu rf	4	2	2	1	0	1	.267
Contreras 1b	4	1	3	2	0	1	.289
Yoshida dh	4	0	1	0	0	1	.267
Durbin 3b	4	1	1	1	0	0	.236
Duran lf	3	0	1	1	0	1	.191
Wong c	3	0	1	0	0	1	.277
Cheng ss	3	1	0	0	0	2	.278
Totals	33	6	10	6	0	9	

Baltimore	100 012 100	—	5	11	4
Boston	012 001 11x	—	6	10	0

E: Jackson (7), Henderson (12), Baz (1), Ward (2). **LOB:** Baltimore 8, Boston 4. **2B:** Henderson 3 (19), O'Neill (7), Ward (20), Abreu (21), Contreras (17). **HR:** Encarnacion-Strand (1), off Tolle; Durbin (10), off Wells. **RBIs:** O'Neill 2 (15), Encarnacion-Strand 2 (2), Jackson (37), Duran (49), Abreu (50), Contreras 2 (66), Rafaela (42), Durbin (42). **CS:** Alonso (1). **SF:** Duran. **RISP:** Baltimore 4 for 11; Boston 3 for 8. **DP:** Baltimore 1 (Henderson, Alonso).

Baltimore	IP	H	R	ER	BB	SO	NP	ERA
Baz	6.0	7	4	2	0	6	77	4.13
Cano, BS, 1-3	0.2	2	1	1	0	0	10	2.48
Wells, L, 2-2	1.1	1	1	1	0	3	21	3.00

Boston	IP	H	R	ER	BB	SO	NP	ERA
Tolle	5.2	8	4	4	1	9	88	3.31
Guerrero	1.1	2	1	1	0	3	19	2.49
Whitlck, W, 5-1	1.0	0	0	0	0	1	11	2.00
Chapman, S, 22-24	1.0	1	0	0	1	2	22	1.99

T: 2:24. **A:** 37,659 (37,755).

Brewers 8, Mets 3

Mets	AB	R	H	BI	BB	SO	Avg
Ewing rf	4	0	0	0	1	3	.271
Soto lf	3	1	0	0	1	2	.287
Bichette 3b	3	1	2	0	1	1	.256
Lindor ss	4	0	1	1	0	1	.220
Polanco dh	4	0	1	1	0	1	.173
Young 1b	4	0	1	0	0	0	.243
Robert cf	4	0	0	0	0	3	.213
Baty 2b	4	0	0	0	0	3	.221
Alvarez c	3	1	1	0	1	1	.257
Totals	33	3	6	2	4	15	

Milwaukee	AB	R	H	BI	BB	SO	Avg
Yelich dh	5	0	1	0	0	0	.240
Chourio lf	2	1	0	0	2	1	.277
Turang 2b	4	1	1	1	0	1	.261
Contreras c	4	0	0	0	0	2	.277
Mitchell cf	4	1	2	1	0	0	.283
Vaughn 1b	4	1	2	2	0	0	.312
Bauers rf	3	1	0	0	1	2	.256
Perkins rf	0	0	0	0	0	0	.157
Pratt ss	4	2	3	1	0	0	.267
Ortiz 3b	4	1	1	3	0	2	.227
Totals	34	8	10	8	3	8	

Mets	001 000 020	—	3	6	0
Milwaukee	212 003 00x	—	8	10	1

E: Vaughn (2). **LOB:** New York 7, Milwaukee 5. **2B:** Bichette (15), Turang (24), Yelich (16), Mitchell (22), Vaughn (15). **HR:** Pratt (1), off Peralta; Vaughn (3), off Peralta; Ortiz (5), off Curry. **RBIs:** Lindor (16), Polanco (4), Turang (61), Mitchell (48), Pratt (8), Vaughn 2 (26), Ortiz 3 (26). **SB:** Pratt (7). **Runners left in scoring position:** New York 2 (Polanco, Ewing); Milwaukee 3 (Bauers, Chourio 2). **RISP:** New York 1 for 5; Milwaukee 3 for 9. **Runners moved up:** Lindor. **GIDP:** Soto. **DP:** Milwaukee 1 (Turang, Pratt, Vaughn).

Mets	IP	H	R	ER	BB	SO	NP	ERA
Peralta, L, 5-9	5.1	8	7	7	2	6	107	5.01
Curry	2.2	2	1	1	1	2	47	3.00

Milwaukee	IP	H	R	ER	BB	SO	NP	ERA
Misiorowski	4.0	4	1	0	1	6	65	1.57
Yoho, W, 2-0	1.0	0	0	0	1	2	17	3.94
McCullers, H, 1	3.0	2	2	2	1	4	50	6.80
Anderson	1.0	0	0	0	1	3	16	3.45

T: 2:35. **A:** 34,073 (41,700).

Braves 3, Padres 2

San Diego	AB	R	H	BI	BB	SO	Avg
Tatis rf	3	0	0	0	1	0	.282
Merrill cf	4	0	0	0	0	2	.219
Machado 3b	4	1	2	1	0	0	.201
France 1b	4	1	2	1	0	1	.279
Sheets lf	2	0	0	0	0	0	.216
Rengifo ph-lf	2	0	2	0	0	0	.222
Bogaerts dh	4	0	0	0	0	0	.220
Cronenworth 2b	4	0	0	0	0	0	.194
Fermin c	2	0	1	0	0	1	.159
Campusano ph	0	0	0	0	1	0	.297
Bowen pr	0	0	0	0	0	0	.149
Durán c	0	0	0	0	0	0	.146
Song ss	3	0	0	0	0	1	.231
Totals	32	2	7	2	2	5	

Atlanta	AB	R	H	BI	BB	SO	Avg
Baldwin dh	4	0	0	0	0	2	.273
Albies 2b	4	1	2	1	0	1	.266
Olson 1b	3	0	0	0	0	0	.267
Riley 3b	2	0	0	0	1	0	.216
Harris cf	3	1	1	1	0	0	.301
Dubón lf	2	1	0	0	0	1	.265
Bart c	3	0	1	1	0	2	.215
Jarvis ss	3	0	0	0	0	0	.267
White rf	2	0	0	0	1	2	.221
Totals	26	3	4	3	2	8	

San Diego	000 100 100	—	2	7	1
Atlanta	000 021 00x	—	3	4	0

E: Fermin (6). **LOB:** San Diego 5, Atlanta 2. **2B:** Bart (3). **HR:** Machado (20), off Elder; France (15), off Elder; Harris (18), off Sears; Albies (15), off Peralta. **RBIs:** Machado (57), France (40), Harris (59), Bart (13), Albies (54). **CS:** Tatis (10). **Runners left in scoring position:** San Diego 2 (France, Song); Atlanta 1 (White). **RISP:** San Diego 0 for 3; Atlanta 0 for 2. **DP:** San Diego 1 (France, Song, France); Atlanta 1 (Albies, Jarvis, Olson).

San Diego	IP	H	R	ER	BB	SO	NP	ERA
Sears, L, 2-3	5.0	3	2	1	0	3	55	4.38
Peralta	1.0	1	1	1	1	1	22	2.32
Rodriguez	1.0	0	0	0	0	2	17	2.13
Hart	1.0	0	0	0	1	2	20	5.66

Atlanta	IP	H	R	ER	BB	SO	NP	ERA
Elder, W, 6-6	6.0	5	2	2	1	4	77	4.06
Young, H, 3	0.2	1	0	0	0	0	13	3.18
Meders, S, 1-1	2.1	1	0	0	1	1	29	0.96

T: 2:20. **A:** 31,263 (41,149).

Guardians 13, Twins 4

Minnesota	AB	R	H	BI	BB	SO	Avg
Larnach lf	5	0	2	1	0	2	.288
Buxton cf	3	0	2	0	0	0	.275
Martin ph-cf	1	0	0	0	1	0	.244
Clemens 2b	5	0	0	0	0	2	.237
Bell dh	4	1	2	0	0	1	.251
Jackson p	0	0	0	0	0	0	.309
Lewis 1b	3	1	1	0	1	1	.218
Caratini c	4	0	1	1	0	1	.240
Lee 3b	4	1	2	1	0	1	.252
Roden rf	2	1	0	1	1	0	.190
Kreidler ss	4	0	0	0	0	1	.246
Totals	35	4	10	4	3	9	

Cleveland	AB	R	H	BI	BB	SO	Avg
Kwan lf	3	1	0	0	1	0	.238
Manzardo 1b	1	1	1	0	0	0	.211
Bazzana 2b	5	2	3	1	0	1	.246
DeLauter rf	5	0	4	3	0	0	.286
Rocchio ss	5	1	1	2	0	3	.271
Hoskins dh	5	2	2	2	0	1	.182
Schneemann 3b	4	1	1	0	1	1	.211
Fry 1b-lf	5	0	0	0	0	1	.194
Bailey c	5	2	4	2	0	0	.199
Halpin cf	5	3	3	3	0	0	.222
Totals	43	13	19	13	2	7	

Minnesota	020 000 110	—	4	10	0
Cleveland	331 111 30x	—	13	19	0

LOB: Minnesota 8, Cleveland 8. **2B:** Bell (22), Caratini (9), Larnach (19), DeLauter 2 (19), Halpin (3), Manzardo (8). **3B:** Lee (3). **HR:** Rocchio (9), off Ryan; Hoskins 2 (11), off Ryan; Halpin 2 (2), off Ryan; Bazzana (9), off Ryan; Bailey (4), off Go. **RBIs:** Lee (52), Roden (4), Larnach (34), Caratini (36), Rocchio 2 (46), Hoskins 2 (33), Halpin 3 (4), Bazzana (32), Bailey 2 (17), DeLauter 3 (50). **SB:** Schneemann (6). **SF:** Roden. **RISP:** Minnesota 2 for 7; Cleveland 5 for 12. **DP:** Cleveland 1 (Bazzana, Manzardo).

Minnesota	IP	H	R	ER	BB	SO	NP	ERA
Ryan, L, 6-6	4.0	10	8	8	0	3	78	3.38
Funderburk	1.0	2	1	1	0	0	16	4.10
Nance	1.0	2	1	1	2	2	36	3.96
Go	1.0	4	3	3	0	2	24	9.00
Jackson	1.0	1	0	0	0	0	11	0.00

Cleveland	IP	H	R	ER	BB	SO	NP	ERA
Bibee, W, 4-9	6.0	6	2	2	1	5	95	3.86
Holderman	1.0	1	1	1	1	0	14	1.93
Festa	1.0	2	1	1	0	3	24	4.43
Armstrong	1.0	1	0	0	1	1	19	4.26

T: 2:43. **A:** 22,501 (34,788).

Rays 7, Blue Jays 1

Tampa Bay	AB	R	H	BI	BB	SO	Avg
Díaz dh	5	2	2	0	0	0	.311
Aranda 1b	5	0	1	1	0	1	.289
Caminero 3b	4	0	3	2	1	0	.285
Mullins cf	5	1	1	1	0	1	.199
Simpson lf	3	0	1	0	1	1	.282
Mesa rf	4	1	1	1	0	2	.218
Palacios 2b	4	0	0	0	0	3	.236
Fortes c	4	2	2	1	0	0	.258
Walls ss	3	1	2	0	0	1	.224
Totals	37	7	13	6	2	9	

Toronto	AB	R	H	BI	BB	SO	Avg
Clement 2b	4	0	2	0	0	0	.298
Lukes rf	4	0	2	0	0	0	.290
Guerrero 1b	4	0	0	0	0	1	.259
Springer dh	3	1	2	0	1	0	.224
Okamoto 3b	3	0	0	0	1	0	.229
Varsho cf	4	0	1	0	0	0	.239
Kirk c	4	0	1	1	0	0	.204
Giménez ss	4	0	0	0	0	1	.228
Straw lf	3	0	0	0	0	0	.221
Totals	33	1	8	1	2	2	

Tampa Bay	011 021 101	—	7	13	0
Toronto	000 100 000	—	1	8	3

E: Cease (3), Okamoto (13), Giménez (5). **LOB:** Tampa Bay 6, Toronto 7. **2B:** Caminero 2 (16), Walls (13). **HR:** Mesa (8), off Cease; Mullins (12), off Cease; Fortes (3), off Little. **RBIs:** Mesa (15), Aranda (65), Caminero 2 (62), Mullins (31), Fortes (21), Kirk (10). **SB:** Springer (7), Díaz (2), Simpson (24). **S:** Walls. **Runners left in scoring position:** Tampa Bay 4 (Fortes, Mullins 3); Toronto 2 (Giménez, Okamoto). **RISP:** Tampa Bay 2 for 11; Toronto 1 for 5. **DP:** Tampa Bay 2 (Palacios, Aranda; Aranda, Walls); Toronto 2 (Guerrero, Giménez, Guerrero; Clement, Giménez, Guerrero).

Tampa Bay	IP	H	R	ER	BB	SO	NP	ERA
Martinz, W, 9-2	6.0	6	1	1	1	0	82	2.59
Booser	1.0	0	0	0	0	1	11	1.35
Legumina	1.0	1	0	0	0	1	13	3.92
Baker	1.0	1	0	0	1	0	16	1.69

Toronto	IP	H	R	ER	BB	SO	NP	ERA
Cease, L, 6-5	6.0	7	5	3	1	7	101	2.67
Fisher	1.0	2	1	1	0	1	16	3.65
Little	2.0	4	1	1	1	1	28	20.25

T: 2:28. **A:** 40,837 (39,150).

Phillies 10, Dodgers 7

Los Angeles	AB	R	H	BI	BB	SO	Avg
Ohtani dh	4	0	0	0	1	2	.287
Pages cf	4	1	2	1	1	1	.269
Edman 3b-lf	3	0	1	0	0	0	.354
Freeman 1b	4	0	1	0	0	1	.285
Alfonzo c	1	1	0	1	0	0	.083
Betts ss	5	3	4	3	0	0	.237
Rojas 2b	3	1	1	0	0	0	.294
Freeland ph-2b	2	0	0	0	0	1	.232
Hernández lf-rf	5	1	1	0	0	0	.241
Call rf	2	0	1	0	0	1	.254
Muncy ph-3b	2	0	1	1	0	0	.263
Rushing c-1b	4	0	0	0	0	4	.242
Totals	**39**	**7**	**12**	**6**	**2**	**10**	

Philadelphia	AB	R	H	BI	BB	SO	Avg
Turner ss	5	2	3	5	0	2	.246
Schwarber dh	3	0	0	0	0	3	.251
Harper 1b	3	1	1	1	1	0	.258
Bohm 3b	4	0	0	0	0	1	.216
Marsh lf	4	1	1	1	0	1	.293
Stott 2b	4	2	2	0	0	1	.251
Realmuto c	4	1	1	0	0	1	.215
Rincones rf	2	1	1	1	0	0	.176
Hill ph-rf	1	2	1	1	1	0	.255
Crawford cf	3	0	1	1	0	0	.257
Totals	**33**	**10**	**11**	**10**	**2**	**9**	

Los Angeles	**000 102 103 —**	**7 12 0**
Philadelphia	**040 004 11x —**	**10 11 1**

E: Turner (15). **LOB:** Los Angeles 9, Philadelphia 3. **2B:** Muncy (16), Turner (18), Rincones (4), Stott (18). **HR:** Betts (12), off Bowlan; Betts (13), off Shugart; Turner (13), off Sheehan; Marsh (16), off Sheehan; Turner (14), off Vesia; Harper (21), off Knack; Hill (8), off Knack. **RBIs:** Muncy (43), Pages (68), Betts 3 (34), Alfonzo (1), Rincones (7), Crawford (22), Turner 5 (40), Marsh (47), Harper (60), Hill (17). **SB:** Crawford (13). **SF:** Crawford. **RISP:** Los Angeles 3 for 9; Philadelphia 3 for 9. **DP:** Los Angeles 1 (Edman, Rojas, Freeman); Philadelphia 1 (Turner, Stott, Harper).

Los Angeles	IP	H	R	ER	BB	SO	NP	ERA
Sheehan, L, 4-7	5.1	8	6	6	1	6	87	5.13
Vesia	0.2	1	2	2	1	1	12	2.62
Knack	2.0	2	2	2	0	2	30	9.00

Philadelphia	IP	H	R	ER	BB	SO	NP	ERA
Sánchz, W, 12-4	5.1	7	3	3	0	7	99	2.71
Kerkering, H, 10	0.2	2	0	0	1	1	19	2.33
Bowlan	1.0	1	1	1	0	0	10	3.03
Alvarado	1.0	0	0	0	0	1	11	6.43
Shugart	0.2	2	3	3	1	1	18	5.40
Duran	0.1	0	0	0	0	0	3	1.32

T: 3:00. **A:** 40,265 (42,901).

Tigers 8, Cubs 6

Detroit	AB	R	H	BI	BB	SO	Avg
McGonigle ss-3b	4	0	1	0	2	0	.281
Torres 2b	3	1	2	0	2	1	.288
Vierling pr-rf	1	0	0	0	0	0	.205
Keith 3b	2	1	1	0	0	0	.256
Lee ph-3b-2b	3	1	1	0	0	1	.256
Greene lf	5	2	2	3	0	1	.288
Dingler c	5	3	4	3	0	0	.268
Carpenter dh	5	0	0	0	0	1	.206
Malgeri pr-dh	0	0	0	0	0	0	.269
Torkelson 1b	5	0	1	2	0	2	.206
McKinstry rf-ss	5	0	0	0	0	1	.191
Outman cf	5	0	0	0	0	4	.153
Totals	**43**	**8**	**12**	**8**	**4**	**11**	

Chicago	AB	R	H	BI	BB	SO	Avg
Crow-Armstrong cf	4	0	0	0	1	0	.281
Suzuki rf	4	1	1	2	1	2	.273
Busch 1b	4	1	1	1	1	2	.245
Bregman dh	5	2	2	0	0	2	.241
Happ lf	4	1	1	2	1	0	.218
Hoerner 2b	5	0	2	0	0	0	.247
Ramirez 3b	5	0	1	1	0	2	.275
Swanson ss	4	0	2	0	1	0	.210
Amaya c	3	1	1	0	0	2	.232
Conforto ph	1	0	0	0	0	0	.240
Kelly c	1	0	0	0	0	0	.268
Totals	**40**	**6**	**11**	**6**	**5**	**10**	

Detroit	**400 000 010 3 —**	**8 12 1**
Chicago	**003 000 020 1 —**	**6 11 1**

E: Outman (3), Hoerner (3). **LOB:** Detroit 10, Chicago 10. **2B:** Keith (10), McGonigle (20), Swanson (12). **HR:** Greene (15), off Taillon; Dingler (20), off Taillon; Dingler (21), off Ferguson; Suzuki (16), off Flaherty; Busch (13), off Flaherty; Happ (18), off Finnegan. **RBIs:** Greene 3 (50), Dingler 3 (63), Torkelson 2 (49), Suzuki 2 (50), Busch (53), Happ 2 (44), Ramirez (11). **RISP:** Detroit 6 for 14; Chicago 1 for 9. **Runners moved up:** Conforto.

Detroit	IP	H	R	ER	BB	SO	NP	ERA
Flaherty	4.0	4	3	3	2	4	82	4.59
Sommers	1.1	1	0	0	1	1	29	4.76
Waguspck, H, 1	1.1	1	0	0	0	1	15	1.26
Finnegn, BS, 1-7	1.1	2	2	2	0	2	26	2.45
Jansen, W, 2-4	1.0	1	0	0	2	2	28	4.21
Holton, S, 1-2	1.0	2	1	0	0	0	13	3.05

Chicago	IP	H	R	ER	BB	SO	NP	ERA
Taillon	4.1	5	4	4	2	6	75	5.38
Rolison	1.2	1	0	0	0	0	20	2.61
Hollowell	0.2	2	0	0	0	1	12	2.45
Thielbar	0.1	0	0	0	0	0	5	4.34
Ferguson	1.0	1	1	1	0	1	20	6.94
Webb	1.0	0	0	0	1	1	15	2.91
Thornton, L, 3-3	0.0	1	2	1	0	0	4	2.70
Assad	1.0	2	1	0	1	2	26	4.04

T: 3:32. **A:** 39,023 (41,363).

Royals 4, Giants 3

San Francisco	AB	R	H	BI	BB	SO	Avg
Arraez 2b	4	0	0	0	0	0	.323
Eldridge 1b	3	0	0	0	1	3	.271
Schmitt 3b	4	0	0	0	0	1	.275
Devers dh	3	0	1	0	1	1	.243
Ramos lf	4	1	1	1	0	2	.276
Lee rf	4	1	1	0	0	0	.303
Adames ss	4	1	1	2	0	1	.228
Gilbert cf	4	0	0	0	0	0	.228
Susac c	3	0	2	0	0	0	.264
Totals	**33**	**3**	**6**	**3**	**2**	**8**	

Kansas City	AB	R	H	BI	BB	SO	Avg
Jensen c	5	0	0	0	0	1	.242
Witt ss	1	0	0	0	1	1	.279
Loftin ss	3	0	2	1	0	0	.242
Caglianone rf	4	0	0	0	0	1	.260
Thomas cf	4	0	2	0	0	2	.244
Pasquantino 1b	2	1	0	0	1	0	.221
Perez dh	3	1	1	2	0	1	.213
Massey 2b	4	1	1	0	0	0	.267
Rojas 3b	4	1	1	0	0	0	.233
Collins lf	3	0	2	1	0	0	.245
Tolbert pr-lf	0	0	0	0	0	0	.345
Totals	**33**	**4**	**9**	**4**	**2**	**6**	

San Francisco	**000 100 002 —**	**3 6 0**
Kansas City	**000 300 001 —**	**4 9 0**

One out when winning run scored. **LOB:** San Francisco 5, Kansas City 9. **2B:** Susac (6), Massey (17). **HR:** Ramos (9), off Wacha; Adames (18), off Lange; Perez (13), off McDonald. **RBIs:** Ramos (30), Adames 2 (44), Perez 2 (41), Collins (32), Loftin (30). **SB:** Susac (2). **S:** Tolbert. **Runners left in scoring position:** San Francisco 3 (Ramos, Schmitt, Arraez); Kansas City 2 (Thomas, Rojas). **RISP:** San Francisco 0 for 5; Kansas City 2 for 8. **Runners moved up:** Arraez, Rojas, Jensen. **DP:** San Francisco 1 (Gilbert, Susac, Gilbert).

San Francisco	IP	H	R	ER	BB	SO	NP	ERA
McDonald	4.0	4	3	3	2	3	67	5.12
Brubaker	2.1	3	0	0	0	2	38	2.74
Smith	0.2	0	0	0	0	1	6	3.21
Foley	1.0	0	0	0	0	0	9	0.00
Kilian, L, 2-6	0.1	2	1	1	0	0	7	4.81

Kansas City	IP	H	R	ER	BB	SO	NP	ERA
Wacha	6.0	3	1	1	2	5	96	3.66
Cruz, H, 2	1.0	0	0	0	0	0	10	4.50
Lynch, H, 11	1.0	1	0	0	0	1	15	2.18
Lange, W, 1-5	1.0	2	2	2	0	2	19	6.30

T: 2:30. **A:** 16,411 (38,427).

White Sox 10, Rangers 3

Chicago	AB	R	H	BI	BB	SO	Avg
Antonacci lf	3	2	2	1	1	0	.285
Murakami 1b	3	2	1	0	2	1	.232
Vargas 3b	5	2	3	2	0	1	.247
C.Montgomery ss	4	0	0	0	0	2	.222
Acuña ss	1	1	1	2	0	0	.247
Benintendi dh	3	0	1	3	0	0	.244
Grichuk ph-dh	2	1	1	1	0	1	.250
Teel c	1	0	0	0	0	0	.190
Romo c	4	0	1	0	0	1	.134
B.Montgomery rf	4	0	1	1	1	0	.242
Peters cf	5	1	1	0	0	1	.292
Meidroth 2b	3	1	1	0	1	1	.272
Totals	**38**	**10**	**13**	**10**	**5**	**8**	

Texas	AB	R	H	BI	BB	SO	Avg
Pederson dh	3	1	1	1	0	2	.244
Higashioka ph-dh	0	0	0	0	1	0	.218
Langford lf	4	0	1	0	0	1	.282
Jung 3b	3	0	1	0	1	1	.293
Nimmo rf	4	0	0	0	0	3	.260
Burger 1b	3	1	1	1	0	1	.239
Osuna ph	1	0	0	0	0	0	.253
Duran ss	3	1	1	0	0	2	.265
Cauley ph	1	0	1	0	0	0	.269
Carter cf	4	0	1	1	0	0	.192
Díaz c	4	0	0	0	0	2	.258
Lopez 2b	2	0	0	0	0	1	.310
Foscue ph-2b	1	0	0	0	0	1	.277
Totals	**33**	**3**	**7**	**3**	**2**	**14**	

Chicago	**001 040 005 —**	**10 13 0**
Texas	**110 000 100 —**	**3 7 0**

LOB: Chicago 7, Texas 5. **2B:** Murakami (7), Vargas 2 (23), Peters (21), Benintendi (16), Romo (5), B.Montgomery (10), Duran (17), Cauley (2). **3B:** Grichuk (1). **HR:** Pederson (17), off Fedde; Burger (17), off Domínguez. **RBIs:** Vargas 2 (61), Antonacci (30), Benintendi 3 (50), Acuña 2 (12), Grichuk (24), B.Montgomery (18), Pederson (36), Carter (25), Burger (60). **SB:** Langford 2 (7). **CS:** Langford (1), B.Montgomery (2). **S:** Antonacci. **RISP:** Chicago 6 for 16; Texas 1 for 5.

Chicago	IP	H	R	ER	BB	SO	NP	ERA
Fedde	4.0	4	2	2	0	6	64	4.16
Murphy, W, 3-0	1.1	0	0	0	0	1	15	4.30
Hicks, H, 4	0.2	0	0	0	1	2	19	3.62
Domínguez, H, 4	1.0	1	1	1	0	2	17	4.50
Newcomb, H, 8	1.0	1	0	0	1	2	20	2.41
Richards	1.0	1	0	0	0	1	18	3.55

Texas	IP	H	R	ER	BB	SO	NP	ERA
deGrom, L, 7-6	4.2	7	5	5	2	6	97	3.76
Gray	1.1	1	0	0	0	0	21	3.53
Peoples	1.0	0	0	0	0	0	15	2.84
Ahlstrom	1.0	1	0	0	1	1	27	6.06
Corniell	1.0	4	5	5	2	1	35	20.77

T: 3:11. **A:** 28,506 (40,000).

Astros 8, Marlins 5

Miami	AB	R	H	BI	BB	SO	Avg
Stowers 1b	4	0	1	0	1	2	.230
Hernández lf	5	0	1	1	0	2	.236
Edwards 2b	3	1	0	0	2	2	.296
Hicks dh	5	1	2	2	0	2	.288
Conine rf	4	0	1	0	0	2	.275
Marsee cf	3	1	0	0	1	2	.194
Mack c	2	1	1	2	0	1	.242
Jiménez ph-3b	2	0	1	0	0	0	.214
Pauley 3b	2	0	0	0	0	1	.172
Ruiz ph	1	0	0	0	0	0	.245
Navarreto c	1	0	0	0	0	0	.167
Sanoja ss	4	1	2	0	0	0	.272
Totals	**36**	**5**	**9**	**5**	**4**	**14**	

Houston	AB	R	H	BI	BB	SO	Avg
Peña ss	4	1	1	4	0	1	.294
Alvarez dh	4	2	3	2	0	1	.324
Paredes 3b	3	1	1	0	1	0	.257
Altuve 2b	4	0	1	1	0	2	.235
Allen 2b	0	0	0	0	0	0	.239
Wade 1b	2	1	0	0	1	0	.195
Walker ph-1b	1	0	0	0	0	0	.233
Diaz c	4	1	1	0	0	1	.242
Trammell rf-lf	4	0	1	1	0	2	.229
Dezenzo lf	2	1	0	0	1	1	.231
Smith rf	0	0	0	0	1	0	.210
Spence cf	3	1	0	0	1	0	.214
Totals	**31**	**8**	**8**	**8**	**5**	**8**	

Miami	**020 200 001 —**	**5 9 0**
Houston	**060 010 10x —**	**8 8 0**

LOB: Miami 8, Houston 4. **3B:** Paredes (1). **HR:** Mack (8), off Blanco; Hicks (14), off Blanco; Peña (7), off Junk; Alvarez (32), off Junk; Alvarez (33), off Bachar. **RBIs:** Mack 2 (26), Hicks 2 (60), Hernández (37), Trammell (12), Peña 4 (26), Alvarez 2 (75), Altuve (29). **SB:** Smith (10). **Runners left in scoring position:** Miami 3 (Hicks, Hernández, Jiménez); Houston 1 (Spence). **RISP:** Miami 1 for 7; Houston 3 for 5. **GIDP:** Altuve. **DP:** Miami 1 (Pauley, Edwards, Stowers).

Miami	IP	H	R	ER	BB	SO	NP	ERA
Junk, L, 4-6	4.0	5	6	6	3	3	80	5.09
Bachar	1.0	1	1	1	0	1	14	3.63
Fulton	3.0	2	1	1	2	4	45	2.70

Houston	IP	H	R	ER	BB	SO	NP	ERA
Blanco	4.2	2	4	4	3	8	86	7.71
De Los Santos, W, 1-3	1.1	1	0	0	0	2	22	4.21
Okert, H, 13	1.0	2	0	0	0	2	19	2.17
Abreu	1.0	1	0	0	1	2	28	5.45
Hader	1.0	3	1	1	0	0	16	1.56

T: 2:49. **A:** 23,684 (41,000).

Mariners 8, Reds 0

Cincinnati	AB	R	H	BI	BB	SO	Avg
De La Cruz ss	3	0	0	0	1	1	.279
Stewart 1b	4	0	0	0	0	2	.251
Bleday lf	4	0	0	0	0	1	.239
Steer rf	2	0	0	0	0	1	.245
Marte rf	1	0	0	0	0	1	.195
Suárez dh	3	0	0	0	0	0	.208
Stephenson c	3	0	0	0	0	1	.244
Myers cf	3	0	1	0	0	1	.262
Arroyo 2b	2	0	1	0	1	0	.241
Hayes 3b	3	0	1	0	0	1	.143
Totals	**28**	**0**	**3**	**0**	**2**	**9**	

Seattle	AB	R	H	BI	BB	SO	Avg
Arozarena lf	3	1	2	0	1	0	.284
Rodríguez cf	3	0	1	1	0	1	.256
Wilson rf-3b	2	1	1	1	0	0	.230
Canzone dh	4	1	1	0	1	1	.261
Raleigh c	5	1	1	5	0	2	.163
Naylor 1b	5	0	1	0	0	0	.253
Young 2b	3	0	0	0	1	0	.254
Robles rf-cf	4	2	4	0	0	0	.240
Kennedy 3b	2	0	0	0	0	1	.063
Raley ph-rf	2	1	1	0	0	1	.232
Emerson ss	3	1	1	1	0	1	.197
Totals	**36**	**8**	**13**	**8**	**3**	**7**	

Cincinnati	**000 000 000 —**	**0 3 1**
Seattle	**000 010 61x —**	**8 13 0**

E: Stephenson (3). **LOB:** Cincinnati 4, Seattle 9. **2B:** Wilson (2). **HR:** Raleigh (10), off Ferguson. **RBIs:** Rodríguez (42), Emerson (21), Wilson (8), Raleigh 5 (34). **SB:** De La Cruz (15), Myers (6). **SF:** Emerson. **RISP:** Cincinnati 0 for 6; Seattle 4 for 10. **GIDP:** Suárez. **DP:** Seattle 2 (Robles, Raleigh, Robles; Kennedy, Young, Naylor).

Cincinnati	IP	H	R	ER	BB	SO	NP	ERA
Abbott, L, 5-6	6.0	4	1	0	2	6	100	3.89
Johnson	0.1	4	4	4	0	0	16	5.28
Ferguson	0.2	3	2	2	1	1	12	3.98
Petty	1.0	2	1	1	0	0	13	4.56

Seattle	IP	H	R	ER	BB	SO	NP	ERA
Kirby, W, 8-8	6.0	3	0	0	1	6	80	3.57
Davila, H, 2	1.0	0	0	0	0	0	14	3.38
Wilcox	1.0	0	0	0	1	0	21	3.79
Rucker	1.0	0	0	0	0	3	12	4.91

T: 2:34. **A:** 35,929 (47,929).

Nationals 7, Rockies 3

Washington	AB	R	H	BI	BB	SO	Avg
Wood rf	4	2	1	0	1	0	.271
Mead 3b	5	1	3	0	0	1	.262
Chaparro dh	3	1	1	3	0	0	.215
Lile ph-dh	2	1	1	1	0	0	.247
Abrams ss	5	1	1	2	0	2	.275
Crews lf	3	0	0	0	1	1	.206
Young cf	4	1	3	1	0	0	.233
Ford c	3	0	0	0	0	2	.273
Tena ph	1	0	0	0	0	0	.240
Ruiz c	0	0	0	0	0	0	.279
García 1b	4	0	1	0	0	1	.279
Nuñez 2b	4	0	1	0	0	0	.246
Totals	**38**	**7**	**12**	**7**	**2**	**7**	

Colorado	AB	R	H	BI	BB	SO	Avg
McCarthy lf	4	1	2	0	0	0	.305
Karros 3b	3	0	1	0	1	1	.260
Carrigg cf	4	1	1	0	0	0	.287
Goodman dh	3	0	0	0	1	1	.255
Rumfield 1b	3	1	0	0	1	1	.296
Castro 2b-ss	3	0	1	3	1	0	.264
Fulford c	2	0	0	0	0	0	.186
Johnston ph-rf	1	0	0	0	1	0	.295
Freeman rf-2b	4	0	1	0	0	0	.255
Tovar ss	3	0	0	0	0	0	.198
Sullivan c	1	0	0	0	0	0	.220
Totals	**31**	**3**	**6**	**3**	**5**	**3**	

Washington	**300 001 201 —**	**7 12 2**
Colorado	**003 000 000 —**	**3 6 0**

E: Alvarez (1), Mead (7). **LOB:** Washington 6, Colorado 6. **2B:** Mead (17), Castro (14). **3B:** Lile (4). **HR:** Chaparro (4), off Freeland; Young (9), off Freeland; Abrams (22), off Senzatela. **RBIs:** Chaparro 3 (18), Young (33), Abrams 2 (72), Lile (49), Castro 3 (43). **SB:** Young (11). **CS:** Freeman (4), Young (3). **RISP:** Washington 1 for 7; Colorado 1 for 8. **DP:** Washington 2 (Abrams, Nuñez, García; Mead, Nuñez, García).

Washington	IP	H	R	ER	BB	SO	NP	ERA
Alvarez	4.1	6	3	3	3	2	74	4.22
Cornelio, W, 1-1	1.2	0	0	0	2	0	29	6.06
Krook, H, 2	1.0	0	0	0	0	1	8	9.82
Cosgrove, S, 1-1	2.0	0	0	0	0	0	10	0.00

Colorado	IP	H	R	ER	BB	SO	NP	ERA
Freeland, L, 2-9	6.0	7	4	4	2	4	91	7.28
Senzatela	1.0	2	2	2	0	2	19	3.60
Mejia	1.0	1	0	0	0	1	12	5.52
Vodnik	1.0	2	1	1	0	0	18	5.64

T: 2:25. **A:** 20,050 (50,144).

Athletics 5, Diamondbacks 2

Athletics	AB	R	H	BI	BB	SO	Avg
Wilson ss	5	1	2	1	0	0	.292
Soderstrom lf	5	0	2	0	0	0	.247
Langeliers c	4	1	1	0	1	3	.260
Thomas rf	1	0	0	0	0	0	.204
Butler rf	3	1	2	0	0	0	.198
Kuroda-Grauer 3b	3	1	2	1	0	1	.417
Walton 2b-3b	2	0	0	0	0	1	.296
Heim dh	5	0	1	0	0	1	.230
White 1b	5	1	4	0	0	0	.455
Williams 2b-3b	2	0	0	0	0	0	.267
McNeil ph-2b	1	0	1	2	0	0	.236
Bolte cf	3	0	0	0	0	1	.258
Totals	**39**	**5**	**15**	**4**	**1**	**7**	

Arizona	AB	R	H	BI	BB	SO	Avg
Marte dh	4	1	1	2	0	0	.258
Perdomo ss	4	0	2	0	0	0	.241
Tawa cf	4	0	0	0	0	1	.208
Moreno c	4	0	1	0	0	1	.303
Vargas 2b	4	0	1	0	0	1	.258
Arenado 3b	4	0	1	0	0	1	.244
Locklear 1b	3	0	0	0	1	0	.167
Waldschmidt lf	4	0	1	0	0	3	.252
Barrosa rf	2	1	1	0	1	0	.190
Totals	**33**	**2**	**8**	**2**	**2**	**7**	

Athletics	**010 010 300 —**	**5 15 1**
Arizona	**000 002 000 —**	**2 8 0**

E: Langeliers 2 (3). **LOB:** Athletics 11, Arizona 6. **2B:** Arenado (19), Barrosa (11). **HR:** Kuroda-Grauer (1), off Bratt; Wilson (6), off Bratt; Marte (18), off Springs. **RBIs:** Kuroda-Grauer (4), Wilson (30), McNeil 2 (30), Marte 2 (58). **CS:** Perdomo (9), White (1). **S:** Bolte. **RISP:** Athletics 2 for 11; Arizona 1 for 5. **GIDP:** White, Arenado. **DP:** 1 (Kuroda-Grauer, Williams, White); Arizona 1 (Vargas, Perdomo, Locklear).

Athletics	IP	H	R	ER	BB	SO	NP	ERA
Springs	5.0	6	2	2	1	2	78	5.96
Medina, W, 2-1	2.0	1	0	0	0	2	36	3.55
Suarez, H, 2	1.0	0	0	0	0	0	12	4.47
Harris, S, 7-11	1.0	1	0	0	1	3	26	3.30

Arizona	IP	H	R	ER	BB	SO	NP	ERA
Bratt	4.2	8	2	2	1	4	84	5.06
Burgos	1.1	1	0	0	0	0	18	3.38
Ginkel, L, 3-3	1.0	4	3	3	0	1	25	3.29
Loáisiga	1.0	1	0	0	0	1	10	2.08
Garcia	1.0	1	0	0	0	1	10	1.75

T: 3:08. **A:** 19,121 (48,359).

Yonkers Entries

Post time: 6:45 p.m.

FIRST: 1 Mile $18,000 FM20000CLM; PACE

1	Miki The Clown	(MKakaley)	7-1-1	12-1
2	Katies Up	(JBartlett)	2-4-6	2-1
3	Spirit Of Pearl A	(BHolland)	1-8-2	5-2
4	Th Sandra Dee	(JMarohn)	5-3-8	5-1
5	Talent To Spare A	(TButer)	3-3-3	8-1
6	Remi Lou A	(JBongiorno)	3-1-6	4-1
7	Stay Happy	(TMerton)	7-7-5	20-1
8	Bout Damn TimeA	(JStratton)	8-1-4	20-1

SECOND: 1 Mile $19,000 NW7500L5; PACE

1	The Miki Taker A	(TButer)	6-3-7	4-1
2	Pyro	(BHolland)	3-5-7	4-1
3	Levine	(SZeron)	7-4-6	12-1
4	Rusty Beach	(TMerton)	2-6-2	7-2
5	Kimble A	(JMarohn)	1-8-5	9-2
6	Caviart Sargent	(MKakaley)	5-3-4	15-1
7	Lotto Max	(JStratton)	1-5-1	20-1
8	Carabao A	(JBartlett)	1-8-7	4-1

THIRD: 1 Mile $24,000 FM50000CLM; PACE

1	Maddie's Delite	(BHolland)	1-6-3	7-5
2	Sweet Odds	(JBartlett)	7-2-1	4-1
3	Splash Of Pink	(DDube)	3-3-3	12-1
4	Win With Lynnly	(MKakaley)	1-8-5	7-2
5	Over Ice	(TButer)	2-4-7	4-1
6	Mc Angel	(JStratton)	5-1-1	12-1

FOURTH: 1 Mile $21,000 HGW2BN4PM; PACE

1	Moonshiner N	(JBongiorno)	1-1-2	3-2
2	Sweet Parlay	(TMerton)	7-6-3	20-1
3	Always Bet On Me	(TButer)	3-1-1	9-2
4	George's Wish	(JStratton)	1-1-7	8-1
5	Ragnar Lothbrok N	(JBartlett)	2-2-1	2-1
6	Art In Heaven	(SZeron)	4-2-1	15-1
7	AdamCheesehead	(MKakley)	5-2-3	12-1

FIFTH: 1 Mile $19,000 CHGNW2PM; PACE

1	EnriqueHanover	(JBongiorno)	4-1-2	6-1
2	Callmebigpapi	(JStratton)	3-8-4	9-2
3	Spectacular Leo	(SZeron)	1-1-1	3-1
4	Enter Sandman	(PLachance)	1-4-5	5-1
5	The Rascal N	(JBartlett)	2-8-1	5-2
6	Sweet Joel	(MKakaley)	2-2-1	8-1
7	Captain Amore N	(BHolland)	6-5-4	20-1
8	Flying Major Art N	(TButer)	3-7-1	15-1

SIXTH: 1 Mile $23,000 NW15000L5; PACE

1	Jabbar	(SZeron)	5-7-2	5-2
2	WhatsStanleyGotA	(JStrattn)	3-1-5	9-2
3	Lyons Franky J	(JBartlett)	2-1-8	7-2
4	SouthwindCelsius	(BHolland)	2-1-6	6-1
5	Mac's Marvel	(PLachance)	3-5-6	8-1
6	Mysweetboymax	(JBongiorn)	7-7-2	20-1
7	EverlastStingDeo	(MKakaley)	1-1-9	8-1
8	Courts On Fire	(TButer)	4-3-8	10-1

SEVENTH: 1 Mile $28,000 NW23251L5; PACE

1	Forward Flash	(JMarohn)	6-3-6	6-1
2	Banderas	(TButer)	4-1-7	5-2
3	PanettoneHanover	(JBongrn)	2-2-6	5-2
4	Keayang Taco A	(JStratton)	7-1-1	9-2
5	TheIdealDancerA	(PLachnce)	4-2-1	20-1
6	Joemikiyoursofine	(BHolland)	6-7-1	10-1
7	Howlenthehills	(MKakaley)	5-1-3	2-1

EIGHTH: 1 Mile $23,000 NW16596L5; PACE

1	Udderly SweetA	(JBongiorno)	1-6-4	5-2
2	KeayangKamikazeA	(JMarhn)	6-1-6	6-1
3	Boston Bound	(BHolland)	1-7-6	7-2
4	Mullinax	(JBartlett)	1-4-5	9-5
5	Optical Illusion N	(MKakaley)	3-1-2	20-1
6	Stellar Yankee	(JStratton)	7-4-1	20-1
7	Matai Phil N	(TButer)	6-3-3	12-1
8	Coalford Topguy Gb	(CKelly)	4-3-8	20-1

NINTH: 1 Mile $19,000 NW7500L5; PACE

1	Century Heineken	(CKelly)	2-2-5	5-1
2	Heza Risk Taker A	(JBartlett)	1-5-4	9-5
3	Hammering Hank	(BHolland)	7-7-2	4-1
4	Dunkin'	(JMarohn)	2-7-1	3-1
5	Gingras Beach	(JStratton)	6-7-6	20-1
6	Windsun Ricky	(MKakaley)	8-7-7	20-1
7	SmmentsmwhereA	(YGngrs)	5-4-3	12-1
8	Majorcrowdcontrl A	(SZeron)	3-4-5	20-1

TENTH: 1 Mile $15,000 NW5000L5; PACE

1	Music Hall	(MKakaley)	8-6-6	5-2
2	Samhara N	(BHolland)	6-5-6	5-1
3	In Excess N	(JBartlett)	4-6-4	9-5
4	Kevin Kline N	(PLachance)	5-4-6	12-1
5	Quote Me Not N	(SZeron)	6-8-4	6-1
6	Casino Action N	(JStratton)	6-7-5	20-1
7	Six Degrees	(CKelly)	5-6-4	10-1
8	Marlbank Road	(JMarohn)	5-7-6	20-1

Yonkers Results

FIRST-1-mile pace; 40000clm; purse $22,000

TRACK: CONDITION-FT OFF: 6:57 TIME-26.3; 55.0; 1:23.2; 1:53.2

1	RocknJukbox(JBngrn)	4.26	2.98	2.48
4	Ameritric (M Kakaley)		4.74	2.92
2	Manferno (B Holland)			2.96

● Exacta (1/4) $10.67 ● Triple (1/4/2) $24.77 ● $.10 Superfecta (1/4/2/3) $4.53

SECOND-1-mile pace; 3-6yo30clm; purse $20,000

TRACK: CONDITION-FT OFF: 7:18 TIME-28.0; 56.3; 1:25.1; 1:54.1

3	Simply Fast (C Kelly)	4.58	2.92	2.68
2	Thong Control (PLachance)		4.48	2.88
7	Ever M (B Holland)			3.46

● Exacta (3/2) $8.67 ● Triple (3/2/7) $57.62 ● $.10 Superfecta (3/2/7/5) $34.28 ● Daily double (1/3) $5.68

THIRD-1-mile pace; nw10000l5; purse $21,000

TRACK: CONDITION-FT OFF: 7:38 TIME-27.3; 56.0; 1:24.1; 1:52.2

2	Force FullA(BHolland)	5.54	2.64	2.42
4	HezaChrttopperA(JBrtlett)		2.10	2.10
3	Jett Star N (J Marohn)			4.60

● Exacta (2/4) $4.65 ● Triple (2/4/3) $23.25 ● $.10 Superfecta (2/4/3/1) $5.22

FOURTH-1-mile pace; nw15000l5; purse $23,000

TRACK: CONDITION-FT OFF: 7:59 TIME-27.1; 55.1; 1:23.0; 1:52.0

4	VengncBluchp(TButr)	6.26	3.70	2.74
2	Th Colby (Y Gingras)		3.50	3.02
3	Star Casino N (C Kelly)			4.04

● Exacta (4/2) $9.89 ● Triple (4/2/3) $51.35 ● $.10 Superfecta (4/2/3/1) $18.57 ● $1 Pick 3 (3/2/4) $28.53 ● $1 Pick 4 (1/3/2/4) $82.43

FIFTH-1-mile pace; nw16136l5; purse $23,000

TRACK: CONDITION-FT OFF: 8:24 TIME-27.4; 56.1; 1:24.1; 1:52.3

2	Copprfld(JBongorno)	26.62	3.94	3.12
4	Wish You Well (J Bartlett)		2.58	2.10
3	Donegal Luther N (C Kelly)			2.52

● Exacta (2/4) $26.56 ● Triple (2/4/3) $103.55 ● $.10 Superfecta (2/4/3/8) $36.06 ● $1 Pick 3 (2/4/2) $127.44

SIXTH-1-mile pace; nw20000l5; purse $28,000

TRACK: CONDITION-FT OFF: 8:47 TIME-28.0; 56.3; 1:24.2; 1:52.4

2	Pars'sDrgon(YGngrs)	7.76	3.00	2.24
7	ChaseHHnover(JBongorno)		3.06	2.20
5	Thenu Came Along A (J Bartlett)			2.12

● Exacta (2/7) $6.96 ● Triple (2/7/5) $10.64 ● $.10 Superfecta (2/7/5/1) $8.26 ● $1 Pick 3 (4/2/2) $173.32

Scr: Bondi Lockdown A.

SEVENTH-1-mile pace; nw33876l5; purse $33,000

TRACK: CONDITION-FT OFF: 9:08 TIME-27.4; 56.2; 1:25.0; 1:53.0

1	Mac'sDelght(YGngrs)	3.66	2.10	2.10
5	Young Bluey A (J Bartlett)		2.16	2.14
2	Kwick Sand A (J Stratton)			3.04

● Exacta (1/5) $3.32 ● Triple (1/5/2) $10.00 ● $.10 Superfecta (1/5/2/3) $3.17

EIGHTH-1-mile pace; 3-6 yo opn; purse $43,000

TRACK: CONDITION-FT OFF: 9:29 TIME-27.0; 56.1; 1:24.0; 1:51.3

6	GrgusBgGuy(YGngrs)	17.54	5.66	5.82
1	GoGoGrsshoppr(JBongorn)		3.60	2.90
3	Verdun (P Lachance)			4.54

● Exacta (6/1) $40.50 ● Triple (6/1/3) $244.94 ● $.10 Superfecta (6/1/3/2) $78.76 ● $1 Pick 3 (2/1/6) $80.59

NINTH-1-mile pace; invitation; purse $43,000

TRACK: CONDITION-FT OFF: 9:50 TIME-26.2; 54.3; 1:23.1; 1:51.2

7	SweetBechLf(MKkly)	4.76	3.44	2.32
3	Soho FirestoneA(JStratton)		9.48	3.88
6	Mossdale Ben N (J Marohn)			2.50

● Exacta (7/3) $30.11 ● Triple (7/3/6) $85.18 ● $.10 Superfecta (7/3/6/5) $31.98 ● $1 Pick 5 (2/2/1/6/7) $8,672.33

TENTH-1-mile pace; 15000clm; purse $15,000

TRACK: CONDITION-FT OFF: 10:11 TIME-28.1; 56.2; 1:25.0; 1:54.4

3	Ltsmklotsmny(TButr)	4.74	3.18	2.34
1	DelghtfulTerror(ASegelmn)		5.20	3.08
4	Gothic Rock (J Bartlett)			2.10

● Exacta (3/1) $12.53 ● Triple (3/1/4) $25.73 ● $.10 Superfecta (3/1/4/5) $8.62 ● Late double (7/3) $7.12 ● $1 Pick 3 (6/7/3) $50.56 ● $1 Pick 4 (1/6/7/3) $352.92

Total Handle-$464,112.

The POST Line

MLB

Tuesday

American League

Favorite	Money Line	Underdog
GUARDIANS	$126-148	Twins
Rays	-105-115	BLUE JAYS
RED SOX	OFF	Orioles
RANGERS	OFF	White Sox

National League

Favorite	Money Line	Underdog
BREWERS	$123-149	**Mets**
PHILLIES	$113-136	Dodgers
BRAVES	$120-145	Padres
ROCKIES	-106-114	Nationals

Interleague

Favorite	Money Line	Underdog
YANKEES	$123-149	PIrates
ROYALS	-107-113	Giants
Tigers	OFF	CUBS
ASTROS	$112-135	Marlins
Cardinals	-105-114	ANGELS
D'BACKS	OFF	Athletics
MARINERS	-106-114	Reds

Home team in CAPS

WNBA

Wednesday

Favorite	PTS (O/U)	Underdog
LIBERTY	10.5 (180.5)	Sky
SPARKS	1.5 (178.5)	Mercury
Lynx	9.5 (173.5)	STORM
Aces	5.5 (159.5)	MYSTICS
FEVER	9.5 (176.5)	Sun

NFL

Favorite	PTS (O/U)	Underdog
	Wed. Sept. 9	
SEAHAWKS	3.5 (44.5)	Patriots
	Thur. Sept. 10	
RAMS	3 (48.5)	49ers
	Sun. Sept. 13	
Cowboys	2.5 (42.5)	**GIANTS**
TITANS	2.5 (38.5)	**Jets**
LIONS	7 (49.5)	Saints
JAGUARS	7.5 (40.5)	Browns
Bears	2.5 (44.5)	PANTHERS
Bills	1.5 (44.5)	TEXANS
Ravens	3.5 (49.5)	COLTS
BENGALS	3.5 (52.5)	Buccaneers
STEELERS	2.5 (41.5)	Falcons
CHARGERS	10.5 (46.5)	Cardinals
EAGLES	4.5 (47.5)	Commanders
RAIDERS	3.5 (40.5)	Dolphins
Packers	1.5 (45.5)	VIKINGS
	Mon. Sept. 14	
CHIEFS	2.5 (42.5)	Broncos

Home Teams In CAPS

SPORTS SHORTS

MLS: Messi to miss Miami games

Lionel Messi and Inter Miami CF teammate **Rodrigo De Paul** will not play in the MLS club's next two games, ESPN reported. Both Messi and De Paul played in all eight matches for runner-up Argentina in the World Cup.

MLB: Red Sox win 14th straight

In Boston, **Caleb Durbin** hit a tiebreaking homer over the Green Monster with two outs in the eighth inning, and the Red Sox extended the second-longest winning streak in club history to 14 games, beating Baltimore 6-5 to snap the Orioles' season-best win streak at seven.

Aroldis Chapman picked up his 22nd save when **Tyler O'Neill** lined to short with runners on second and third to end it.

The Red Sox would match a club record with a win Tuesday night.

● In Cleveland, **Petey Halpin** and **Rhys Hoskins** each went deep twice and the Guardians matched a franchise record for a home game by hitting seven home runs in their 13-4 victory over the Twins.

● In Seattle, **Cal Raleigh** hit his sixth career grand slam, **George Kirby** and three relievers combined for a three-hitter and the Mariners beat the Reds 8-0.

● **Shohei Ohtani** is expected to pitch off a mound sometime later this week, but there is no timetable for the two-way star's return to the Dodgers rotation.

Ohtani, who last pitched July 3, had been scheduled to start against the Phillies in the finale of the three-game series in Philadelphia on Wednesday, but left knee irritation that kept him out of last week's All-Star Game scrapped those plans.

● The Rockies traded right-hander **Seth Halvorsen** to the Dodgers for two minor league players, right-handed pitcher **Nick Frasso** and outfielder **Landyn Vidourek**.

NCAA: Michigan AD on way out

The University of Michigan and athletic director **Warde Manuel** have agreed to a buyout of the remaining three years on his contract and he will step down at the end of 2026, capping a decadelong run with four national titles and a string of scandals.

The announcement followed investigations into former football coach **Sherrone Moore**'s relationship with his executive assistant and a probe into the athletic department.

ETC.: LIV Golf sued over lost revenue

Mobii Systems Group Ltd., which provided the "Any Shot, Any Time" live features during LIV Golf's broadcasts, sued the golf league for $1.13 million last week, citing unpaid invoices and lost revenue, ESPN reported.

The lawsuit, filed in U.S. District Court in Miami last week, claims LIV did not pay the Canada-based technology company its $820,600 licensing fee and a $104,500 usage fee for the 2026 season.

● Unrestricted free agent forward **Matisse Thybulle** has signed a one-year deal with the Lakers, per reports.

TOP PLAY

Will won't quiet Bucs' bats

By MALIK SMITH

The Yankees have an important stretch of games ahead of them with the All-Star break in the rearview mirror as Aaron Judge's return looks murkier by the day.

The Yanks host the Pirates in The Bronx on Tuesday with Will Warren on the mound. Warren hasn't pitched in nine days and should be well rested for this matchup after a rough start to his summer. He also hasn't recorded a win since May 31. Through his first 12 starts, he had a 3.22 ERA; over his past seven, his ERA is 5.56.

The Pirates have been one of the best-hitting teams in the league this season, leading the majors in hits and batting average and second in runs and RBIs. They are led by Nick Gonzalez, who has been one of the best hitters in baseball this season batting .311.

Warren's betting trends since the beginning of June all point in the same direction. He has allowed at least five hits in five of his seven starts, giving up seven twice and eight twice over that stretch.

Warren is by no means a terrible pitcher, but it's tough to ignore the drop-off we've seen recently. I don't expect him to have a strong enough outing to quiet the Pirates bats Tuesday.

I'll be fading Warren by taking the Over on his hits, which have been priced as high as 5.5 since June.

THE PLAY: Will Warren hits allowed prop, Over.

Pitching Form

		(Game time)	2026			'26 vs OPP		CAREER	LAST 3 STARTS		
			W-L	ERA	*REC	W-L	ERA	vs OPP	W-L	IP	ERA
Mets	Thornton (L)	—	0-1	2.60	0-3	0-0	0.00	0-0	0-1	17.1	2.60
Brewers	Sproat (R)	(7:40pm)	3-4	5.16	10-6	0-0	0.00	0-0	1-0	12.1	3.65
Pirates	Chandler (R)	—	3-8	4.77	7-11	0-0	0.00	0-0	0-1	15.0	6.60
Yankees	Warren (R)	(7:05pm)	7-4	4.03	13-6	0-0	0.00	0-0	0-1	14.1	5.65
Giants	Mahle (R)	—	2-8	5.31	5-10	0-0	0.00	1-0	1-1	15.2	4.60
Royals	Avila (R)	(7:40pm)	4-3	5.08	6-3	0-0	0.00	0-0	1-0	14.0	5.14
Tigers	Valdez (L)	—	5-6	4.10	8-11	1-0	0.00	1-0	1-1	18.0	5.00
Cubs	Peterson (L)	(8:05pm)	4-7	6.45	3-8	0-0	0.00	0-0	1-1	14.1	8.16
Marlins	Phillips (R)	—	2-4	3.48	4-5	0-0	0.00	0-0	1-1	9.1	6.75
Astros	Imai (R)	(8:10pm)	5-4	6.06	8-5	0-0	0.00	0-0	1-1	11.0	5.73
Cardinals	Liberatore (L)	—	5-6	5.00	12-7	0-0	4.50	0-0	2-1	16.0	2.25
Angels	Ureña (R)	(9:38pm)	5-7	2.88	7-8	0-0	0.00	0-0	0-2	14.0	5.14
Athletics	Perkins (R)	—	2-5	6.87	1-5	0-0	0.00	0-1	0-1	13.2	8.56
D'backs	TBD	(9:40pm)	—	—	—	—	—	—	—	—	—
Reds	Burns (R)	—	11-1	2.54	14-4	0-0	0.00	0-0	2-0	17.0	5.29
Mariners	Castillo (R)	(9:40pm)	3-8	4.93	5-10	0-0	0.00	0-1	1-2	17.0	3.71
Twins	Rojas (L)	—	1-2	2.79	1-1	1-1	6.75	1-1	0-0	6.0	1.50
Guardians	Messick (L)	(6:40pm)	8-5	2.73	11-8	1-0	1.59	1-0	1-1	17.2	3.06
Rays	Rasmussen (R)	—	7-5	3.26	9-9	1-0	4.50	3-4	1-1	13.1	7.43
Blue Jays	Gausman (R)	(7:07pm)	4-8	4.33	8-12	0-1	6.75	8-10	0-2	17.1	4.15
Orioles	Bradish (R)	—	6-9	3.61	9-10	0-1	5.40	1-6	1-2	18.1	3.44
Red Sox	Suarez (L)	(7:10pm)	4-3	3.15	9-8	—	—	0-2	2-1	14.2	4.30
White Sox	Schultz (L)	—	3-6	5.60	4-7	0-0	0.00	0-0	1-2	14.1	5.02
Rangers	TBD	(8:05pm)	—	—	—	—	—	—	—	—	—
Dodgers	Wrobleski (L)	—	10-2	2.69	11-4	1-0	1.28	1-0	2-0	21.0	2.57
Phillies	Wheeler (R)	(6:40pm)	10-1	2.13	13-2	0-1	6.00	3-3	2-0	17.2	2.55
Padres	Buehler (R)	—	5-5	5.36	12-7	0-1	7.94	2-2	0-2	11.0	16.36
Braves	López (R)	(7:15pm)	4-2	3.50	6-3	0-0	5.40	0-1	1-1	15.0	3.60
Nationals	Mikolas (R)	—	3-7	5.53	4-4	0-0	2.70	1-1	1-1	16.1	7.71
Rockies	Lorenzen (R)	(8:40pm)	3-9	6.22	8-12	0-0	0.00	1-2	0-0	15.1	2.93

*** REC:** Won-lost record of pitcher's team in games he has started.

STITCHES

Dodgers whack Wheeler

Gooooootthatway! World Cup champion Spain did something Democrats haven't been able to do since 2016: They got rid of President Trump. They cropped Trump out of their official championship team picture after claiming the president attempted to photobomb the shot. A FIFA official politely ushered Trump to the side.

Quote of the tournament, from English soccer legend Wayne Rooney on the halftime show: "I thought it was crap." And your favorite part? "When it was finished." ... This just in: President Trump has declared war on Spain.

The Dodgers visit Philly. Justin Wrobleski (10-2) tossed a one-hitter at Philly on May 29. Zack Wheeler is 10-1. The loss was May 29. Bet $50 on LA.

-$

Smoke and the slaughter. On the day that the air quality warning was finally lifted in Toronto, the Jays got smoked by the Rays 7-1. Down -137 deeppurples.

stitches@nypost.com

Home Team Lineups

HOME AWAY

	TODAY July 21	WED July 22	THU July 23	FRI July 24	SAT July 25
	Pittsburgh 7:05 YES 660 AM 101.9 FM	Pittsburgh 1:35 YES 660 AM 101.9 FM	NO GAME	Philadelphia 6:45 Apple TV 660 AM 101.9 FM	Philadelphia 6:05 YES 660 AM 101.9 FM
	Milwaukee 7:40 SNY 880 AM	Milwaukee 2:10 SNY 880 AM	NO GAME	Dodgers 7:10 PIX11 880 AM	Dodgers 7:15 Fox 880 AM
	NO GAME	Chicago 7:00 Fox 5	NO GAME	NO GAME	NO GAME

Wednesday	Wednesday	Friday
Philadelphia Union 7:30 Apple TV	Columbus Crew 7:30 Apple TV	Portland Thorns 10:00 Prime Video

Today's Sports on the Air

MLB BASEBALL		
7 p.m.	Dodgers at Phillies	TBS
7:05 p.m.	Pirates at Yankees	YES, 660 AM, 101.9 FM
7:40 p.m.	Mets at Brewers	SNY, 880 AM
10 p.m.	Cardinals at Angels	ESPN
SOFTBALL		
7 p.m.	Athletes Unlimited: Spark at Blaze	ESPN2
TENNIS		
6 a.m.	ATP Kitzbuhel: Early Rounds	Tennis
6 a.m.	ATP Estoril: Early Rounds	Tennis
6 a.m.	WTA Hamburg: Early Rounds	Tennis
6 a.m.	WTA Prague: Early Rounds	Tennis

COLLEGE FOOTBALL

Favorites to make College Football Playoff

COLLEGE	ODDS	COLLEGE	ODDS
Notre Dame	-750	UTSA	11/1
Miami Florida	-320	Navy	11/1
Indiana	-320	James Madison	11/1
Oregon	-310	UNLV	11/1
Ohio State	-260	South Florida	12/1
Georgia	-230	Virginia Tech	13/1
Texas Tech	-185	Vanderbilt	13/1
Texas	-185	San Diego State	13/1
Texas A&M	+150	Army	13/1
Alabama	+150	Memphis	13/1
LSU	+155	NC State	15/1
Ole Miss	+170	Arizona	15/1
Oklahoma	+200	Arizona State	15/1
USC	+250	North Dakota State	15/1
Michigan	+310	New Mexico	16/1
BYU	+340	Oklahoma State	17/1
Tennessee	+350	Florida State	19/1
Penn State	+350	Tulane	19/1
Florida	+390	Kentucky	20/1
SMU	+450	Fresno State	20/1
Louisville	+460	California	22/1
Utah	+500	Georgia Tech	22/1
Washington	+500	Illinois	22/1
Boise State	+600	Kansas	22/1
Missouri	+700	Wisconsin	22/1
Clemson	+700	Texas State	22/1
Auburn	+700	Minnesota	25/1
Iowa	+700	UCLA	27/1
Kansas State	+800	Baylor	27/1
Houston	+800	Mississippi State	27/1
South Carolina	+850	West Virginia	27/1
Pittsburgh	+900	Nebraska	30/1
TCU	+950	UCF	30/1
Virginia	+950	Old Dominion	30/1

ODDS & ENDS

MAJOR LEAGUE SOCCER

Odds to win 2026 MLS Cup

TEAM	ODDS
Inter Miami	+300
Vancouver Whitecaps	+600
Los Angeles FC	+900
Nashville SC	10/1
Chicago Fire	13/1
FC Cincinnati	14/1
San Jose Earthquakes	19/1
Seattle Sounders	20/1
San Diego FC	20/1
NYCFC	25/1
Red Bulls	25/1
Real Salt Lake	25/1
Houston Dynamo	30/1
New England Revolution	30/1
Minnesota United	30/1
LA Galaxy	30/1
Charlotte FC	30/1
FC Dallas	50/1
DC United	60/1
Columbus Crew	70/1
Orlando City	70/1
Toronto FC	80/1
Atlanta United	80/1
Colorado Rapids	80/1
St. Louis City SC	80/1
Portland Timbers	100/1
CF Montreal	100/1
Philadelphia Union	100/1
Austin FC	125/1
Sporting Kansas City	225/1

2027 WOMEN'S WORLD CUP

Favorites to win championship

COUNTRY	ODDS
USA	+350
Spain	+400
Brazil	+600
England	+800
Japan	10/1
France	10/1
Germany	12/1
Sweden	20/1
Netherlands	25/1
Canada	25/1
Norway	33/1
Italy	33/1
Denmark	33/1
China	33/1
Australia	33/1
Nigeria	50/1
Mexico	50/1
Argentina	50/1
Switzerland	66/1
Portugal	66/1
Iceland	66/1
Colombia	66/1
Austria	66/1
South Africa	100/1
New Zealand	100/1
Belgium	100/1

BET SMART

Buy early ticket on Memphis for CFP

By MICHAEL CALABRESE

College football offers bettors an opportunity to hit it big in the futures market every season. In 2025, Indiana cashed as a 100/1 lottery ticket to win the national title, and Fernando Mendoza hoisted the Heisman Trophy after beginning the race as a 55/1 long shot.

For perspective, only four Super Bowl winners had preseason odds longer than 10/1 dating to 2013. And while Matthew Stafford's MVP campaign last fall caught fans and oddsmakers by surprise (35/1), he was an outlier. Dating to 2004, 10 of the 18 MVP winners entered the season with odds of 10/1 or shorter.

While there's undoubtedly more opportunities to hit it big on the college gridiron, mining value in the world of college football isn't a simple endeavor. The secret is out on Curt Cignetti and oddsmakers are leery about hanging big numbers on Power Four teams after Indiana cleared them out last season. That's why I'm heading to the Group of Six.

Recommendation: Memphis to make the CFP (13/1 FanDuel)

Charles Huff has done more with less since he left Nick Saban's staff to branch out on his own as a head coach. At Marshall, he found a way to keep the Thundering Herd on the national radar, first by upsetting Notre Dame in South Bend in 2022 and then by winning the Sun Belt in 2024.

After Marshall refused to show him the money, he bolted for Southern Miss and exceeded expectations once again. The Golden Eagles were coming off a 1-11 campaign, winless in SBC play, when Huff arrived in Hattiesburg. In short order, he turned them into a contender and a bowl team.

Well, the days of doing more with less for Huff are over now that he has FedEx money to play with. The Tigers have the largest NIL war chest in the Group of Six thanks to a $25 million infusion from FedEx, which is based in Memphis.

Between the NIL payroll and the university's commitment to the football program, Huff has a deep roster and an elite coaching staff. He hired a pair of fantastic coordinators in Kevin Decker and Lance Guidry.

Decker built his offense around Colton Joseph at Old Dominion, and that led to the program's first 10-win season in the Sun Belt. CoJo ran for over 1,000 yards and punched in 13 rushing touchdowns. This fall, Decker will get to choose between a former four-star recruit (Air Noland) and a dual-threat star from D-II West Florida (Marcus Stokes). Given Decker's track record, I'm betting on one of those quarterbacks making waves in the American this fall.

As for defense, Guidry reunites with Huff after serving as his defensive architect at Marshall. Guidry's defenses created relentless pressure, evidenced by the 78 sacks he coaxed out of his two defenses at Marshall. J'Mond Tapp is firmly on the NFL's radar as a terror off the edge and a shoo-in to record double-digit sacks under Guidry's tutelage. The former Broyles Award nominee has more talent to work with than he did at Marshall, so a top 40 finish on that side of the ball is likely.

Schedule-wise, we'll know if this bet has legs by mid-September. Memphis' front-loaded schedule sees it travel to UNLV and Boise State in the first three weeks.

The good news is that UNLV is breaking in Jackson Arnold, a quarterback who has wilted under pressure in his career. The journeyman passer has been sacked 67 times in just 18 career starts.

If Memphis passes that test in the desert, Boise State provides a spotlight opportunity for the Tigers. Yes, Boise is a bear on the Smurf Turf (130-16 at home since 2003), but the offense blew a tire down the stretch, falling to score more than 10 points in three of its last six games to end last season. And situationally, the Broncos will be coming off a road trip to Oregon, so there's a good chance they're banged up.

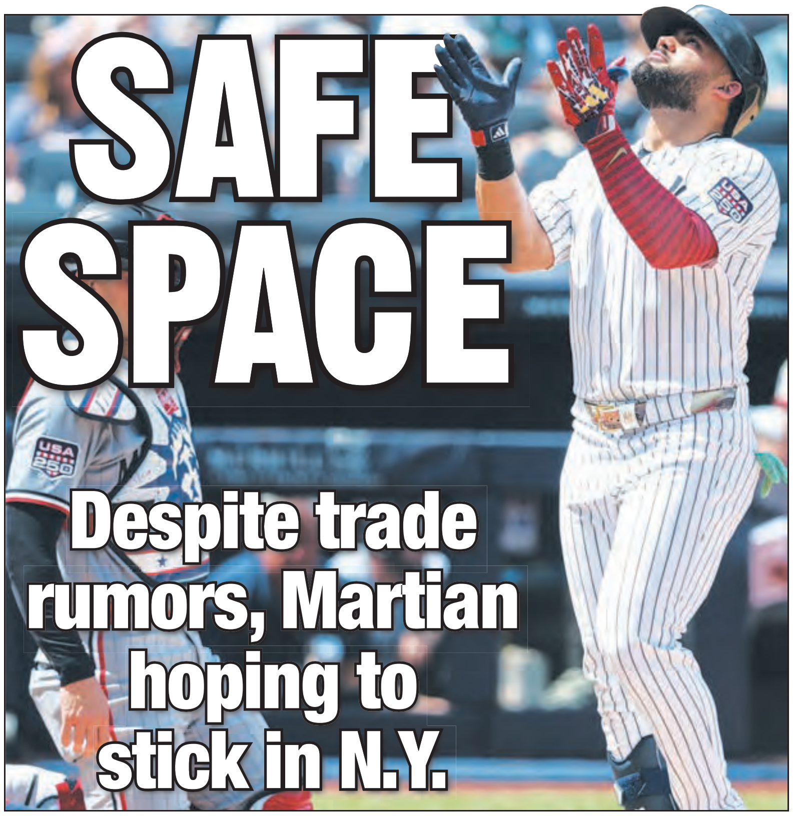
After that challenging start, Memphis has a fortuitous American schedule that projects them as a favorite in eight games and a short dog (field goal or less) in two. Now is the time to buy Memphis stock before the secret is out.

Getty Images

Memphis coach Charles Huff

SAFE SPACE

Despite trade rumors, Martian hoping to stick in N.Y.



SEIZE THE STAY: Jasson Domínguez is hoping the Yankees don't deal him at the deadline. "I love it here," he said. Imagn Images

By MARK W. SANCHEZ

Few prospects in baseball history have faced the kind of expectations that welcomed Jasson Domínguez to professional baseball, immediately compared with the likes of Mickey Mantle upon signing with the Yankees as a teenager out of the Dominican Republic in 2019.

Given the amount on his shoulders and given the journey, on the field and off, required to climb the minor league ladder, he probably did not need more to worry about each July (or in this case, August).

So for a former top prospect who has been a part of rumors at this time of the year virtually every season of his career, ignorance about the trade deadline's sheer existence worked out well. Of course he had heard people talk about the annual date on which the Yankees just about always push out prospects and bring in major league help, but he didn't ask many questions.

"I probably learned last year there was a deadline," Domínguez said with a smile Monday. "I really didn't even know what it was about, to be honest with you."

He knows about the deadline this year and says he successfully has avoided the chatter. But he is aware the possibility exists he could be moved.

There probably will be smaller-market teams that envision Domínguez taking off and living up to his potential away from New York, where every at-bat and every fly ball has been and will be scrutinized.

But no, Domínguez hopes he goes nowhere.

"I love it here," Domínguez said before beginning a series with the Pirates in The Bronx. "I signed here when I was 16, and I know everybody. I know a lot of people, a lot of people that I care about in the organization. There are definitely a lot of good people here."

The Yankees, whose need for offensive help has only grown with a collectively slumping offense and no clarity about return dates for Aaron Judge and Giancarlo Stanton, will have to weigh what Domínguez brings and what he could bring back.

Now 23 and in his fourth season, "The Martian" has been roughly an average offensive player, a confounding defensive player and a remarkable athlete through his first 188 major league games.

He debuted with excellence and excitement in Houston, then almost immediately required Tommy John surgery. He returned in 2024 but did not play well enough to grab an outfield job from Alex Verdugo. He has shuffled between the minors and majors the past two seasons and has shown glimpses — the bat speed, leg speed, arm strength and pop are there, and the switch-hitter has made strides from the right side — but lacks a stretch of prolonged brilliance that might have convinced the Yankees that his future is too enticing to risk.

This season, Domínguez impressed many in the organization by handling a difficult situation with maturity — he swung well in spring but had no route to an Opening Day spot if the club stayed healthy, which it did — and his time arrived again when Giancarlo Stanton went down in late April.

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Imperfect Weathers grinds it out

YANKEES NOTES

By MARK W. SANCHEZ

Coming off a doubleheader in which every reliever except Kervin Castro pitched, the Yankees could have used more from Ryan Weathers on Monday when he lasted just 4 2/3 innings.

But after rough second and third innings, Weathers bore down and managed to record 14 outs, salvaging a night that could have gone much worse.

Weathers gave up one lead but held the next, pitching better as the game wore on and solving a pitch-tipping issue on the fly in what became an 8-5 win over the Pirates in The Bronx.

"I love those outings when it's a grind, when it's tough," manager Aaron Boone said, "and you still give yourself, give your team a chance to win."

That is what Weathers did in allowing five runs in the second and third innings but settling down afterward.

In the second, the first three Pirates tallied hits, the third of which was an RBI double from Jared Triolo. From second base, Triolo appeared to be relaying signs to batters concerning when a changeup would be coming.

"I made an adjustment in-game," Weathers said. "I fired a fastball, and that kind of shut it down."

The issues were not over, though, with one more RBI single in that inning and a two-run homer from rookie sensation Esmerlyn Valdez in the third. The homer came off a down-the-middle slider, a pitch Weathers said he struggled with and should have moved away from sooner.

But after Jazz Chisholm Jr.'s second home run of the night keyed a four-run third that gave the Yankees an 8-5 edge, Weathers allowed just a single in the fourth and a walk in the fifth, when he was pulled with two outs and watched Angel Chivilli escape the bit of danger.

"Wasn't a great one for him, got hit around early on a night we're up against it penwise," Boone said, "but I love the fact that he hung in there."

➤ The Yankees still did not have any clarity regarding a timeline for **Giancarlo Stanton's** return or rehab assignment or when he will run the bases again.

"I do know he's continuing the running progression, it's going pretty well," Boone said. "But I don't have a timeline."

Little is known publicly about the status of Stanton, who Boone said was "moving again with more intensity and hitting against [velocity] again" way back June 29 after his second calf strain. Since then, the Yankees have said Stanton has continued a running progression but offered little detail otherwise.

WNBA

East	W	L	Pct.	GB
Atlanta	16	10	.615	—
Indiana	16	10	.615	—
Liberty	14	12	.538	2
Washington	13	12	.520	2½
Toronto	10	16	.385	6
Chicago	9	17	.346	7
Connecticut	7	19	.269	9

West	W	L	Pct.	GB
Minnesota	21	6	.778	—
Golden State	19	8	.704	2
Las Vegas	18	7	.720	2
Dallas	17	9	.654	3½
Portland	11	15	.423	9½
Los Angeles	10	15	.400	10
Phoenix	9	18	.333	12
Seattle	6	22	.214	15½

Monday
Liberty 99, Dallas 98, OT
Las Vegas 109, Toronto 83
Washington 90, Golden State 82
Minnesota 105, Seattle 102

Tuesday
No games scheduled.

Wednesday
Chicago at **Liberty**, 7pm
Minnesota at Seattle, 3pm
Phoenix at Los Angeles, 3pm
Las Vegas at Washington, 7:30pm
Connecticut at Indiana, 8pm
Dallas at Portland, 10pm

Thursday
No games scheduled.

Liberty 99, Wings 98, OT

Liberty

	Min	FG	FT	O-Rb	A	PF	Pts
Allen	31:44	2-7	1-2	2-3	1	3	6
Stewart	42:17	10-19	11-12	4-13	8	1	33
J.Jones	33:06	6-13	1-2	7-10	2	4	14
Astier	25:01	3-10	0-0	0-2	1	3	7
Ionescu	35:47	8-25	3-3	1-4	2	1	21
Fauthoux	27:04	2-5	4-4	1-10	2	2	10
Gardner	15:25	3-3	0-0	2-4	0	3	6
Xu	11:28	1-2	0-0	0-2	1	0	2
Carrera	3:09	0-0	0-0	0-0	0	0	0
Totals	225:00	35-84	20-23	17-48	17	17	99

Percentages: FG .417, FT .870. **3-point goals:** 9-32, .281 (Stewart 2-4, Fauthoux 2-5, Ionescu 2-10, Astier 1-3, J.Jones 1-3, Allen 1-6, Xu 0-1). **Team rebounds:** 7. **Team turnovers:** 2. **Blocked shots:** 6 (Stewart 2, Allen, Gardner, Ionescu, J.Jones). **Turnovers:** 6 (Gardner 2, Astier, Fauthoux, Ionescu, Stewart). **Steals:** 3 (Allen, Astier, Fauthoux). **Technicals:** None.

Dallas

	Min	FG	FT	O-Rb	A	PF	Pts
Kuier	24:57	5-8	0-1	0-4	2	6	10
Ogunbowale	37:45	9-24	8-8	1-5	6	4	29
Shepard	38:04	4-7	5-6	4-16	6	4	13
Fudd	42:43	6-13	0-0	0-1	2	3	15
Sims	21:02	2-4	0-0	0-2	1	1	5
Sutton	21:41	1-5	0-0	0-1	7	0	2
Yueru	16:06	3-4	0-2	0-0	1	5	7
Siegrist	10:53	5-7	0-0	1-3	0	0	13
James	7:56	1-3	2-2	1-2	1	2	4
Clark	3:53	0-1	0-0	0-0	1	1	0
Totals	225:00	36-76	15-19	7-34	27	26	98

Percentages: FG .474, FT .789. **3-point goals:** 11-21, .524 (Siegrist 3-3, Ogunbowale 3-5, Fudd 3-6, Sims 1-1, Yueru 1-2, Kuier 0-1, Sutton 0-3). **Team rebounds:** 7. **Team turnovers:** 1. **Blocked shots:** 7 (Kuier 4, James 2, Fudd). **Turnovers:** 7 (Shepard 2, Fudd, James, Ogunbowale, Sims, Yueru). **Steals:** 1 (Ogunbowale). **Technicals:** coach Jose Fernandez, 3:42 fourth.

Liberty	25	25	9	24	16—	99
Dallas	22	25	21	15	15—	98

A: 6,251 (7,000). **T:** 2:19.

MLS

EAST	W	L	D	Pts	GF	GA
Nashville	11	1	3	36	32	11
Inter Miami CF	9	2	4	31	39	28
Chicago	8	4	2	26	27	16
New England	8	5	1	25	22	18
Red Bulls	6	5	4	22	25	32
Charlotte FC	6	6	3	21	24	23
Cincinnati	5	5	5	20	36	37
NYCFC	5	6	4	19	25	21
D.C. United	4	5	6	18	21	25
Columbus	4	7	4	16	21	23
CF Montréal	4	8	3	15	22	31
Toronto FC	3	6	6	15	22	29
Orlando City	4	9	2	14	23	44
Atlanta	3	10	2	11	14	24
Philadelphia	1	10	4	7	18	30

WEST	W	L	D	Pts	GF	GA
Vancouver	10	2	2	32	34	12
San Jose	10	3	2	32	34	15
Los Angeles FC	8	5	3	27	27	17
Real Salt Lake	8	4	2	26	26	19
FC Dallas	7	4	4	25	30	22
Seattle FC	7	4	3	24	18	16
Houston	7	6	1	22	19	23
Minn. United	6	5	4	22	18	22
LA Galaxy	5	6	5	20	22	25
St Louis City	5	6	4	19	19	22
Portland	5	8	2	17	27	29
San Diego FC	4	6	5	17	30	27
Colorado	5	9	1	16	25	24
Austin FC	3	7	5	14	19	31
Sporting K.C.	3	10	2	11	16	39

Note: 3 pts. for win, 1 for tie

Wednesday
NYCFC at Columbus, 7:30pm
Red Bulls at Philadelphia, 7:30pm
Vancouver at Cincinnati, 7:30pm
Chicago at Miami, 7:30pm
Toronto FC at New England, 7:30pm
Atlanta at Charlotte FC, 8:15pm
Seattle FC at Austin FC, 8:30pm
D.C. United at Houston, 8:30pm
Minnesota at Sporting K.C., 8:30pm
CF Montréal at Nashville, 8:30pm
San Diego FC at Colorado, 9:30pm
St Louis City at LA Galaxy, 10:30pm
Salt Lake at Los Angeles FC, 10:30pm
FC Dallas at Portland, 10:30pm
Orlando City at San Jose, 10:30pm

NWSL

	W	L	T	Pts	GF	GA
Washington	9	3	3	30	24	12
Gotham FC	**9**	**3**	**3**	**30**	**19**	**10**
San Diego	9	5	2	29	23	17
Portland	8	5	3	27	25	18
Utah Royals FC	8	4	3	27	22	16
Kansas City	8	6	1	25	23	22
Angel City	7	6	1	22	22	14
North Carolina	6	5	3	21	20	19
Orlando	6	8	2	20	21	21
Denver Summit FC	5	5	4	19	21	19
Bay FC	5	6	3	18	16	19
Seattle	5	7	2	17	15	19
Houston	4	7	4	16	18	24
Boston Legacy FC	4	8	4	16	17	23
Chicago	4	11	0	12	8	30
Louisville	2	10	2	8	16	27

NOTE: Three points for victory, one point for tie.

Friday
Bay FC at Houston, 8pm
Chicago at Orlando, 8pm
Gotham FC at Portland, 10pm

Saturday
Kansas City at Boston Legacy FC, 5pm
Utah Royals FC at North Carolina, 7:45pm

Sunday
Seattle at San Diego, 5pm
Denver Summit FC at Washington, 7pm
Louisville at Angel City, 9pm

Sally Brompton Daily Horoscope

DISCOVER MORE ABOUT YOURSELF AND WHAT THE FUTURE HOLDS AT SALLYBROMPTON.COM

♋ CANCER
(June 22-July 23)

An offer of some kind may be hugely attractive but are there any strings attached? You need to find that out before you make any kind of commitment. The Sun's imminent change of signs means a wrong move could cost you money.

♌ LEO
(July 24-Aug. 23)

You have deep insights and energy to spare and if you can combine the two today you will come up with an idea that verges on genius. Don't limit yourself to what has been done before — expand your horizons and create something truly original.

♍ VIRGO
(Aug. 24-Sept. 23)

You may be having a hard time deciding what you should be doing now but the events of the next few days will point you in the right direction. When Mercury ends its retrograde phase on Thursday the way ahead will be crystal clear.

♎ LIBRA
(Sept. 24-Oct. 23)

A creative endeavor has reached a critical stage and you must now decide how to up the tempo and turn it from something that has a predictable outcome to something where it takes on a life of its own. It could make your fortune.

♏ SCORPIO
(Oct. 24-Nov. 22)

Hard work is important but if you want to achieve something truly remarkable you need to combine it with the kind of insights that few people are capable of having. Give your mind permission to roam and listen to the message it brings back.

♐ SAGITTARIUS
(Nov. 23-Dec. 21)

Your ability to tap into the deeper meaning of what is going on in the world will work well for you today, and could in fact work wonders. While others accept the surface appearance of what is taking place you will be seeing the underlying reality.

♑ CAPRICORN
(Dec. 22-Jan. 20)

The news you receive today may seem a bit negative but is it really or are you just interpreting the situation according to your own fears? It may not be easy for you but you must make an effort to see life through more positive eyes.

♒ AQUARIUS
(Jan. 21-Feb. 19)

It may be possible to have too much of a good thing but the good things that come your way today and tomorrow are all well deserved and you have every right to enjoy them. You don't need to feel guilty because life is going well.

♓ PISCES
(Feb. 20-March 20)

You may be feeling a bit anxious at the moment but that is only because the Sun is about to change signs. As from tomorrow you will have to work harder for what you desire but that will make it even more enjoyable when you finally get it.

♈ ARIES
(March 21-April 20)

At some point over the next few days you will have to choose between following a well-trodden path and beginning a brand new one. As the Sun is about to move into the most dynamic area of your chart the latter option is probably the best.

♉ TAURUS
(April 21-May 21)

The grass may look greener on the other side of the fence but what happens today and tomorrow will remind you that what you've got on your own side of the fence is pretty good as well. Do you really need to jump over? No you do not.

♊ GEMINI
(May 22-June 21)

Can you trust what a friend is trying to tell you? Their ideas may seem a bit over the top but today's Jupiter-Uranus link suggests they know what they are talking about and if you listen, and learn, the payoff will be considerable.

BIRTHDAY TUESDAY

A Jupiter-Uranus link on your birthday will help you find ways to combine your moral ideals with your need to make money. Don't limit yourself to tried and trusted methods and routines — a more unorthodox approach will bring riches galore.

Post Weather Report

AccuWeather® Proven **Superior Accuracy**™ Visit AccuWeather.com

Tuesday

Today: Humid with showers and a heavier t storm. High 75 to 81.

Tonight: Showers and a heavier t storm. Low 70 to 76.

Wednesday

Tomorrow: Clouds breaking, a stray t storm; humid. High 80 to 86.

Tomorrow night: Partly cloudy. Low 60 to 66.

Thursday

Mostly sunny. High 78 to 84.

Evening
Clear. Low 62 to 68.

Friday

Mostly sunny. High 79 to 85.

Evening
Clear. Low 66 to 72.

Almanac

YESTERDAY'S CONDITIONS AT CENTRAL PARK THROUGH 6PM

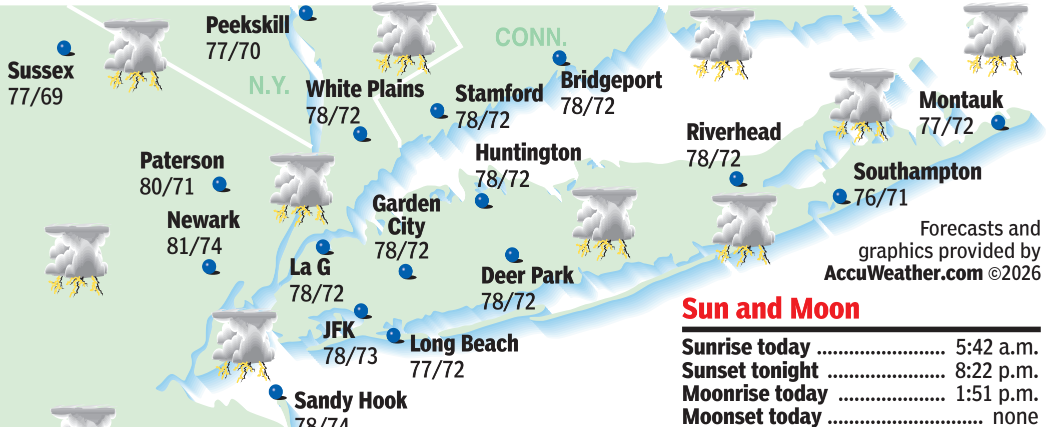
Temperature
High: 81, Low: 63, Mean: 72

Departure from Normal
Yesterday: 6 degrees

Precipitation
Yesterday: 0.00 , Month: 3.45 ,
Year: 21.27 , Normal year to date: 26.57

Cooling Degree days yesterday.................7
Total for the month (normal).......256 (250)
Total since Jan. 1 (normal)...........656 (558)
Last year to date.....................................615
Heat Index (at noon yest.) 75
UV index (for Tue.) .... 2 (Low)
Humidity (at noon) 43%

AIR QUALITY
Pollen: Low Predominant pollen: Trees, Weeds
AQI rating: (for Tue.)...................Moderate


Sussex
77/69
Peekskill
77/70
N.Y.
CONN.
White Plains
78/72
Stamford
78/72
Bridgeport
78/72
Montauk
77/72
Riverhead
78/72
Huntington
78/72
Southampton
76/71
Paterson
80/71
Newark
81/74
Garden City
78/72
La G
78/72
Deer Park
78/72
JFK
78/73
Long Beach
77/72
Sandy Hook
78/74
Asbury Park
80/74
Manasquan
81/74
Toms River
83/73
N.J.
Long Beach
80/75
Atlantic City
84/75
Ocean City
82/77

Forecasts and graphics provided by **AccuWeather.com** ©2026

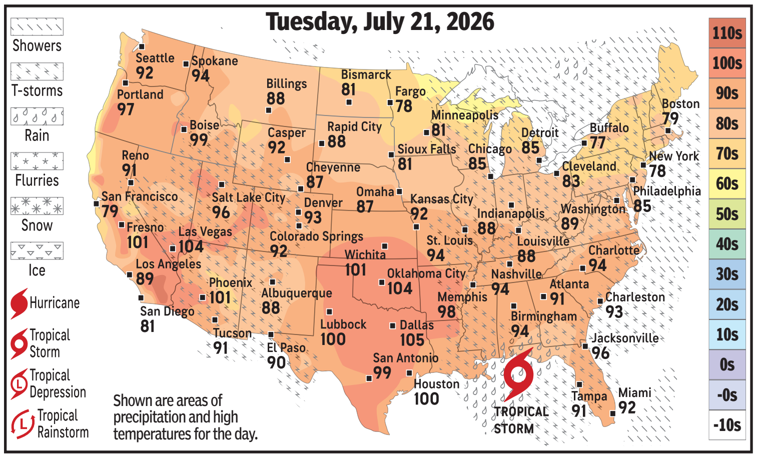
Forecast data is current as of 6 p.m. yesterday. Temperatures are today s highs and tonight s lows.

Weather (W): s sunny, **pc** partly cloudy, **c** cloudy, **sh** showers, **r** rain, **t** thunder storms, **sf** snow flurries, **sn** snow, **i** ice

Sun and Moon

Sunrise today .... 5:42 a.m.
Sunset tonight .... 8:22 p.m.
Moonrise today .... 1:51 p.m.
Moonset today .... none

First	Full	Last	New
July 21	July 29	Aug 5	Aug 12


Tuesday, July 21, 2026
Showers
T-storms
Rain
Flurries
Snow
Ice
Hurricane
Tropical Storm
Tropical Depression
Tropical Rainstorm
Seattle 92
Spokane 94
Portland 97
Billings 88
Bismarck 81
Fargo 78
Boise 99
Casper 92
Rapid City 88
Minneapolis 81
Reno 91
Cheyenne 87
Sioux Falls 81
Chicago 85
Detroit 85
Buffalo 77
Boston 79
New York 78
San Francisco 79
Salt Lake City 96
Denver 93
Omaha 87
Kansas City 92
Indianapolis 88
Cleveland 83
Philadelphia 85
Washington 89
Fresno 101
Las Vegas 104
Colorado Springs 92
Wichita 101
St. Louis 94
Louisville 88
Charlotte 94
Los Angeles 89
Phoenix 101
Albuquerque 88
Oklahoma City 104
Nashville 94
Atlanta 91
Memphis 98
Charleston 93
San Diego 81
Tucson 91
El Paso 90
Lubbock 100
Dallas 105
Birmingham 94
Jacksonville 96
San Antonio 99
Houston 100
TROPICAL STORM
Tampa 91
Miami 92
110s
100s
90s
80s
70s
60s
50s
40s
30s
20s
10s
0s
-0s
-10s

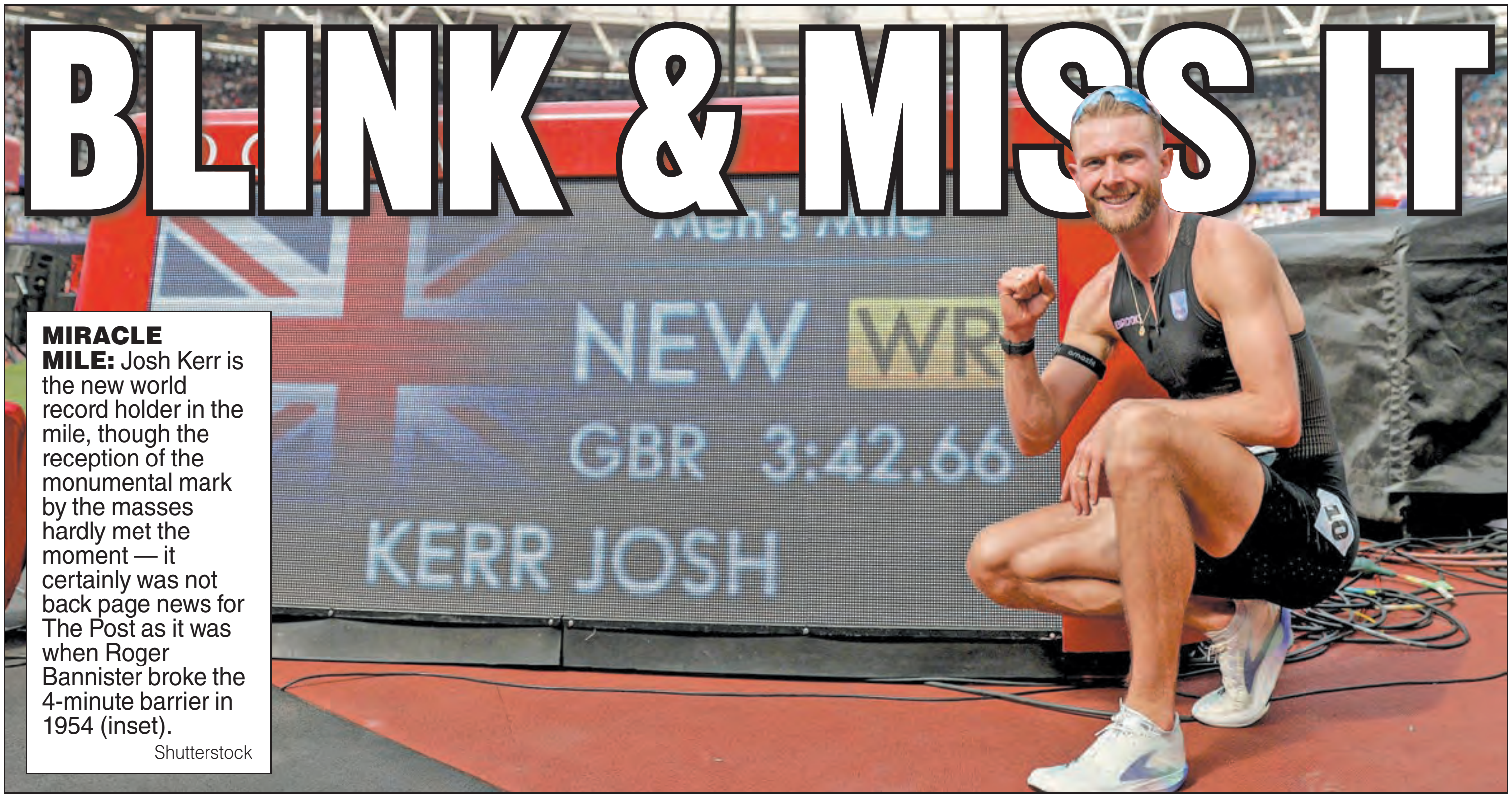
Shown are areas of precipitation and high temperatures for the day.

New York Tides	TODAY		TOMORROW	
High Tide for	1st	2nd	1st	2nd
Coney Island	1:43a	2:20p	2:31a	3:07p
Fire Island	1:41a	2:24p	2:29a	3:23p
Hempstead	5:41a	6:07p	6:45a	7:07p
Huntington	5:27a	5:52p	6:26a	6:48p
Jones Inlet	1:27a	2:04p	2:15a	2:51p
Montauk Point	2:57a	3:35p	3:53a	4:32p
Port Washington	5:52a	6:16p	6:54a	7:16p
Sandy Hook	1:47a	2:24p	2:35a	3:11p

Regional cities	TODAY	TOMORROW
Albany	78/69/t	79/59/t
Danbury	77/71/t	83/57/t
Glens Falls	76/67/t	78/54/t
Gr Barrington	75/68/t	81/53/t
Kingston	75/69/t	83/56/t
Liberty	72/65/t	77/52/t
Monticello	74/66/t	77/53/t
Newburgh	77/70/t	83/57/t
Poughkeepsie	79/70/t	82/56/t
Saratoga Springs	77/67/t	78/55/t
Stroudsburg	77/66/t	82/56/t
Torrington	74/68/t	84/56/t
Syracuse	81/66/t	73/56/t

World cities	TODAY	TOMORROW
Athens	97/76/s	96/77/s
Baghdad	115/95/s	115/90/s
Beijing	88/73/c	84/71/t
Berlin	73/54/sh	68/55/sh
Cairo	101/78/pc	104/79/pc
Dublin	71/51/c	71/54/pc
Geneva	80/57/s	83/55/s
Hong Kong	89/83/sh	91/82/sh
Jerusalem	88/70/s	90/72/s
Kabul	93/67/s	89/65/s
London	81/60/s	80/60/pc
Madrid	100/74/s	104/73/pc
Mexico City	78/53/pc	79/55/sh
Montreal	78/67/t	72/58/t
Moscow	76/60/sh	76/55/sh
Paris	80/58/s	82/60/pc
Rio de Janeiro	83/69/s	86/71/pc
Rome	92/73/s	92/69/s
Sydney	67/49/pc	68/51/pc
Tokyo	99/81/t	100/82/sh

BLINK & MISS IT



MIRACLE MILE: Josh Kerr is the new world record holder in the mile, though the reception of the monumental mark by the masses hardly met the moment — it certainly was not back page news for The Post as it was when Roger Bannister broke the 4-minute barrier in 1954 (inset).

Shutterstock

Track's mythical record falls after 27 years — and hardly anyone noticed it

THE world speeds by in a blur, whether we want it to or not. Odds are, you're as likely to be reading this on a phone or a computer as staining your fingers with ink. Pitchers don't throw 300 innings a season anymore. BlackBerries are almost as extinct as the northern white rhino. Nobody has called Sports Phone for a score update in 26 years.

So maybe it is entirely unsurprising that in order to know that the world record for the one-mile run was broken this weekend — shattered, actually — you would've had to make it a priority to know.

Mike Vaccaro

Maybe you would've had to be familiar with a Scotsman named Josh Kerr, who has been obsessively stalking the record, which stood since July 7, 1999 (when Sports Phone might've still been able to alert you that Moroccan Hicham El Guerrouj posted a time of 3:43.13).

Maybe you needed to know enough to tune in to the FloTrack livestream to see if Kerr could fulfill what he'd dubbed "Project 222" — as in, 222 seconds (or 3 minutes, 42 seconds) — and embrace what was once considered the singular athletic achievement in all of mankind.

(EDITOR'S NOTE: Mike Vaccaro did none of those things Saturday. He was blissfully bingeing "Diners, Drive-Ins and Dives.")

Once upon a time, of course, it was believed that no man would ever traverse the 5,280 feet that constitute a mile in under four minutes. The first acknowledged record holder in the mile run (as listed in Frank G. Menke's "The Encyclopedia of Sports") was the 4:56 posted by Brit Charles Lawns in 1864.

Ninety years later, the record still stood at 4:01.4, held by a Swede named Gunder Hagg, and he'd done that in 1945. The four-minute mile became almost a mythic ideal, more so because the mile isn't even an Olympic event. That preferred middle distance, ever since 1896, has been the 1,500 meters, and plenty had gone sub-four in that. But the extra 100 meters (give or take) that make a full mile had proven to be a wall set against the human spirit.

Until May 6, 1954. That's when a British medical student named Roger Bannister covered the four laps at Oxford University's Iffley Road track in 3:59.4. It was a big enough story that it made the front pages of thousands of newspapers around the world. In The Post, Joe McCarthy's adventures hunting Reds was hard to displace, but it was right there on the back page of May 7.

"When the news broke at 1:30 p.m., it pushed even the Army-McCarthy hearing off the No. 1 spot on the press association general news wires," wrote The Post's Leonard Koppett. "The general public, indifferent to track, perhaps, but interested for three decades in the 'unbreakable barrier' of the four-minute mile, buzzed about it in subways, stores, taxis, streets and offices."

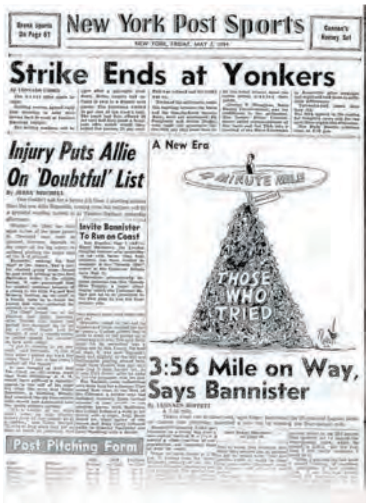
Even for decades after, the holder of the mile record was a significant title to hold. When El Guerrouj broke it in '99, it merited a page of its own in The Post (although it was overshadowed by Joe Torre announcing he would retire after the 2001 season).

(EDITOR'S NOTE: Torre wound up changing his mind.)

And after that ... well, the record kind of faded away, mostly because nobody came close to breaking it. El Guerrouj held the record almost nine years longer than any other man ever had. Except Kerr — a bronze medalist in the 1,500 at Tokyo in 2021, a silver medalist at Paris in '24 — made it his personal mission, and founded the 222 Project.

"This sport moves quickly; the world is always turning," Kerr wrote in The Telegraph, the UK paper for which he has often contributed during this quest. "Milestones like 3:42 for the mile or 3:25 for the 1,500 can be hard to wrap your head around because the records have stood for so long, but they are possible for runners in this day and age."

Kerr believed that. So did the 60,000 who filled London Stadium on Saturday, and roared as his final time was posted. Former record holder Sebastian Coe was there at the finish line to greet him with a £50,000 bonus and, of even greater value, the official book in which the names of all the mile record holders are listed.



New York Post Sports

Strike Ends at Yonkers

Injury Puts Allie On 'Doubtful' List

Invite Bannister To Run on Coast

A New Era

THOSE WHO TRIED

3:56 Mile on Way, Says Bannister

Post Pitching Form

Also? Do yourself a favor: Go to the FloTrack YouTube page, and check out the "Athletes Lounge" broadcast of the race featuring decorated American runners Trey Hardee, English Gardner and Kara Goucher as well as host Ryan Fenton watching live from a studio in Austin, Texas. See how much watching this means to them.

"He's got it!" screams Hardee, the silver medalist in the 2012 decathlon, before covering his eyes to camouflage his tears as Kerr's time — 3:42.66 — posts.

"I hope my son is watching this," Goucher says, quietly.

Kerr? He takes it all in. He knows what he's done. And later, in The Telegraph, he'll explain how he celebrated.

"I got married last December and I had my first celebratory beer since that day on Saturday night. It was just one beer, though, to slow me down a little bit. Athletes tend to move through moments too quickly and that beer was necessary for me to savour it."

The next morning he was up at 6 to put in a 6-mile run. You don't break these records in a lottery, after all.

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ESPN fires NFL analyst Clark

By CHRISTIAN ARNOLD

He was there, and then he wasn't.

Ryan Clark found out he was being laid off by ESPN while doing "NFL Live," The Athletic's Andrew Marchand reported, adding another layer to the surprise development out of the Worldwide Leader.

Reports surfaced Monday evening that Clark would be let go as part of layoffs at the Disney-owned sports network, and that played into the decision to tell him while the program was going on.

The Athletic report noted that the network had been receiving requests for comment regarding reports about Clark being laid off, and a source told the outlet that ESPN was concerned the news would break before it could inform him.

Originally, ESPN planned to notify Clark about the decision Tuesday morning.

Clark had been on multiple ESPN programs Monday, including a hit on "SportsCenter," which was promoted on the show's social media account, as well as "NFL Live."

ESPN has not publicly commented on the decision to lay off Clark, who was reportedly making over $2 million per year at the network.

Clark had been with ESPN for more than a decade, but it would appear that executives at the Worldwide Leader have become less thrilled with him, with one sticking point being an incident between him and Peter Schrager last season.

The incident made headlines when Clark seemed to go after Schrager as he was defending the play of Cowboys wide receiver CeeDee Lamb after the first game of the season, leading Clark to tell Schrager, "That's the non-player in you."

Schrager then asked Clark not to talk down to his opinion like that and acknowledge other perspectives, while Clark responded by saying, "Peter, what I need for you to do is not get mad and let me finish."

Clark apologized on social media later in the day.

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Title wave

Bills championship hunt eerily mirrors Knicks' path to glory

NFL

Ryan Dunleavy

THERE is a New York franchise that knocked on championship's door and had it answered by heartbreak year after year in the 1990s ... tested its fanbase's loyalty during a dormant two decades .... finally returned to the brink of a title ... and ultimately made a bold coaching change in hopes of finding the missing ingredient.

No, you did not dream the Knicks championship run.

The 2026 Bills — cue the old joke about how they are the only NFL team with a New York address — are the football version of the 2025-26 Knicks. And the parallels couldn't be more aligned if they traded red for orange as the complementary color in their blue uniforms.

"The Bills have been banging their heads on a ceiling for the last five or six years," Steve Tasker, a retired seven-time Pro Bowler and co-host of "One Bills Live," told The Post. "The Bills have been so close for so long and there seemed to be an eerie similarity to every way they lost. It's hard to watch those games and think they don't have the talent to break through because they were taking the best teams to the limit."

Sound familiar, Knicks fans?

The Knicks had an NBA-worst .390 winning percentage in the 19 seasons before head coach Tom Thibodeau arrived in 2020.

Playoff berths immediately followed, and suddenly it wasn't good enough anymore for Jalen Brunson, Karl-Anthony Towns and company to reach the Eastern Conference finals. Thibodeau was stunningly fired in June 2025 after a second straight elimination by the Pacers, and successor Mike Brown inherited a championship-or-bust ride.

Did Brown make a difference?

"He kept us even at so many times," Josh Hart said as the Knicks celebrated their first championship in 53 years. "He brought the best out of us. He's the reason why we're here."

And that is Joe Brady's job to replicate when the Bills open training camp July 28.

The Bills snapped a 17-year playoff drought during Sean McDermott's first year at the helm in 2017 and went to the playoffs eight times during his nine-year tenure. But four losses to the Chiefs, including two in AFC championship games, built boiling frustrations, and their playoff exit at the hands of the Broncos with a Chiefs-free path ahead last season was more than McDermott could survive.

Enter Brady, who, unlike Brown, is a first-time head coach elevated from his role as McDermott's offensive coordinator.

"Their team is driven by their offense ... so they hired from within the organization and the thought is it will change enough but not too much and put them over the hump," said Tasker, who played in four straight Super Bowls with the Bills (1990-93). "They have a guy in Josh Allen who is a singular talent — a little bit like Jalen Brunson. People use the word 'curse' too much. Somebody is going to have to make a play other than Josh at some point in the future. They have guys who are up to it, but they never get it laid on their platter."

Brady has no experience calling timeouts, throwing challenge flags or motivating a defense, but he has the rapport with Allen — and head coach-quarterback symmetry is invaluable in the NFL.

All Brady has to do now to validate the decision to fire McDermott is vanquish Public Enemy No. 1 Patrick Mahomes — who could be dealing with his own Jayson Tatum-like injury limitations — and become the third rookie head coach in NFL history to win the Super Bowl.

"It honestly feels like if you're watching a movie, you're getting to the climax of a movie, right?" Bills left tackle Dion Dawkins said on "Good Morning Football." "We're all going to be [doing our best] so we can get over that hump and we can be exactly what we want to be and stop talking about it, right? I'm ready for it. It's time."

In four of Allen's seven career playoff losses, he last touched the ball with the score tied or in position to be tied by the kicker.

In other words, the Bills need their OG Anunoby tip-in, Landry Shamet 3-point roll or Mitchell Robinson offensive rebound to help finish the job — and it could fall to general manager Brandon Beane to be as aggressive in trades as his counterpart, Leon Rose, was in making all-in moves.

"We understand that we have to take that next step ... get past the Eastern Conference finals," Towns said during the Knicks playoff run. "There's new standards now and we've raised the expectations, so we knew what we came into this season to do and what we want to accomplish."

One hallmark of the Knicks postseason was the omnipresence of Patrick Ewing, John Starks and other greats from the near-miss '90s teams. No one is rooting harder for the Bills to win their first Super Bowl than Jim Kelly, Bruce Smith, Thurman Thomas and the rest of Tasker's group chat of teammates from the four-time AFC champions.

"They are very engaged with this club," Tasker said. "The players of my generation would love it not only for the players of this generation, but for the fans. It's a relationship between an organization and an entire city who loves them, so the older generation is absolutely pulling for this generation. You can bet if they get there, old guys like me will be coming out of the woodwork for Super Bowl tickets."

And riding on parade floats.

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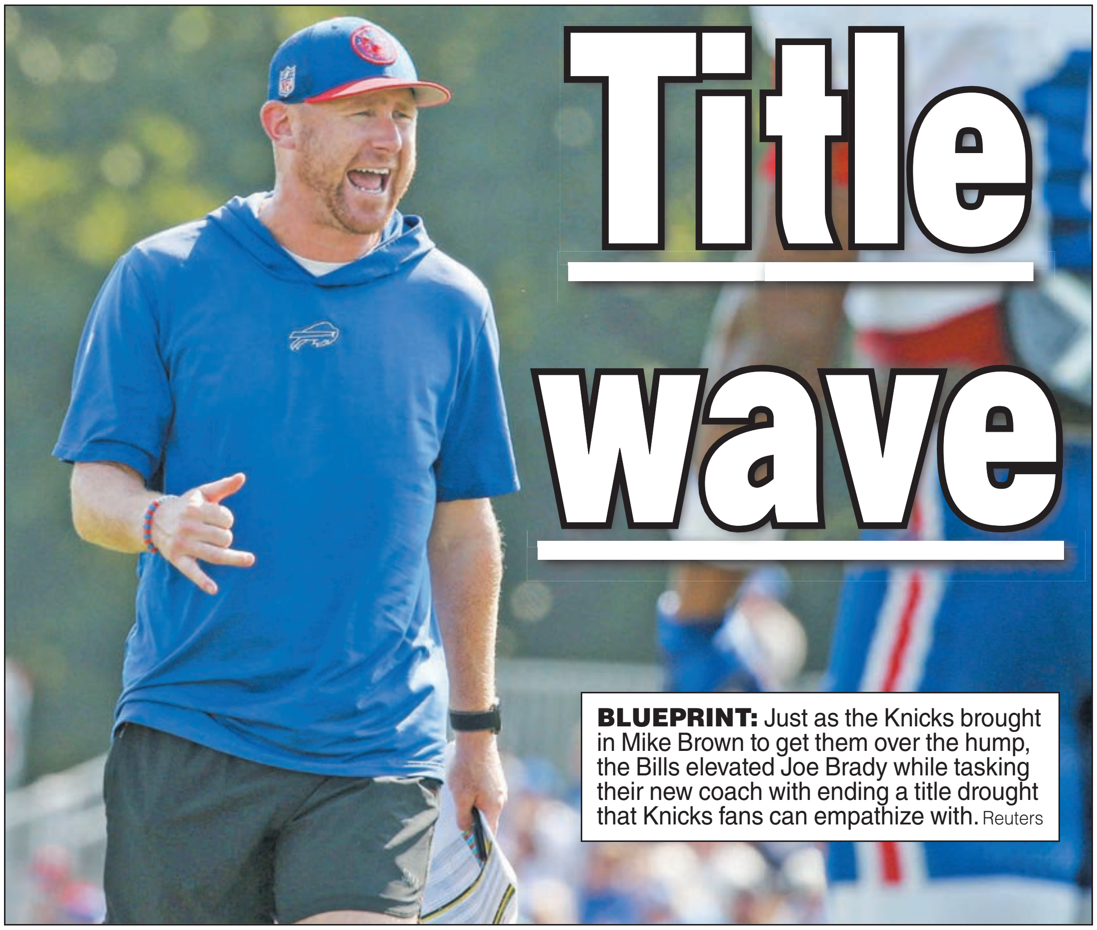

BLUEPRINT: Just as the Knicks brought in Mike Brown to get them over the hump, the Bills elevated Joe Brady while tasking their new coach with ending a title drought that Knicks fans can empathize with. Reuters

Ex-Giants lineman Mauro had wild 'bender' before death

JOSH MAURO

By EDWARD LEWIS

Former Giants defensive end Josh Mauro snorted cocaine and partied with several women — including a dancer — in the hours before his tragic death earlier this year, according to a Phoenix Police Department case report obtained by The Post on Monday.

Mauro met the dancer in mid-April, approximately one week before his passing, and invited her, a friend and two other women to his Arizona home in the early morning hours of April 23, the report stated.

The woman told cops that once they got to Mauro's residence, he and his friend began snorting cocaine while "all of them" started drinking tequila and listening to music, according to the report.

The dancer said to investigators that after a few hours, she and the other women went to an upstairs bedroom to sleep, while Mauro and his friend "continued to hang out downstairs."

When she awoke, she said she discovered Mauro alone and apparently dead on the floor. She immediately called for emergency services and attempted to revive him.

She "described Joshua as being happy and a sweetheart" prior to the incident, according to the report. She also "mentioned he was on a bender for four days," and additionally stated she noticed Mauro "would get frequent nosebleeds and would sweat after snorting cocaine."

A bottle cap with a white substance in it, a white powdery substance near a rolled-up dollar bill, "an abundant number of tissues with apparent blood on them," and a syringe in a trash can were all discovered near Mauro's body, according to the report.

Following an autopsy, the Maricopa County Medical Examiner stated Mauro had traces of "fentanyl, cocaine, ethanol, and their metabolites as well as cannabinoids and caffeine" in his system, and his death was ruled an accidental overdose.

Mauro, who played one season for the Giants in his eight-year NFL career, was 35 years old at the time of his death.

Dove
SCHUPANSKY
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SONNETT

FATHERLY TIME: Gotham FC head coach Juan Carlos Amorós is taking parental leave and is expected to return to his surging club in early September. Corey Sipkin

Gotham coach takes 7-week parental leave

By MADELINE KENNEY

Gotham FC has a lot of good things going.

But just as it is hitting its stride, the club will temporarily lose its head coach.

Juan Carlos Amorós is stepping away for seven weeks for parental leave following the birth of his family's second child, the club announced Monday.

Amorós said he's "incredibly grateful" for Gotham's unconditional support of him taking a midseason leave of absence.

"This is a personal decision for our family, but I also recognize the visibility that comes with my role," Amorós, whose child was born in April, said in a statement. "When fathers take parental leave, particularly men in leadership positions, it helps normalize an important principle: Caring for children is a shared responsibility between parents. I need to be there for my family."

Lead assistant Shaun Harris will serve as acting head coach in Amorós' absence. He's served as acting head coach for three matches this season, leading the team to wins at Chicago and Seattle. He takes over for Amorós starting Friday against the Portland Thorns.

Meanwhile, former North Carolina coach and current Gotham consultant Sean Nahas will take on a larger role as the club's interim director of methodology.

"We are proud to be a club that recognizes that creating an equitable environment requires supporting all parents," Gotham president of soccer operations Yael Averbuch West said. "We appreciate that Juan is using his platform to reinforce that message. We have great confidence in Shaun and our entire technical staff to continue leading the team during this period."

The temporary changes come as the club has found a groove. Global superstar Sam Kerr is back. Gotham broke team attendance records while picking up a marquee win against the Washington Spirit in the inaugural Queens Classic at Citi Field last week and followed that with a thrilling comeback against the Seattle Reign on Saturday.

After winning four of its past five, Gotham is level with the Spirit for first in the NWSL standings.

Amorós is expected to return to Gotham in early September, per the team's announcement. From there, the club will have more than a month before its regular-season finale Nov. 1.

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Liberty Mutual

SAB-TASTIC! Liberty guard Sabrina Ionescu launches a 3-pointer against the Wings during the first half Monday night in Dallas. After a cold start — and being kept alive by Breanna Stewart's (inset) all-around strong game — Ionescu exploded for 12 of the team's 16 points in overtime to secure a victory on the road. Imagn Images (2)

RIGHT

By MADELINE KENNEY

DALLAS — Sabrina Ionescu had a tough night. She generated good looks, her shot felt good, but nothing was falling. Her shots were touching every part of the rim but rarely went in.

"The basketball gods were just not in my favor," as Ionescu put it.

But when the game went to overtime, and the Liberty were in dire need of a win, she woke up and took over.

LIBERTY	**99**	**OT / Box. Page 38**
WINGS	**98**	

Ionescu scored 12 of the Liberty's 16 points in overtime to help lead them to a thrilling 99-98 win Monday night against the Wings that snapped a four-game losing skid.

That's the beauty of a shooter's mentality. There was never a doubt for Ionescu, who went 3-for-20 from the field for nine points through the first four quarters. Shooting can be a numbers game. She knew it was only a matter of time before they fell.

Better late than never, right?

Ionescu rediscovered her shooting stroke to deliver a memorable overtime experience. She went a perfect 5-for-5 from the field to capture a much-needed win. Her 12 points tied a league record for most points scored in an overtime period.

"In overtime, when there was a new five [minutes], it was a chance to reset, to believe the next one's in," Ionescu said. "And it's the shooter's mentality you have to have."

Indeed, one does.

The game had been postponed four days ago, when the Liberty had travel issues attempting to fly out of New York.

The game ended up being worth the wait.

Fauthoux's 1st double-double

By MADELINE KENNEY

DALLAS — Marine Fauthoux has been waiting for her moment.

In her fifth game of the season, that breakthrough happened. Boy, did the Liberty need it.

Fauthoux recorded her first career double-double with 10 points and 10 rebounds to go with two assists in the Liberty's 99-98 win on the road against the Wings.

She became the first rookie guard to put up that stat line and drain a pair of 3s off the bench.

Fauthoux was so impressive that coach Chris DeMarco decided to use her for the entire five minutes of overtime.

"She's a competitor," DeMarco said. "She's played at very high levels. She's a winner and her teammates trust her."

Monday had been a long time coming for Fauthoux. The Liberty's third-round pick in the 2021 draft signed a developmental contract this season, meaning she can play in only 12 regular-season games before her contract must be converted to a standard deal in order to play more.

Fauthoux started the season sidelined as she worked her way back from a yearlong rehabilitation from a

ON (IONES)CU

Star guard goes supernova as Liberty clip Wings in overtime

The Liberty, for the second consecutive game, played a team on the second night of a back-to-back. The Wings were also missing their best player, Paige Bueckers, who exited Sunday's win against the Sparks after a collision. Bueckers avoided a concussion but was listed out with rest, per the team.

The Liberty love a comeback. This time, they finally were successful.

They needed this win badly. For a good moment, it looked like they weren't going to get it.

A bad third quarter almost ended the Liberty. Their defense was strong, but they couldn't buy a shot and were outscored 21-9.

But the Liberty rallied from down 12 near the midway point in the third to make it a close game down the stretch.

The game was sent to overtime after Arike Ogunbowale tied it up with 3.9 seconds left and the Wings then blew up what the Liberty tried to do on the final play of regulation.

From there, Ionescu delivered when her team needed her the most.

Ogunbowale gave the Liberty a scare when she put up what could've been a buzzer-beater. Coach Chris DeMarco held his breath. The shot was off the mark.

Game over. Liberty win. DeMarco could exhale.

"I don't want to say relief," Breanna Stewart said after the win. "The hardships and the struggles that we'll go through this season aren't over. But I would say this is obviously a success just because the way that we continue to stay at it."

Though Ionescu will be remembered as the hero of this game, Breanna Stewart was the Liberty's rock. She put on yet another master class, finishing with 33 points, 13 rebounds and eight assists. She got to the free-throw line late in the fourth quarter and pushed the Liberty back into the game.

Stewart had been annoyed after Saturday's loss in Indiana, during which she missed five free throws and committed four turnovers. But she continues to set the standard for her teammates. They can count on her to deliver big performance after big performance.

This time she was finally rewarded with a win.

"Just doing whatever it takes and continuing to make sure that, when I'm on the court, I'm gonna make an impact," Stewart said. "Just playing, not thinking but also trying to make the right play, controlling the intangibles. I'm gonna go out swinging whether we win or lose. I'm gonna put everything I got out there."

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signals development of 'competitor'

torn anterior cruciate ligament in her left knee.

She made her WNBA debut June 6, and she had never logged more than 15 minutes in a game until Monday, when she played 27 minutes. Her career high for points entering Monday had been four.

Fauthoux's performance Monday might get buried by Sabrina Ionescu's overtime heroics and Breanna Stewart's masterful, near triple-double.

But Fauthoux won't forget this moment.

"It's special because I want to play every time, every game," she told The Post. "It was hard to see other people play, but I was sure my time would come, and I work really, really hard, and I'm really good with the teammates, so they [helped] me a lot tonight to be involved in the game."

When Fauthoux was assigned to play in overtime, she was ready.

"I was feeling good," she said. "And I know it's my game. I know I can do that at the end, so I was really happy inside of me because, for me, I feel like I'm really back now from my injury."

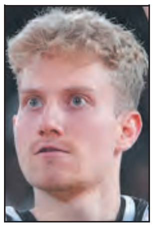
Now, it's a matter of building off the game, both for her and as a team. The Liberty had lost four straight and eight of their past 10 regular-season matchups before Monday.

"We really needed this win at the end," Fauthoux said. "So we fight a lot together. It was hard because they really are a great team, but we find strength between each other. So I was feeling good in the team."

Johnnies bring in Hungary's Maronka

By ZACH BRAZILLER

St. John's roster is now complete, and the latest addition continued the trend of Rick Pitino adding experienced players from overseas.



ZSOMBOR MARONKA

The Johnnies landed 6-foot-10 Hungarian sharpshooting big man Zsombor Maronka. His addition comes in the wake of Syracuse transfer Donnie Freeman being lost for next season due to a torn Achilles tendon suffered during offseason workouts, prompting the search for another forward.

The 23-year-old Maronka spent last season with the Hamburg Towers of the Basketball Bundesliga, averaging 7.8 points and 4.4 rebounds while shooting 36.8 percent from 3-point range on 4.3 attempts over 27 games in Germany's top pro league. He also appeared in 13 EuroCup contests with Hamburg and produced averages of 5.6 points and 3.2 rebounds.

He has experience with the Hungarian senior national team as well. In four games in the 2027 FIBA World Cup qualifiers, he averaged 10.5 points and 3.5 rebounds.

"Z is a knockdown shooter and terrific passer," Pitino said. "At 6-10, he brings great length to our team."

Maronka is the fifth international prospect St. John's has added this offseason. He joins Quinn Ellis of England, Babacar Sane of Senegal, Djordije Jovanovic of Montenegro and Lazar Stojkovic of Serbia.

The expectation is that the experienced Maronka will provide depth up front at multiple positions and complement slashers Sane, Ellis and top Baylor transfer Tounde Yessoufou. He previously played with projected starting center Ruben Prey when the two were in Spain three years ago, as teammates for CB Prat.

IT'S SLOW GROWING

World Cup will pay off for soccer in U.S., but real results take time

THE grandiose marketing phrases that came with the World Cup — "change soccer forever in the United States," and "rocket fuel," and so on — do us a disservice by setting the sport up for failure.

Growing a sport is not like winning an election. Everything doesn't suddenly change within months.

Ethan Sears

Look back at the 1994 World Cup and you won't see much impact on how soccer in America looked in 1995. However, listen to how many future members of the U.S. men's national team, people in U.S. Soccer's leadership and prominent American soccer coaches had their love of the sport profoundly impacted by that tournament. Trace the slow, halting and ultimately steady growth of MLS that stemmed from it, and it's easy to draw a line from there to here.

So, a few things as we bask in the next-day glow of a six-week fever dream in which soccer genuinely did reach never-before-seen heights in the United States.

First, it was so inspiring and moving to see the way the World Cup broke through. Walking around Seattle the day of the U.S.-Belgium game and realizing that virtually nobody in the city was at work was surreal. So too was realizing, over the course of weeks and conversations after overheard conversations in the eight World Cup cities I visited, that soccer was suddenly one of the subjects that anyone in America could connect over and talk about inside bars and restaurants, in chance encounters with strangers, on planes and trains and automobiles.

That won't be true to the same extent now that the World Cup is over, and that's OK. But it is important that it happened.

Second, just like 1994, more of the impact will be long term than short. Lots will be made about MLS attendance figures — it hardly needs a marketing department to ensure those will be up — as well as the league's failures to properly align its calendar with Europe in time to capitalize fully in the short term, and the limiting effects of both its salary cap and its poor distribution on Apple TV.

What will matter more are the kids who now want to play, watch and be involved in soccer, the corporate and private investments in the game that are now so much more attractive and a new level of pressure and interest in U.S. Soccer's ability to deliver a winning men's team. Locally, the stadium NYCFC will open next year in Queens looks like a genuine game-changer.

The true effects of all of that won't become clear for a long time. That said, it would take a true cynic to feel they won't be immensely positive.

Those scenes in cities, the crowds and conversations, the moments the U.S. team delivered before falling on its face, will be core memories for so many young people. If this summer was your first exposure to the sport, no matter what age you are, it will almost certainly have been a positive one. For some small percentage, it will be life-changing, and even though the U.S. team's performance itself must be called a failure, those facts are why U.S. Soccer's CEO last week declared the World Cup a rousing success.

Growth is a slow burn, which blinded a lot of people to how much interest in soccer exploded stateside in the 20 years before hosting a World Cup. If the MLS Cup final is not a ratings smash this December, or if ESPN isn't devoting blocks of programming to the next Manchester United managerial hire, it is not a referendum on how the World Cup failed to deliver interest. If the U.S. hosts again in 2038 and we are having the same tired conversation about growing the game, well, then maybe it's time for that discussion.

One short-term question that does matter: What will interest look like when the U.S. men's team gathers again for matches that will mean a lot less than the World Cup? There are international windows in September, November and March. There is a Gold Cup next summer — not to mention a Women's World Cup — and a Copa América in 2028 that the U.S. will likely host.

Will the U.S. keep playing de facto road games when it faces Concacaf opponents on home soil? Will a Gold Cup final against Mexico break through?

Those do seem like fair questions to ask in the immediate. We might even be cautiously optimistic about the answers.

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Abundance

By MICHAEL DUARTE

For 39 consecutive days, the world moved into North America, unpacking its flags, songs, superstitions and rivalries, then turned 16 cities across three countries into soccer's largest block parties.

The first 48-team World Cup arrived carrying understandable concerns. Would the infrastructure hold? Were tickets too expensive? Would fans travel far?

By the time Spain lifted the trophy Sunday night, nearly every doubt had been buried beneath gold confetti.

A record 6,810,966 spectators attended 104 matches. Television audiences soared in the United States and around the globe. The final between Spain and Argentina drew an estimated audience approaching 2 billion.

Now that the stadium lights have dimmed, here are the World Cup's biggest winners and losers.

Winner: The United States

The U.S. did more than stage 78 matches without a major security incident. It welcomed the world. Americans embraced Viking rows, bagpipes, Japanese cleanup, Curaçaoan dancing and every visiting tradition in between. The world discovered barbecue, ranch dressing, NFL stadiums and a country far warmer than its headlines suggested.

Loser: VAR

The video assistant referee became the tournament's accidental villain. Croatia's hair touch against Portugal, Argentina's favorable reviews and disputed decisions involving Egypt, Germany and Norway repeatedly strangled celebration. Technology was supposed to correct obvious mistakes. Instead, it stifled the joy that is the "beautiful game."

Winner: Mexico and Canada

Canada hosted its first World Cup and reached the Round of 16 for the first time. Mexico finally escaped its knockout curse by beating Ecuador at the Azteca. Together with the U.S., the nations proved North America could host the planet without losing the tournament's color, noise or identity.

Loser: The Folarin Balogun red-card controversy

Balogun's overturned suspension should have been a football matter. Instead, outside interference, public claims of influence and FIFA's muddled messaging created a circus around the U.S. team. Belgium fed off the chaos, mocked it openly and sent the Americans home with a humiliating 4-1 defeat.

Winner: Soccer

Call it soccer or football. The sport won. New fans learned the songs, old fans found new heroes and previously indifferent cities treated group matches like holidays. MLS says it will carry the momentum forward. After this summer, it has

The Cup runneth over

A LOT TO LIKE: The first 48-team World Cup did not disappoint, confirming stars and creating new ones for the past six weeks. Few shined brighter than (from left) Kylian Mbappé, Erling Haaland, Egypt coach Hossam Hassan, Cape Verde goalkeeper Vozinha and the immortal Lionel Messi.

Getty Images (2); AP (2); Imagn Images

of winners — and losers — from largest tourney ever

never received a better handoff.

Loser: "VARgentina" and Argentina's sportsmanship

Argentina reached another final, but its knockout run was stained by favorable VAR decisions, an extra level of physicality and an ugly ending. Enzo Fernández's reckless dismissal and Leandro Paredes' postgame clashes completed a terrible final image. Skipping mandatory media duties only deepened the impression of champions who did not know how to lose.

Winner: Lionel Messi

At 39, Messi somehow authored another extraordinary World Cup. Eight goals, four assists, the Silver Boot and Silver Ball barely captured his influence. He dragged an uneven Argentina side to a third final and produced late magic against England. Defeat hurt, but his claim as the greatest ever only grew stronger.

Loser: Iran

Iran endured legitimate disruptions and questionable treatment, but its constant complaints eventually overwhelmed its football. The team came agonizingly close to advancing before a marginal offside erased a late winner against Egypt. Still, the grievance-heavy messaging became exhausting and obscured a resilient, unbeaten group-stage performance.

Winner: Kylian Mbappé

Mbappé won another Golden Boot and became the first player to lead two separate World Cups in scoring. His two goals in the third-place spectacle moved him past Messi as the tournament's all-time leading scorer.

Loser: Panama

A total of 308 goals were scored across 104 matches. Panama contributed none of them. In the largest and highest-scoring World Cup ever played, it became the only nation that failed to find the net even once.

Winner: Spain

Spain was unquestionably the best team. Seven clean sheets, one goal conceded, midfield control and composure under pressure carried La Roja past France and Argentina. Spain also became the first nation to hold the men's and women's World Cup titles simultaneously.

Loser: Thomas Tuchel

England recorded its best World Cup finish on foreign soil, yet Tuchel's semifinal tactics invited criticism. After Anthony Gordon scored, England surrendered possession, retreated into survival mode and allowed Argentina to attack relentlessly. A historic run ended because England became frightened of its own opportunity.

Winner: Erling Haaland

Haaland scored seven goals in five matches and carried Norway into the quarterfinals, including a stunning victory over Brazil. His performances made him a global tournament icon, while Norway's rowing supporters became a cultural phenomenon.

Loser: Brazil

Brazil's drought now stretches beyond two decades. A narrow escape against Japan preceded a shocking elimination by Norway, ending Neymar's final World Cup before the quarterfinals. The midfield looked old and the five-time champions again appeared trapped beneath the weight of their own history.

Winner: Cape Verde and Vozinha

Cape Verde gave the tournament its fairy tale. The smallest nation ever to qualify held Spain scoreless and nearly eliminated Argentina. Vozinha, its 40-year-old goalkeeper, became a global star, gaining more than 20 million followers on social media and reminding the sport that wonder does not require wealth, pedigree or even full-time employment.

Loser: Germany

Germany has not won a World Cup knockout match since the 2014 final. Paraguay's Round of 32 victory exposed a predictable team and ended Julian Nagelsmann's tenure.

Winner: Morocco

Morocco confirmed it is a top five nation. Another quarterfinal appearance, emerging stars and a competitive defeat to France strengthened the Atlas Lions' belief ahead of the 2030 World Cup.

Loser: Christian Pulisic

Pulisic struggled when the United States needed its biggest star most. His injury exit against Belgium, subdued performance and comments about finally getting rest landed badly after elimination.

Winner: Hossam Hassan

Egypt's manager used football's largest stage to speak about Palestinian suffering and the sport's moral responsibilities. His team lost to Argentina, but Hassan's appeal for humanity carried far beyond the result. In a tournament often dominated by corporate language, he said something raw, risky and meaningful.

Loser: Asia

Only Japan survived the group stage, and it immediately exited in the Round of 32. The AFC's nine representatives won just three of 29 matches. The expanded field was supposed to reveal progress. Instead, it exposed how much distance remains between most of Asia and the elite.

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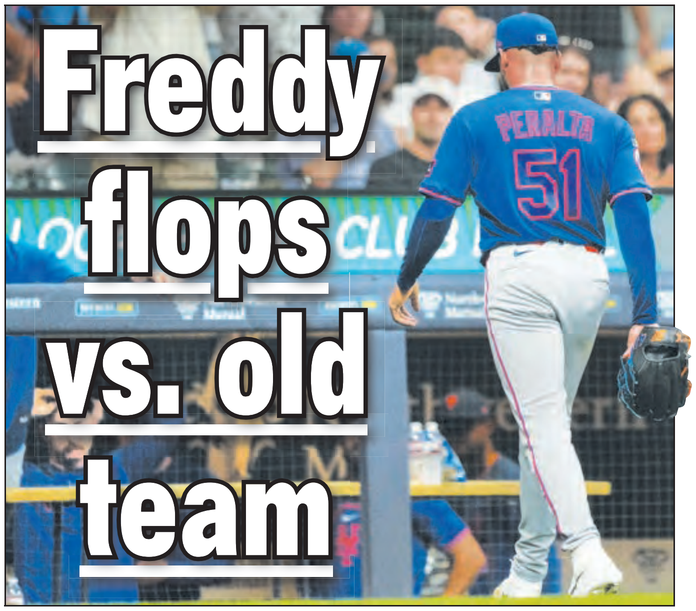

Freddy flops vs. old team

BLUE CREW: Freddy Peralta is pulled from the Mets' 8-3 loss in Milwaukee after giving up seven runs on eight hits. Imagn Images

By MIKE PUMA

MILWAUKEE — Freddy Peralta received an ovation before he took the mound Monday night, and the volume of cheers only increased as he began throwing pitches.

One hittable pitch after another.

BREWERS	**8**
METS	**3**

Boxscore Page 34

The former Brewers ace returned to his major league roots and showed Wisconsinites what life in the Big Apple has been like for him.

In just his latest ugly performance, the right-hander got torched for seven runs in the Mets' 8-3 loss at American Family Field.

Peralta pitched 5 ²/₃ innings and allowed eight hits and two walks (all seven runs against him were earned), marking the fourth time in his last eight starts he surrendered at least five earned runs. Overall, he owns a 5.01 ERA this season.

"I just want to get through this," Peralta said. "I still believe in myself. I know that I'm better than great and sometimes it's not easy. But I have to understand as a player there's some tough moments that we have got to get through. It's not the first one or the last one, but I don't want to stay like this."

With the Mets' season in disrepair, Peralta — who is set to hit free agency after the season — figures to be a goner by the Aug. 3 trade deadline. But his spree of ugly outings isn't doing any favors for the Mets as they attempt to maximize their trade return.

"He has good stuff," interim manager Andy Green said. "We want to keep him on the attack, and I think that is the main message to him."

The Mets surrendered prospects Brandon Sproat and Jett Williams to acquire Peralta and Tobias Myers last offseason. Sproat, who has struggled to a 5.16 ERA in his first full season, will get a shot at his former team as the Brewers starting pitcher Tuesday.

Peralta isn't the only underperforming pitcher in the Mets rotation: Kodai Senga was banished to the bullpen after a brutal stretch, and Sean Manaea has struggled to find consistency for much of the season.

Nolan McLean and Christian Scott have been strong positives for the club, and rookie Zach Thornton is showing early promise. The left-hander is scheduled for his fourth major league start Tuesday.

Peralta's pummeling began with Brice Turang's RBI double in the first. Garrett Mitchell's RBI single later in the frame gave the Brewers a 2-0 lead. The assault began after Peralta walked Jackson Chourio with one out.

"I have got to keep fighting to get through this," Peralta said.

The Mets scored an unearned run against Jacob Misiorowski in the third inning after Francisco Alvarez singled and Andrew Vaughn misplayed A.J. Ewing's grounder for an error. But Juan Soto's double-play grounder to bring in the run was hardly enough.

Joey Ortiz smashed reliever Xzavion Curry's second pitch over the left field fence for a three-run homer that buried the Mets in an 8-1 hole. Peralta was removed with two outs in the inning after walking Jake Bauers and surrendering a single to Pratt.

"I spent a long time here and it's a place that I will always love," said Peralta, who pitched eight seasons for the Brewers. "It's always going to be in my heart."

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HE'S NO BENCH WARMER

Beltrán says he passed on chance to manage Mets

By MIKE PUMA

MILWAUKEE — Carlos Beltrán bypassed a potential opportunity to again wear a Mets cap this summer, beyond his Hall of Fame plaque.

The former outfielder revealed Monday, that Mets officials broached the idea to him of managing the team — Carlos Mendoza was fired last month — but he declined to consider the role.

"I had conversations with a few people in the organization," Beltrán said on a call with reporters ahead of his Hall of Fame induction this weekend. "And, I don't know, I just didn't feel it was the right thing for me to do."

Beltrán, who starred for the team from 2005-11, has served as a Mets special assistant for the last four seasons. It's unclear if Beltrán was considered on a full-time or interim basis. Andy Green, who replaced Mendoza, carries the interim tag and has indicated he plans a return to player development after this season. Green has served as the organization's farm director.

The Mets are set to retire Beltrán's No. 15 during a pregame ceremony in September and it's also possible Beltrán didn't want to create a situation where, if the team's play had not improved, he would be received negatively by the fans at Citi Field.

Beltrán indicated that managing is on his "bucket list," but he's unsure about his next step.

Francisco Lindor, who is among the Mets players closest to Beltrán, told The Post he was unaware that team officials had broached the idea of replacing Mendoza with Beltrán.

"If he decides to manage one day, he's definitely a person that likes to keep things loose, communicates well with others, somebody that feels for players," Lindor said before the Mets faced the Brewers. "I think he would be more of a players manager type if he decides he wants to manage."

Lindor and Juan Soto both credit Beltrán for helping them acclimate in their respective first seasons after arriving to the Mets on huge free agent contracts. Beltrán was in that same position.

"He's been extremely good to me," Lindor said. "I am blessed to be able to call him a mentor."

Beltrán was hired as Mets manager before the 2020 season, but resigned only 77 days into his tenure — before managing a game — after he was named by MLB as a key figure in the Astros sign-stealing scheme. Luis Rojas replaced Beltrán and served two seasons as the team's manager.

Over the last three seasons, Beltrán became close with Mendoza, who often sought Beltrán's counsel.

"The respect that I had for Carlos Mendoza when Carlos was part of the Mets is super top," Beltrán said. "Carlos is a great human being. I loved being around him. I felt, and I told him and he can tell you about it, I told him one of the reasons that I wanted to be close to him was because I wanted to support him as much as I could with experiences of dealing with situations in the clubhouse, players."

The team's president of baseball operations, David Stearns, has indicated a full managerial search will be conducted after the season. Alex Cora, who was fired by the Red Sox this season, is the top free agent on the market.

Until then, it's Green's show to run from the dugout. The Mets, as play began, were 8-11 with Green in the manager's seat. Green previously managed the Padres for four seasons.

"He's been really good — he's a baseball man," Lindor said. "He has stayed true to himself from what he has said since Day 1: He's a really good communicator and he's been the same person every day."

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WAITING GAME: Carlos Beltrán revealed Monday that he was in talks with the Mets and president of baseball operations David Stearns to replace the fired manager Carlos Mendoza but decided it wasn't the right time.
Corey Sipkin (2)

Robert gets back in center field at expense of Benge

By MIKE PUMA

MILWAUKEE — Luis Robert Jr. will get an opportunity to play for the Mets, at the expense of their two high-performing rookies.

Monday, that meant Carson Benge was on the bench, with Robert in center field and A.J. Ewing in right, as the Mets began a three-game series against the Brewers.

Robert was activated from the injured list after being sidelined for 2 ½ months with a lumbar spine disc herniation. His goals over the final two months of this season?

"To be healthy and out on that field as much as I possibly can," he said through an interpreter. "The rest, from a performance standpoint, I think as long as I am on the field I will be OK."

Robert began the night with a .224/.327/.329 slash line with two homers in 24 games this season.

Interim manager Andy Green said he expects Robert to play two out of every three days in center field — the Mets already have Jorge Polanco as a prime DH candidate and have used Juan Soto in that spot.

It's possible the Mets will try to showcase Robert before the Aug. 3 trade deadline.

METS NOTES

➤ The Mets are set for a reunion Tuesday with **Brandon Sproat**, who was traded to the Brewers (with **Jett Williams**) in January for **Freddy Peralta** and **Tobias Myers**.

Sproat has pitched to a 5.16 ERA in 18 appearances (16 as a starter) this season. He debuted in the major leagues last season with the Mets and pitched to a 4.79 ERA in four starts.

"I think you never want to trade your prospects away when you run a farm system," said Green, who oversaw the organization's player development before stepping into the interim manager's role last month. "Jett and Brandon were two guys we did like a lot ... [Sproat] was a guy we drafted in the first round and liked the entire time we had him. Those were tough decisions, but when you are going to get a frontline starter, it always costs you something."

➤ **Eric Wagaman** was optioned to Triple-A Syracuse to create space on the 26-man roster for Robert. Also, **Zack Short** was outrighted to Syracuse.

ON DECK: at Brewers

Tuesday, 7:40 p.m., SNY, WHSQ (880 AM)

LHP Zac Thornton

2026 stats:
0-1, 2.60 ERA

Career vs. MIL:
First start

Last start:
July 12 vs. BOS
7.0 IP, 2 H, 0 ER

PITCH BREAKDOWN

44%	30%	15%
Cutter	4-Seamer	Sweeper

RHP Brandon Sproat

2026 stats:
3-4, 5.16 ERA

Career vs. NYM:
First start

Last start:
July 11 at PIT
3.0 IP, 3 R, 2 ER

PITCH BREAKDOWN

25%	24%	23%
Sinker	Cutter	4-Seamer

UP NEXT

WEDNESDAY: at Brewers, 7:40 p.m., SNY, WHSQ
RHP Christian Scott vs. RHP Logan Henderson

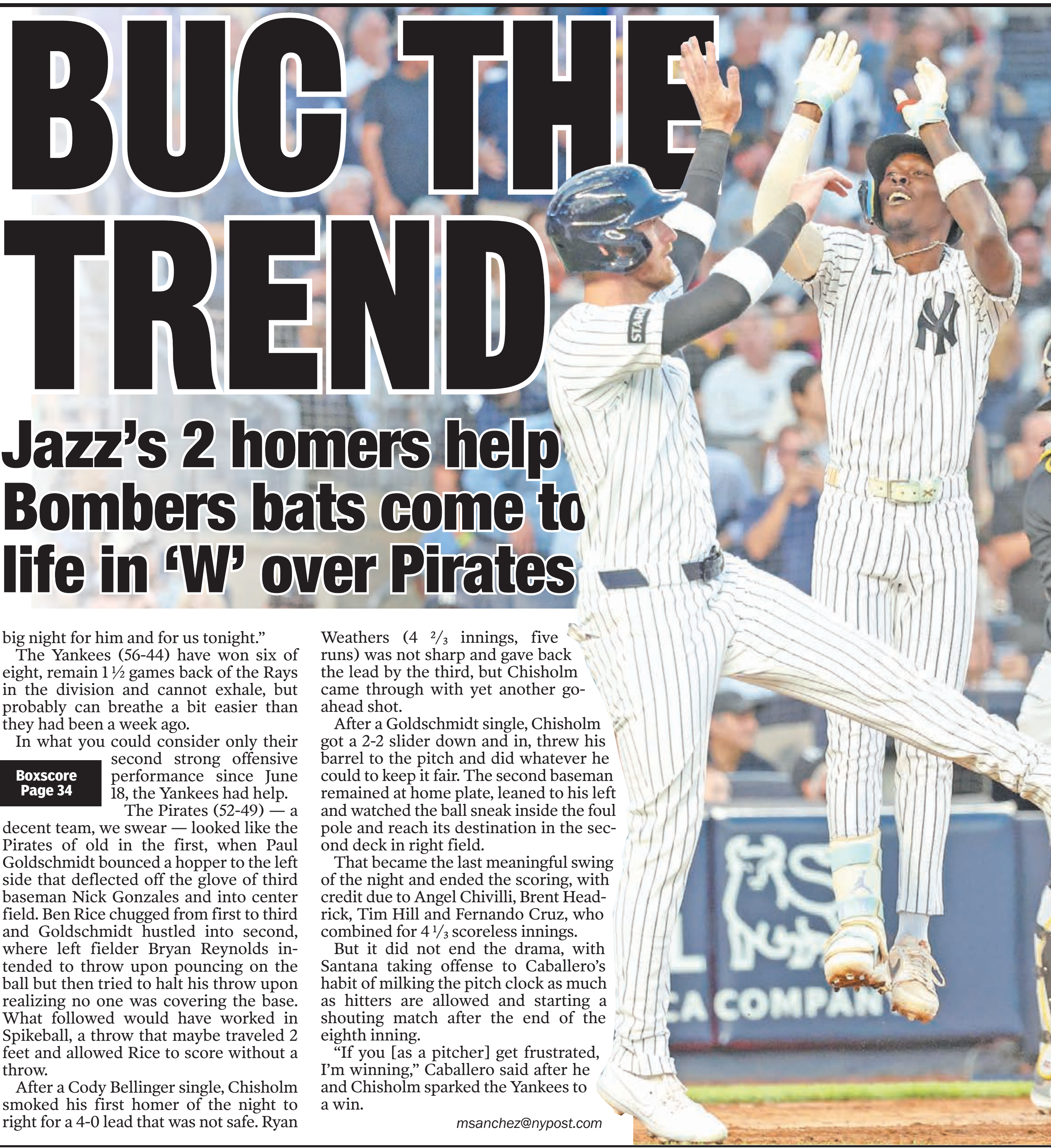
FRIDAY: vs. Dodgers, 7:10 p.m., PIX11, WHSQ
LHP Sean Manaea vs. RHP Roki Sasaki

INJURY REPORT

■ **Clay Holmes** is scheduled for a minor league rehab start later this week. Holmes, who is recovering from a broken right fibula, threw 45 pitches in a simulated game Saturday.

BUC THE TREND

Jazz's 2 homers help Bombers bats come to life in 'W' over Pirates



By MARK W. SANCHEZ

On Sunday night, Jazz Chisholm Jr. — about as publicly confident as any player in baseball — acknowledged what baseball players rarely acknowledge: "I've sucked all season," he said.

Perhaps because of this admission and perhaps because he has not been hitting or acting like himself, plenty of his Yankees teammates have been in his ear. Aaron Judge, Anthony Volpe, "basically everybody," Chisholm said, has been attempting to coax a great hitter awake not by tossing around batting tips but by throwing around compliments.

"Sometimes they see me dragging a little bit lately," Chisholm said Monday. "They just were like, 'Bro, let's not forget who you are. You're the greatest in the world.' "

Feeling like the greatest in the world, he then was the greatest player in the game during a series-opening, 8-5 victory over the Pirates in front of 42,348 in The Bronx, which will be remembered for Chisholm's two home runs and some late fireworks between the two clubs.

"He needed it," José Caballero — whose pitch-clock strategy bothered former Yankee Dennis Santana enough to empty the benches after the eighth inning — said about Chisholm's explosion. "We all needed it."

The deeply slumping Yankees had scored more than five runs in just one of their previous 27 games — a nearly unbelievable drought, the entirety without Judge and Giancarlo Stanton — but for one night, they racked up eight by the third inning and finished with 11 hits.

The catalyst was Chisholm, who had launched the go-ahead shot against the Dodgers on Sunday then made it three straight plate appearances with a homer, adding a three-run dinger in the first inning and wrapping a two-run, go-ahead shot around the foul pole in what became a four-run third.

YANKEES 8
PIRATES 5

Boxscore Page 34

In his walk year, Chisholm finished the opening game of Sunday's doubleheader with a .698 OPS and 13 home runs in 93 games. A Yankees team that has many trade-deadline needs might have been talking itself into second base, too.

Two games later, he has 16 home runs and a .726 OPS.

"Three different pitches, too," manager Aaron Boone said after Chisholm went deep off an Evan Phillips fastball, a Braxton Ashcraft curveball and an Ashcraft slider. "When he gets it rolling, he's capable of big things, and obviously that was a big night for him and for us tonight."

The Yankees (56-44) have won six of eight, remain 1 ½ games back of the Rays in the division and cannot exhale, but probably can breathe a bit easier than they had been a week ago.

In what you could consider only their second strong offensive performance since June 18, the Yankees had help.

The Pirates (52-49) — a decent team, we swear — looked like the Pirates of old in the first, when Paul Goldschmidt bounced a hopper to the left side that deflected off the glove of third baseman Nick Gonzales and into center field. Ben Rice chugged from first to third and Goldschmidt hustled into second, where left fielder Bryan Reynolds intended to throw upon pouncing on the ball but then tried to halt his throw upon realizing no one was covering the base. What followed would have worked in Spikeball, a throw that maybe traveled 2 feet and allowed Rice to score without a throw.

After a Cody Bellinger single, Chisholm smoked his first homer of the night to right for a 4-0 lead that was not safe. Ryan Weathers (4 ⅔ innings, five runs) was not sharp and gave back the lead by the third, but Chisholm came through with yet another go-ahead shot.

After a Goldschmidt single, Chisholm got a 2-2 slider down and in, threw his barrel to the pitch and did whatever he could to keep it fair. The second baseman remained at home plate, leaned to his left and watched the ball sneak inside the foul pole and reach its destination in the second deck in right field.

That became the last meaningful swing of the night and ended the scoring, with credit due to Angel Chivilli, Brent Headrick, Tim Hill and Fernando Cruz, who combined for 4 ⅓ scoreless innings.

But it did not end the drama, with Santana taking offense to Caballero's habit of milking the pitch clock as much as hitters are allowed and starting a shouting match after the end of the eighth inning.

"If you [as a pitcher] get frustrated, I'm winning," Caballero said after he and Chisholm sparked the Yankees to a win.

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HOLD ME BACK! Dennis Santana is held back by teammates during the eighth inning. Charles Wenzelberg / NY Post

Benches clear in Bx. after pitch clock

By JAKE NISSE

José Caballero claimed "the whole league should know who I am" after he enraged Dennis Santana with his time-wasting in the batter's box and caused the benches to clear in the eighth inning.

The Yankees infielder has gained a reputation for not engaging with pitchers until the last possible moment, and it set off the Pirates pitcher Monday night — even after he grounded Caballero into a double play.

Caballero hit a tame grounder to the pitcher before being thrown out moments later, but the pair jawed after the play concluded as things quickly escalated.

Caballero said after the game that he didn't believe he and Santana could actually hear each other's barbs — but that didn't stop both benches and bullpens from swarming the field as the game was delayed several minutes.

"The whole league should know who I am, what I do in the box, and they should be aware of

Montefiore Einstein Official Hospital of the New York Yankees

No one will remember the bad times if Yanks keep winning

DEEP THOUGHTS: Jazz Chisholm Jr. tosses his bat after hitting a three-run homer in the first inning of the Yankees' 8-5 win over the Pirates. He celebrated with Cody Bellinger (left) after smashing a two-run blast in the third. Charles Wenzelberg / NY Post (2)

Joel Sherman

IN THE midst of the last Yankees dynasty, Paul O'Neill turned philosophical about a struggling teammate.

"If you win a championship," O'Neill mused, "then everyone had a good year."

It was a veteran's way of seeing the big picture. Of finding perspective through down times. Because in the euphoria of a parade or a ring ceremony, what becomes easy to dismiss is the misery. What is easy to bathe in are the moments each character along the way helped create forever history.

More than a quarter of a century later, it is a worthwhile sentiment for these Yankees as they try to graduate in this current Aaron Judge-less phase from just surviving to again thriving — on the way, they dream, to something bigger.

For example, Jazz Chisholm Jr. mentioned in the postgame Sunday night, after his eighth-inning solo homer was the difference in a 2-1 nightcap victory over the Dodgers, that "I've sucked all season."

There is no way to fix the entirety now. But there is still time for Chisholm and Austin Wells and Anthony Volpe and others who have fallen short to help winning, which is the deodorant for all else. If the Yankees actually can get to the Canyon of Heroes, nobody is going to care much about losing streaks or slumps or who "sucked" in June.

"There's still 2 ½ months [left] — there's a lot that can happen in two and a half months, especially on a baseball field," Chisholm said. "So for me, I feel like it's more than enough time to just flip the whole season around."

Chisholm has provided two games of rewrite at a time when the Yankees desperately needed him. He delivered the game-winning homer Sunday night and then two more and five RBIs on Monday to key an 8-5 triumph over the Pirates.

Chisholm more than any other Yankee is capable of editing his season. Because aside from Judge — and maybe even including Judge — he is as talented as any player on the roster. He is not going to meet his outsized preseason ambitions for a 50-50 season or even 40-40. But Chisholm is so skilled that with 16 homers and 26 steals, a 30-30 campaign is not out of reach for a player who described a season to this point in which he "sucked."

For Chisholm, it is about if he can rise above what distracts him from fully realizing his gifts. He can lose concentration easily or emphasize style over substance. Can he truly go "on one of those runs that we know he is fully capable of," as Aaron Boone asked? Can he lock in and help minimize the loss of Judge, who is a king at maximizing his talents?

Chisholm said he actually was "trying to hit a five-run homer with no one on base" to help compensate for Judge's absence. Chisholm insists now he is fixated on "winning" and doing what is necessary to facilitate it — for example, his three-run first-inning homer off Braxton Ashcraft came with him trying to lift a fly ball to make sure with one out to at least score Paul Goldschmidt from third base. With the Knicks' title still fresh, Chisholm said what is motivating him is, "I want the city to flip upside down again."

And, again, that is the great elixir. Winning. If the Yankees do that at the ultimate level, then no one is going to remember the "sucked" portion of the program, but rather perhaps these past two games as a trigger to getting out of the lethargy that had entrapped these Yankees.

Missing Judge's presence hitting second in the lineup, the Yanks went into Monday having totaled four first-inning runs in the previous 19 games and not having scored more than two since May 29 — or two days before Judge played his final game before hitting the IL with a rib fracture.

But helped by the folly of third baseman Jared Triolo mishandling a Goldschmidt grounder and then left fielder Bryan Reynolds retrieving it and spiking a throw into the grass like a quarterback trying to stop the clock, Ben Rice scored from first base for the first run. Chisholm's three-run homer gave the Yankees four first-inning runs.

Ryan Weathers over the next two innings put the Yanks behind 5-4, but Chisholm's two-run shot in the third gave the Yanks the lead for good. Weathers lasted just 4 ⅔ innings when the Yanks desperately needed length with all the pitching they expended in Sunday's doubleheader. But exemplifying the length and quirk of the season, the Yankee bullpen, long assumed to be the Achilles arm of this team, responded with 4 ⅓ shutout innings.

Angel Chivilli (1 ⅓ innings) continues to work his way toward meaningful leverage. Brent Headrick continued to assemble the best Yankee lefty relief season since Zack Britton and Aroldis Chapman in 2019 with an overpowering 1-2-3 seventh. The overall 3.09 pen ERA is tied with Chapman's Red Sox for the majors' best.

A lot of that good work was being spoiled by feeble offense. Before Monday, the Yanks had bettered five runs just once in the previous 27 games, a period in which Chisholm was too often part of the problem, hitting .210 and striking out one-third of the time. It was part of what made him think his season, to date, "sucked."

But there is time and talent to amend that. For Chisholm and so many other Yankees who can still impact the big picture. Because if Chisholm and his teammates get this right, then everyone is going to have had a good season.

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More Yankees / P. 38

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INJURY REPORT

- **Giancarlo Stanton** (calf strain) is continuing his running progression, Aaron Boone said, but there remains no timetable for when he can return.
- **Carlos Rodón** (left elbow inflammation) is expected to throw a bullpen session sometime this week.

ON DECK

vs. Pirates

Tuesday, 7:05 p.m.
YES, WFAN (660 AM, 101.9 FM)

RHP Will Warren

2026 stats:
7-4, 4.03 ERA

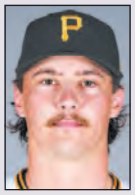
Career vs. PIT:
0-0, 12.60 ERA

Last start:
July 12, at WSN;
5 IP, 1 ER, 2 SO

PITCH BREAKDOWN

4-Seamer	Sinker	Sweeper
39%	27%	19%

RHP Bubba Chandler



2026 stats:
3-8, 4.77 ERA

Career vs. NYY:
First start

Last start:
July 11, vs. MIL;
4.2 IP, 2 ER, 6 SO

PITCH BREAKDOWN

4-Seamer	Slider	Change
48%	19%	17%

UP NEXT

WEDNESDAY: vs. Pirates,
1:35 p.m., YES, WFAN
RHP Gerrit Cole
vs. RHP Mitch Keller

FRIDAY: at Phillies,
6:45 p.m., Apple TV, WFAN
TBD vs. TBD

disagreement during Caballero at-bat

JOSÉ CABALLERO

it," Caballero said.

"And for you to be mad at something the league implemented in this league [batters have until eight seconds left in the pitch clock to engage], he shouldn't be mad at me — he should be mad at someone else."

For his part, Santana admitted he was aware of Caballero's strategy "a little bit" before the game, but that it's "not my problem."

He admitted that he got "caught up in the game," and that he didn't think Caballero should be delaying him on every pitch with the Yankees already leading 8-5.

Aaron Boone, meanwhile, cracked that "sometimes boys will be boys," but admitted that pitchers can be caught off guard by Caballero's antics.

"I completely understand, it's part of his process getting ready mentally to hit. And frankly, I think more guys should," Boone said.

"If you're not used to it, you should practice," Caballero added.

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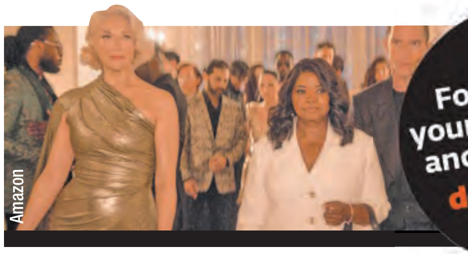
STREAM IT OR SKIP IT

"Ride Or Die" (Prime Video) is a well-made series full of great action, acting, and intrigue that's all pulled together and elevated by **Hannah Waddingham** and **Octavia Spencer**(below) effortless chemistry, talent, and charm. **OUR CALL: STREAM IT**



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WHAT TO WATCH

Anya Taylor-Joy's (left) new crime thriller **"Lucky"** should be next on your watch list. Written by Jonathan Tropper and Cassie Pappas, and based on Marissa Stapley's bestselling novel, the adrenaline-pumping series follows Luciana "Lucky" Armstrong (Taylor-Joy), who's sucked back into a life of crime after her man (Drew Starkey) splits with half a billion dollars, leaving her on the run from his mob boss mother (Annette Bening) and the FBI.

DECIDER

WHAT TO WATCH. WHEREVER YOU WATCH

WONDERFULLY 'WICKED'

'Descendants: Wicked Wonderland' stars on the latest film in the franchise

By KAREN KEMMERLE

Red and Blue are back, and they have a new friend or two! **"Descendants: Wicked Wonderland"** is the latest film in Disney's wildly popular **"Descendants"** franchise. Picking up directly from the events of **"Descendants: Rise of Red,"** Red (Kylie Cantrall) and Chloe (Malia Baker) are dealing with the repercussions of using Maddox Hatter's (Leonardo Nam) magic pocket watch to change the future and unite their formally feuding mothers: Queen of Hearts (Rita Ora) and Cinderella (Brandy Norwood).

In this new timeline, Red discovers that she has a younger sister named Pink (Liamani Segura) and that Maddox, her former tutor and friend, is now a villain! When Maddox holds the Queen of Hearts and Wonderland hostage to get his pocket watch back, Red, Chloe and their friends—both villain kids and hero kids—sneak into the kingdom to save the day. Cantrall said fans will definitely get to see Red's "evolution" in the sequel film.

For Segura, getting to enter the world of the "Descendants" as a new character was like a dream come true. Segura remembered being "so inspired" by the film franchise as a kid.

DECIDER: Kylie and Malia, you're back for round 2! What was it like to return to your iconic characters for "Descendants: Wicked Wonderland"?

KYLIE CANTRALL: So special. Putting on that red wig has become second nature to me. It feels really cool to grow up with this character and bring my own personal evolution to her. In the last film, Red was rough around the edges. She was definitely more of a villain than anything. By the end, she had evolved into this hero. In this film, we're picking up where we left off. Now, Red's embracing the fact that she is a hero. She has to step up to the plate and be a leader and a role model. I tried to take inspiration from her and mirror that on set as well. I wanted to guide our new incredible cast—who just shine in this film. I was happy to be that person for them.

MALIA BAKER: Agreed. It feels really wonderful to be able to say that we literally grew up with these characters. I was 15 when I auditioned to do this project. Now, I'm 19. I am going to experience many chapters of life and learn lessons right alongside this character. Blue and I will never be separated. Returning to her world felt so, so easy. Every day was like a celebration. I don't think I'm ready to say goodbye to her at all. I hope this isn't goodbye.

Liamani, you are entering the franchise as Pink, the daughter of the Queen of Hearts and sister of Red who exists in this timeline. Were you a fan of the film series beforehand? What was it like coming into this world?

LIAMANI SEGURA: I was such a big fan. When I was little and coming home from school, the first thing that I would do was turn on the Disney Channel and watch all the DCOMs. Every time that "Descendants" would be on, I would literally geek out. I remember trying to memorize all of the dance moves and the lyrics. I wanted to have purple and blue hair so badly!

KC: There's still time.

MB: You've got pink now!

LS: [Laughs] I got pink! I remember being so inspired by all of the people in the movies. So, I'm just honored and grateful to be a part of this franchise. It's such a beautiful thing. And with this cast, oh my gosh, there was not a dull moment on set. We always had so much fun. I feel like you can really see our enthusiasm on the screen.

I know we're here to talk about the "Descendants," but Liamani, you are also in "Camp Rock 3." What can you tease about your role in the film? And what are the Jonas Brothers like in real life?

LM: After 16 years, the "Camp Rock" franchise is back! It was so insane seeing the Jonas Brothers get back into character. They are so kind. I remember being nervous the first day when everyone was like, "The Jonas Brothers are on set today!" I was so scared to go up to them, but I built up the courage. They were the most down-to-earth people ever and so hilarious. It was a special experience.

My character Sage is very bold and determined. She goes to summer camp with this one goal: to write hit music. Along the way, she meets all of these friends that she really loves who make her remember there's more to life than fame. I think OG "Camp Rock" fans are gonna love this new movie.

Disney/David Astorga

Above: Malia Baker and Kylie Cantrall in "Descendants: Wicked Wonderland." Left: Baker, Cantrall, and Liamani Segura.

Marvel

TRENDING NOW

The countdown to doomsday—or rather, **"Avengers: Doomsday"**—has begun. At last, the official trailer for the Marvel blockbuster has been released to the public, The film hits theaters on Dec. 18.

WHAT'S NEW

ON BRAVO

"**The Real Housewives of London**," making its way to our side of the pond.

ON NETFLIX

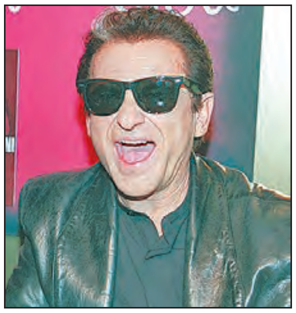
"**Bill Maher: The Kennedy Center Mark Twain Prize for American Humor**," honoring the **"Real Time"** host (left).

Best Bets

What's on Tonight

ADVENTURE

Back to the Future: 3 p.m. on AMC. Michael J. Fox, Christopher Lloyd. A 17-year-old high school student, is accidentally sent 30 years into the past.



COMEDY

My Cousin Vinny: 6 p.m. on PARMT. Joe Pesci, Marisa Tomei. Two New Yorkers accused of murder in rural Alabama call in the help of one of their cousins.

FAMILY

The Goonies: 8:55 p.m. on PARMT. Sean Astin, Josh Brolin. A group of young misfits discover an ancient map and set out on an adventure to find treasure.

Tuesday July 21, 2026

SP = Spectrum, C = Cablevision, F = FiOS Movies 🟥 Sports 🟩 New 🟨

Evening	SP	C	F	6:30pm	7:00pm	7:30pm	8:00pm	8:30pm	9:00pm	9:30pm	10:00pm	10:30pm	11:00pm	11:30pm
2 WCBS	2	2	2	CBS Evening News	Inside Edition	Entertainment Tonight	Survivor: Therapy Carousel (R)			The Neighborhood (R)	NCIS: Stolen Moments (R)		CBS News 11pm	(11:35) Comics
4 WNBC	4	4	4	NBC Nightly News	News 4 New York at 7	Access Hollywood	America's Got Talent: Auditions 7				Password: Tiffany Haddish & Jimmy Fallon		News 4 New York at 11	(11:35) Tonight Show
5 WNYW	5	5	5	(6:00) 6 O'Clock News	Extra	TMZ	Kitchen Nightmares: Freddy's Steak House; 4 Star Diner				The 10 O'Clock News		Good Night New York	Feud Favorites (R)
7 WABC	7	7	7	ABC World News	Jeopardy!	Wheel of Fortune (R)	RJ Decker: In Vanity Veritas (R)		Will Trent: Call Paul (R)		Will Trent: It Was a Meat Cute (R)		News	(11:35) Kimmel Live
9 WWOR	9	9	9	Family Feud (R)	Family Feud (R)	Family Feud (R)	The News on My 9		Chicago P.D.: Snitch		Family Feud (R)	Family Feud (R)	Chicago P.D.: Promise	
11 WPIX	11	11	11	(6:00) PIX11 News at 6	Seinfeld: The Soup	The Big Bang Theory	WWE NXT: from WWE Performance Center in Orlando, Fla.. Live.				PIX11 News at Ten		New York Nightcap	Seinfeld
13 WNET	13	13	13	BBC News America	The PBS News Hour		Finding Your Roots: Caribbean Roots (R)		Once Upon a Time in Space: The Russian Thing		Diana's Decades: 1990s		Amanpour and Company	
21 WLIW	21	21	21	(6:00) News	My Life	(7:45) Father Brown		Murder Mysteries		Silent Witness		Still Here:	BBC News	The Day
25 WNYE	25	22	25	The Chavis	County	Voces NYC	Walkin NYC	Discovery	Never Knew	Future	New York	Secrets NY	Lessons of Basketball	
31 WPXN	31	3	531	(6:00) Fire	Chicago Fire		Chicago Fire: Your Day		Chicago Fire		Chicago Fire: 2112		Chicago Fire	
41 WXTV	41	6	41	N Univisi	La rosa de Guadalupe		Tan Cerca de Ti, Nace el		Guardián de mi Vida		Corazon de Oro		Noticias	N Univisio
47 WNJU	47	16	12	Noticias	Operación Triunfo				El Señor de los Cielos		Lejos de Ti: Sentimientos		Noticiero	Noticias
55 WLNY	55	10	10	Perfect (R)	Last Man	Last Man	News 8pm		48 Hours: Stephen Smith		Judge Judy	Judge Judy	Neighbor.	Neighbor.
A&E	46	46	181	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Neighbor	Customer	Customer	Customer	Customer
AMC	54	43	231	(5:30) Back to the Future Part II (1989)			Armageddon (1998, Science Fiction) Bruce Willis. PG-13 ★★★							Thunder
BBCAM	71	101	189	Spaceballs (1987, Comedy) Mel Brooks. PG ★★★				Highlander (1986, Fantasy) Christopher Lambert. R ★★★					Law & Order: Justice	
BET	37	54	270	(6:00) Feud	Celebrity Family Feud		Celebrity Family Feud		Ms. Pat	Comic View	Lot Patrol	Martin	Martin	Martin
BRAVO	18	44	185	In City (R)	In The City (R)		In The City		Housewives		(10:15) What Happens		The Valley: Balls Voyage	
CNBC	15	24	102	Money	Shark Tank		Shark Tank		Shark Tank		Shark Tank		Shark Tank (R)	
CNN	78	25	100	(6:00) Lead	Erin Burnett OutFront		Anderson Cooper 360°		The Source with Kaitlan		CNN NewsNight		Laura Coates Live	
COMEDY	45	50	190	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Daily Show	Family Guy
DISC	66	27	120	Homestead	Rescue: Intervention		Homestead Rescue: Intervention: A Homestead				Homestead Rescue: Brown Bear-anoia (R)			
DISNEY	49	31	250	Big City	Big City	Big City	Phineas	Phineas	Vampirina	Phineas	Phineas	Kiff	Miraculous	Miraculous
E!	24	51	196	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)	Mother (R)
ESPN	28	36	70	Softball	(7:15) ESPN Films				The 2026 ESPYS (R)				SportsCenter	
ESPN2	29	35	74	Sports	College Football Live		SEC Now		World Series of		World Series of Live.		NFL Live	
FBN	43	106	117	Bottom	Kudlow (R)		To Be Announced		To Be Announced		To Be Announced		To Be Announced	
FNC	44	26	118	Spc. Rpt.	The Ingraham Angle		Jesse Watters Primetime		Hannity		Gutfeld!		Fox News @ Night	
FOOD	50	97	164	Chopped	Chopped: Grand Finale!		Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
FREE	38	49	199	Million Do	Million Dollar Nannies (R)		Mrs. Doubtfire (1993, Comedy) Robin Williams. PG-13 ★★★						The 700 Club (R)	
FS1	400	99	83	Harvick's	The Basketball: Regional Round: Game 1 Live.				The Basketball: Regional Round: Game 1 Live.				FIFA World Cup: Final	
FX	10	40	53	(6:00) Guardians of the Galaxy Vol. 2 (2017, Action) Chris Pratt. ★★★					Guardians of the Galaxy Vol. 3 (2023, Action) Chris Pratt. PG-13 ★★★½					
HALL		191	240	(6:00) A Godwink Christmas (2018) ★★½			Christmas by Starlight (2020) Kimberley Sustad. ★★★				Golden	Golden	Golden	Golden
HGTV	64	98	165	Fabulous	Love It or List It		Love It or List It		Extreme Buyers Club		Hunters	Australia	Australia	Hunters
HIST	40	47	128	The Secret	The Secret: Rocket Men		The Secret: Up In Smoke		The Secret of Skinwalker		The Secret	(10:32) Proof Is Out		Proof Out
ID	23	171	123	Deadly	Deadly Women		People Magazine		People Magazine: The Cult of the Soulful Journey				People Magazine	
LIFE	62	45	140	Castle	Castle: Close Encounters		Castle: Last Call		Castle: Nikki Heat		(10:03) Castle: Poof Dead		Castle: Knockdown	
MeTV	33	33	3	M*A*S*H	M*A*S*H	M*A*S*H	Andy	Andy	Loves Ray.	Loves Ray.	Golden	Golden	Burnett	P. Mason
MSG	27	87	78	(5:00) NHL	NHL Hockey				Club 30		NHL Hockey			
MSG Plus	48	88	80	(6:00) To Be Announced: Program information is currently unavailable.										
MSNOW	14	23	103	Ari Melber	The Weeknight		All in with Chris Hayes		The Briefing Jen Psaki		Lawrence O'Donnell		The 11th Hour with Ali	
MTV	20	53	210	Bang	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office	The Office
NATGEO	65	162	121	(6:26) Best of the World		Blaine Do Not Attempt (R)		Blaine Do Not Attempt (R)		Blaine Do Not Attempt (R)		Attempt (R)	(11:17) Do Not Attempt (R)	
NICK	6	121	252	SpongeBob	Friends	Friends: The Last One		Friends	Friends	Friends	Bang: Pilot	Bang	(11:15) Big Bang Theory	
OWN	173	180	145	Deadline	Deadline: Tamron Hall		Deadline: Tamron Hall		Deadline: Tamron Hall		20/20 on TLC		20/20 on OWN	
PARMT	36	56	54	(6:00) My Cousin Vinny (1992, Comedy) Joe Pesci, Marisa Tomei. R					(8:55) The Goonies (1985, Adventure) Sean Astin. ★★★				The Goonies (1985) ★★★	
SNY	26	60	77	Yearbook	Pre Game	MLB Baseball: New York Mets at Milwaukee Brewers. Live.						Post Game	Sports	Sports
SYFY	17	48	180	(5:30) M3GAN (2023) ★★★		Red (2010, Action) Bruce Willis. PG-13 ★★★½					Red 2 (2013, Action) Bruce Willis. PG-13 ★★★			
TBS	8	39	52	MLB Baseball: Los Angeles Dodgers at Philadelphia Phillies. Live.						MLB on TBS	Bang	Bang	The Office	The Office
TCM	82	41	230	(6:00) Lady Luck (1946, Comedy) NR ★★½			A Woman Under the Influence (1974, Drama) Gena Rowlands. R					Stranger Than Paradise (1984) R ★★★		
TLC	52	28	139	Baylen (R)	Baylen Out Loud (R)		Baylen Out Loud		Baylen Out Loud		Jay & Pamela: Surprise		(11:01) Little Singles (R)	
TNT	3	37	51	(5:30) Godzilla vs. Kong (2021, Action)			Dunkman League Live.		Godzilla x Kong: The New Empire (2024, Action) Rebecca Hall.					Meg 2
TVLAND	85	34	241	(6:24) Andy	Loves Ray.	Loves Ray.	Loves Ray.	Loves Ray.	(9:20) Loves Raymond		Loves Ray.	Loves Ray.	Queens	Queens
USA	16	38	50	(6:00) SVU	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
VH1	19	52	217	Wife/Kids	Wife/Kids	Wife/Kids	Basketball Wives (R)		Basketball Wives (R)		Basketball Wives (R)		Basketball Wives (R)	
WE	59	42	149	Minds	Criminal Minds		Criminal Minds		Criminal Minds: Haunted		Criminal Minds		Criminal Minds: Hopeless	
YES	53	89	76	Pregame	MLB Baseball: Pittsburgh Pirates at New York Yankees. Live.						Postgame	YanksExtra	Yankeeography	
HBO	511	301	400	(6:38) The Smashing Machine (2025, Drama) R				(8:45) Tag (2018, Comedy) Ed Helms, Jake Johnson.				House of the Dragon (R)		Life Larry
MAX	531	371	420	Birds Prey	(6:53) Super Troopers 2 (2018) R ★★★			Wedding Crashers (2005, Comedy) Owen Wilson. ★★★				(10:32) Just Friends (2005, Comedy)		
MGM Plus	595		395	(5:45) Hannibal (2001, Thriller) R ★★★			Pulp Fiction (1994, Crime) John Travolta. R ★★★★					(10:35) Roofman (2025, Comedy) R		
PARSHO	551	321	365	(5:45) The Hunt for Red October (1990)			American Assassin (2017, Action) Dylan O'Brien. ★★½				The Gunman (2015, Action) Sean Penn. R ★★½			

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P. 46-47

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DOUBLE TIME!

SANCHEZ, SHERMAN, NISSE / PAGES 48-49, 38

Night after belting LA, Jazz sets tempo with two bombs as offense busts out

Jazz Chisholm Jr., who lifted the Yanks over the Dodgers with an eighth-inning homer Sunday night, celebrates his two-run homer in the third inning of the Yankees' 8-5 win over the Pirates on Monday night. Chisholm provided a jolt with a three-run homer in the first as the bats got going early.

WAS IT ALL WORTH IT?

SOCCER IN U.S. WILL BENEFIT IN LONG RUN

SEARS PAGE 44